

# TAURUS®

## Assembly and Operating Instructions



max. 200 kg



~ 30-60 Min.



145 kg

L 215 | W 85 | H 139

FSTFT10.03.02

Art. No. TF-T10.3PRO-3

Treadmill T10.3 Pro



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**Dear customer,**

Thank you for choosing a high-quality equipment of the brand TAURUS®. Taurus offers sports and fitness equipment for the sophisticated home sport and the equipment of fitness studios and business customers. With Taurus fitness equipment, the focus is on what sport is all about: maximum performance! Therefore, the equipment is developed in close consultation with athletes and sports scientists. Because athletes know best what makes perfect fitness equipment.

Further information can be found at [www.fitshop.com](http://www.fitshop.com).

**Intended Use**

The equipment may only be used for its intended purpose.

This fitness equipment is suitable for home use, semi-professional use and commercial or professional use. The semi-professional sector includes, for example, institutional facilities such as hospitals, schools, hotels and associations. Professional use refers to commercial use, e.g. in a fitness studio.

**Legal Notice**

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**Disclaimer**

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Product and manual are subject to change. Technical data can be changed without advance notice.

# **FITSHOP**

Europe's No.1 for Home Fitness

## ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.



Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.

Training devices must be classified according to accuracy and use. Accuracy classes are only applicable to devices that display training data.

### Accuracy classes

Class A: high accuracy.

Class B: medium accuracy.

Class C: low accuracy.

The use classes explain the intended use of the training device.

### Use classes

**Class S** (studio): professional and/or commercial use.

These training devices are intended for the use in training rooms of facilities such as sports clubs, school facilities, hotels, clubs and studios whose access and supervision is specifically regulated by the owner (person with legal responsibility).

**Class H** (home use): use at home.

These stationary training devices are intended for the use in private homes where access to the training device is regulated by the owner (person with legal responsibility).

Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► **ATTENTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

⚠ **CAUTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

⚠ **WARNING**

This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

⚠ **DANGER**

This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

ⓘ **NOTICE**

This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

## 1.1 Technical Data

### LED display of

- + speed in km/h
- + training time in min
- + training distance in km
- + calories burnt in kcal
- + heart rate (when using the hand sensors or a chest strap)
- + incline in %

|                                      |                                     |
|--------------------------------------|-------------------------------------|
| Motor output:                        | 3.5 HP continuous output (AC motor) |
| Speed range:                         | 0.5 - 24 km/h                       |
| Speed hot keys:                      | 8                                   |
| Incline range:                       | 0 - 15 %                            |
| Incline hot keys:                    | 8                                   |
| Total number of training programmes: | 33                                  |
| Pre-set programmes:                  | 20                                  |
| Manual programmes:                   | 1                                   |
| Heart rate-oriented programmes:      | 3                                   |
| User-defined programmes:             | 4                                   |
| Running surface size (L x W):        | 160 cm x 56 cm                      |

### Weight and dimensions:

|  |                          |
|--|--------------------------|
| Article weight (gross, including packaging): | 163 kg                   |
| Article weight (net, without packaging):     | 145 kg                   |
| Packaging dimensions (L x W x H):            | 226 cm x 90 cm x 41.5 cm |
| Set-up dimensions (L x W x H):               | 215 cm x 85 cm x 139 cm  |
| Maximum user weight:                         | 200 kg                   |
| Use class:                                   | S                        |

## 1.2 Personal Safety

### **DANGER**

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
- + Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.
- + The owner must communicate all warnings and instructions to the user.

### **WARNING**

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.
- + If your equipment provides a safety key, the clip of the safety key must be attached to your clothing before starting your training. In the event of a fall, the EMERGENCY STOP of the equipment can be initiated.
- + If an emergency occurs and training has to be stopped abruptly, pull out the safety key, grab both handles, jump onto the side rails and wait until the treadmill has come to a complete stop.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

### **CAUTION**

- + If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.
- + Be aware that if adjustment devices are left protruding, they may impede the user's movement.

► **ATTENTION**

- + Do not insert any objects of any kind into the openings of the device.
- + To protect the equipment from use by unauthorised third parties, always remove the power cable (if existing) when not in use and store it in a safe place that is inaccessible to unauthorised persons (e.g. children).

## 1.3 Electrical Safety

 **DANGER**

- + In order to reduce the risk of an electric shock, always unplug the equipment from the mains socket immediately after your workout, before assembly or dismantling, and before maintenance or cleaning. Do not pull on the cable.

 **WARNING**

- + Do not leave the equipment unattended while the mains cable is plugged into the mains socket. During your absence, the mains cable must be removed from the mains socket to prevent improper use by third parties or children.
- + If the mains cable or plug is damaged or defective, contact your contract partner. Until repair, the equipment must not be used.

► **ATTENTION**

- + The equipment requires a mains connection of 220-230 V with 50 Hz mains voltage.
- + The equipment may only be connected directly to an earthed socket using the supplied mains cable. Extension cables must conform to VDE guidelines. Always completely unwind the mains cable.
- + The socket must be protected by a fuse with a minimum fuse rating of "16 A, slow blow".
- + Do not make any changes to the mains cable or the mains plug.
- + Keep the mains cable away from water, heat, oil and sharp edges. Do not route the mains cable underneath the equipment or under a carpet or rug, and do not place any objects on top of it.
- + If your purchased item is equipped with a TFT console, software updates must be carried out regularly. Follow the instructions on the console to perform the update(s).
- + The software systems on gym equipment with TFT consoles are set up only for the pre-installed apps. Do not install any additional apps.

 **NOTICE**

- + The pre-installed apps on TFT consoles are produced and provided by external manufacturers. Fitshop does not take any responsibility for the availability, functionality or contents of these apps.

## 1.4 Set-Up Place



### WARNING

- + Do not place the equipment in main corridors or escape routes.



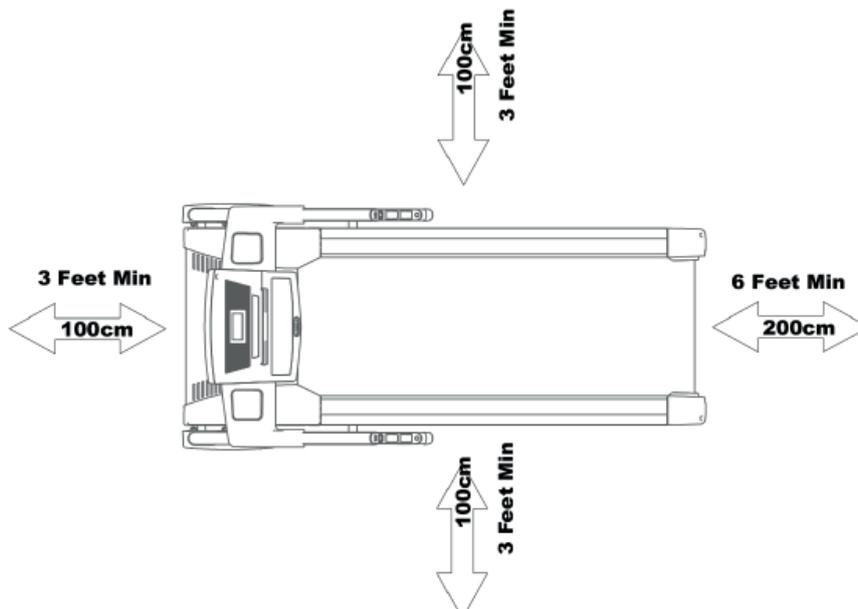
### CAUTION

- + Make sure that there is a safety area behind the treadmill with a length of at least 2 m and a width at least equal to the width of the treadmill.
- + The training room should be well ventilated during training and not be exposed to any draughts.
- + Choose the place in which to set up the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
- + The free area in the direction from which the exercise equipment is accessed must be at least 0.6 m larger than the exercise area.
- + The set-up and mounting surface of the equipment should be flat, loadable and solid.

### ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
- + A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.
- + For Class S equipment, the exercise equipment may only be used in areas where access, supervision and control are specifically regulated by the owner.

Recommended free zone:



### 2.1 General Instructions



#### **DANGER**

+ Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.



#### **WARNING**

+ Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.



#### **CAUTION**

+ Ensure to have sufficient room for movement in each direction during assembly.  
+ The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of a third technically skilled person.



#### **ATTENTION**

+ To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.



#### **NOTICE**

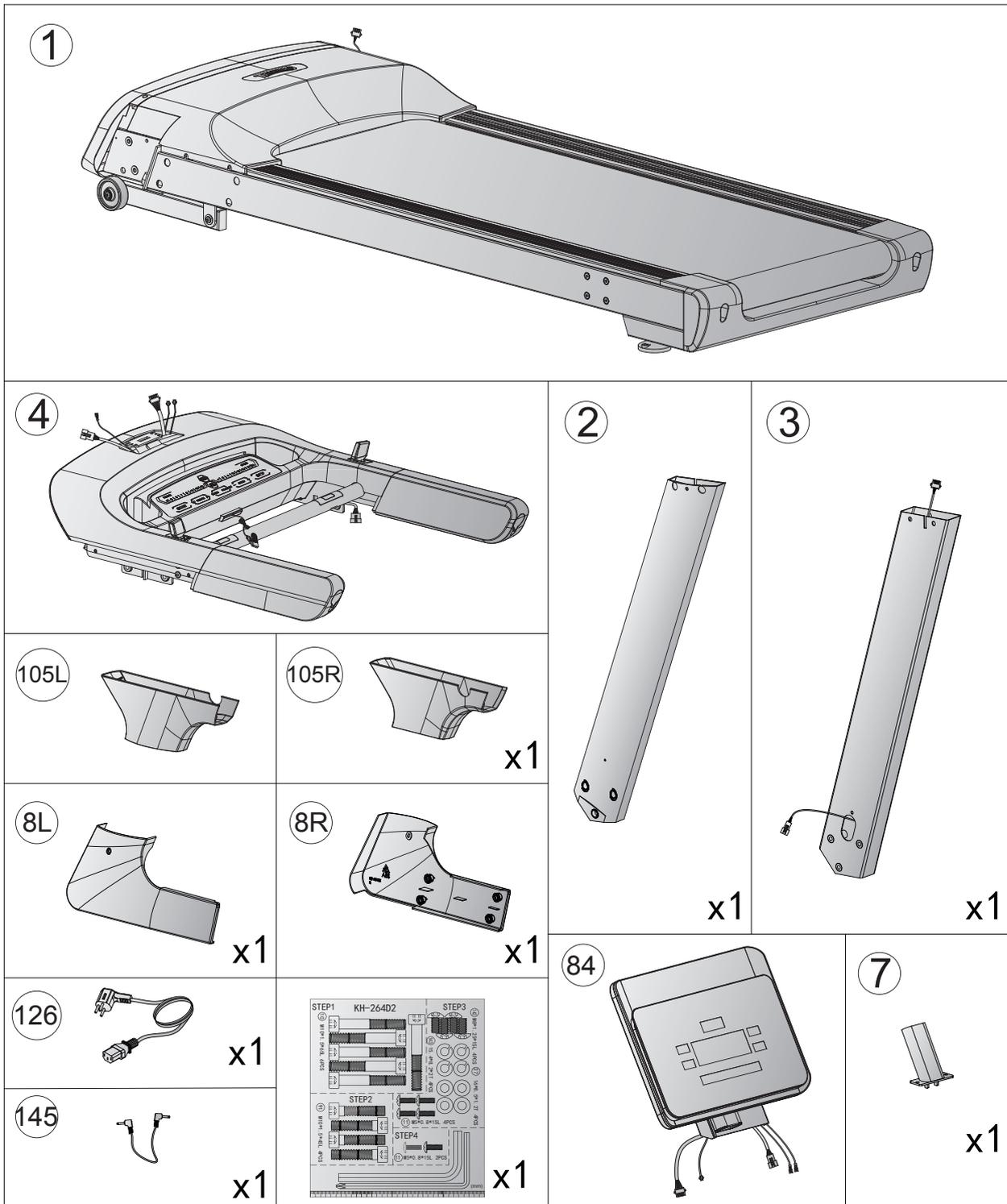
+ In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.  
+ Ideally, assemble the equipment at its later set-up place.

## 2.2 Scope of Delivery

The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

**⚠ CAUTION**

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.



## 2.3 Assembly

Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

### **NOTICE**

- + First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.
- + If you have difficulty recognising the graphics, we recommend that you open and/or download the PDF instructions stored in the webshop on your end device (e.g. smartphone, tablet or PC). There you have the option of zooming in closer. Please note that the Adobe Acrobat Reader programme must be installed on your end device in order to open the file.

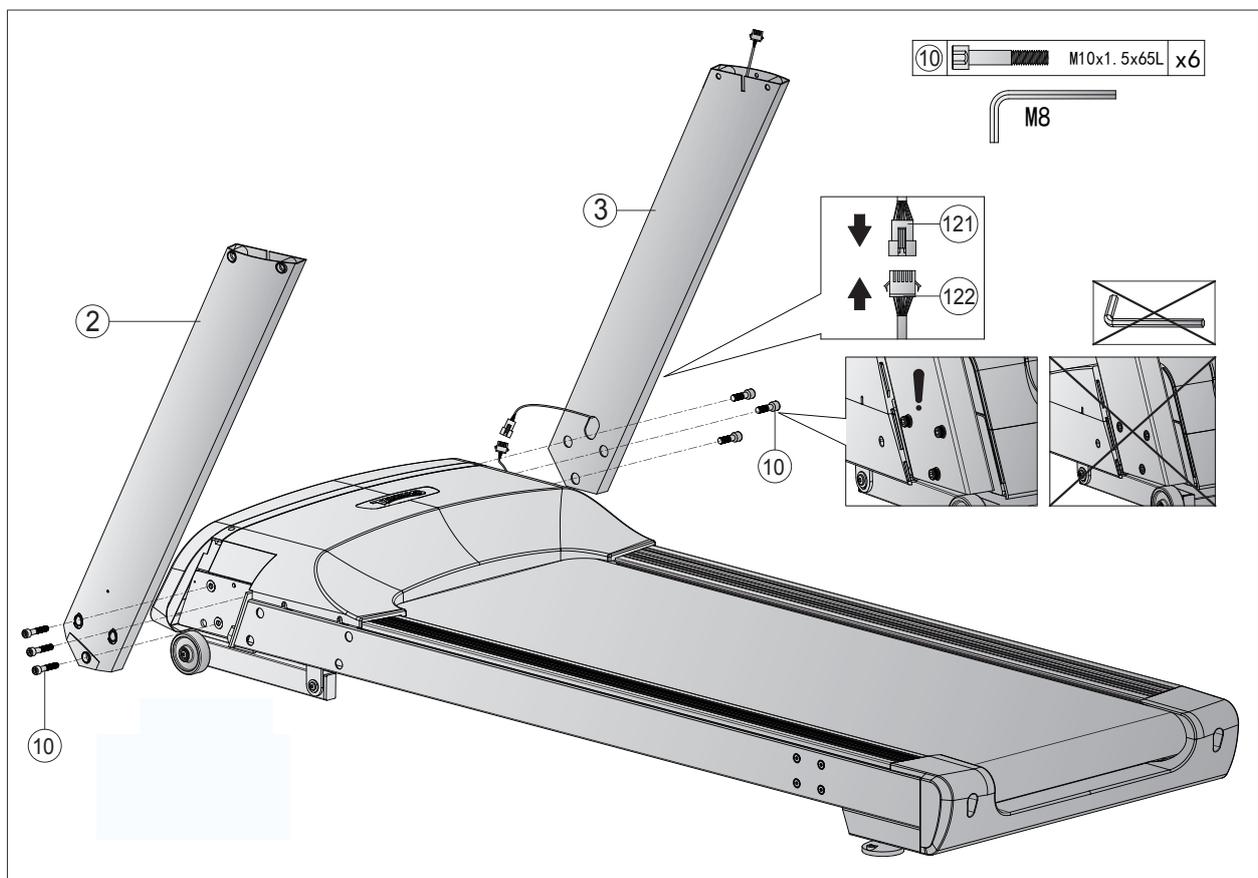
### Step 1: Assembly of the handlebar posts

1. Connect the two cables (121 and 122, 157 and 158) with one another.

### **ATTENTION**

Be careful not to pinch the cables in the following step.

2. Fix the two handlebar posts (2 and 3) to the main frame (1) with six allen bolts (10).



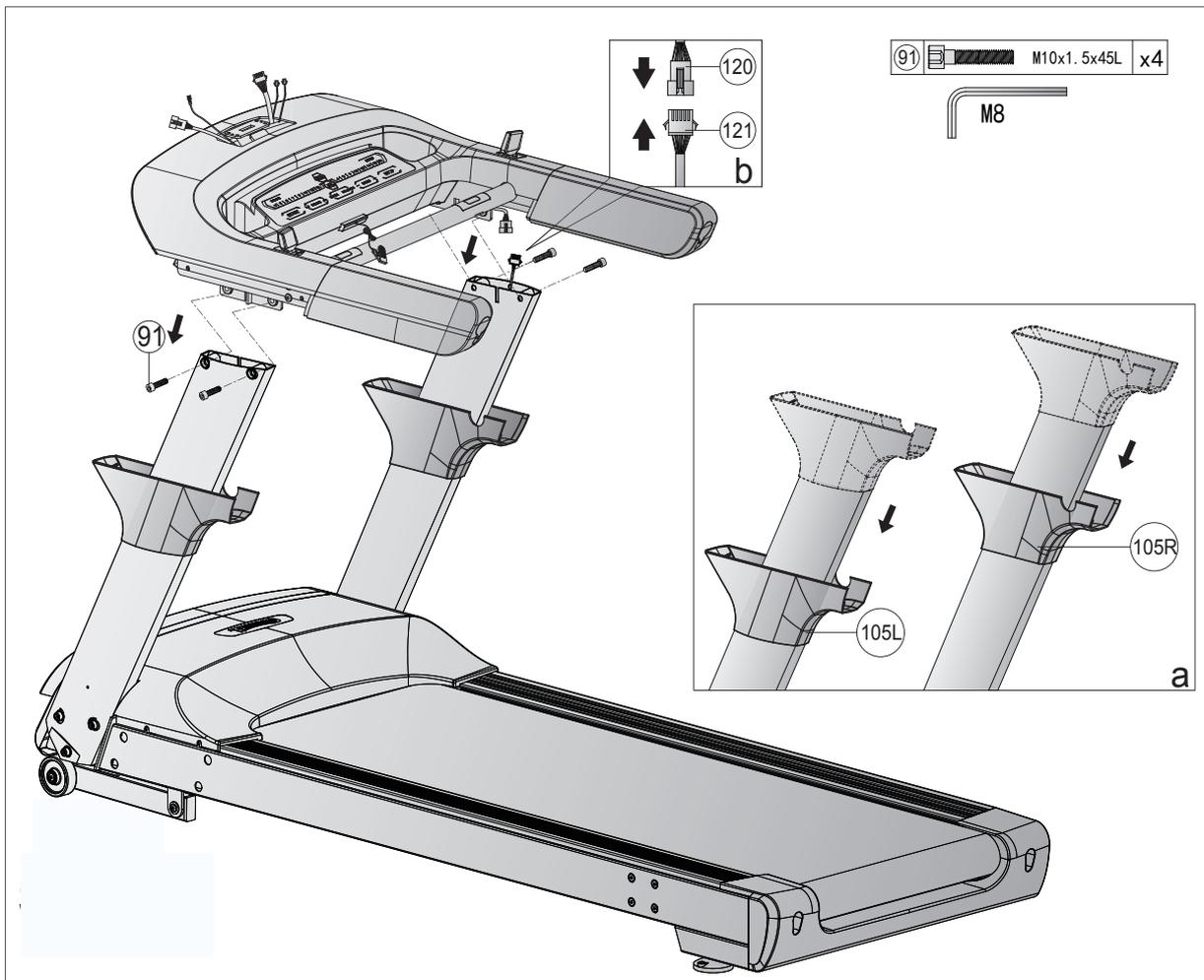
## Step 2: Assembly of the handlebar

1. Slide the two covers (105L and 105R) downwards.
2. Connect the two cables (120 and 121, 156 and 157) with one another.

► **ATTENTION**

Be careful not to pinch the cables in the following step.

3. Fix the handlebar (4) to the two handlebar posts (2 and 3) with four allen screws (91).



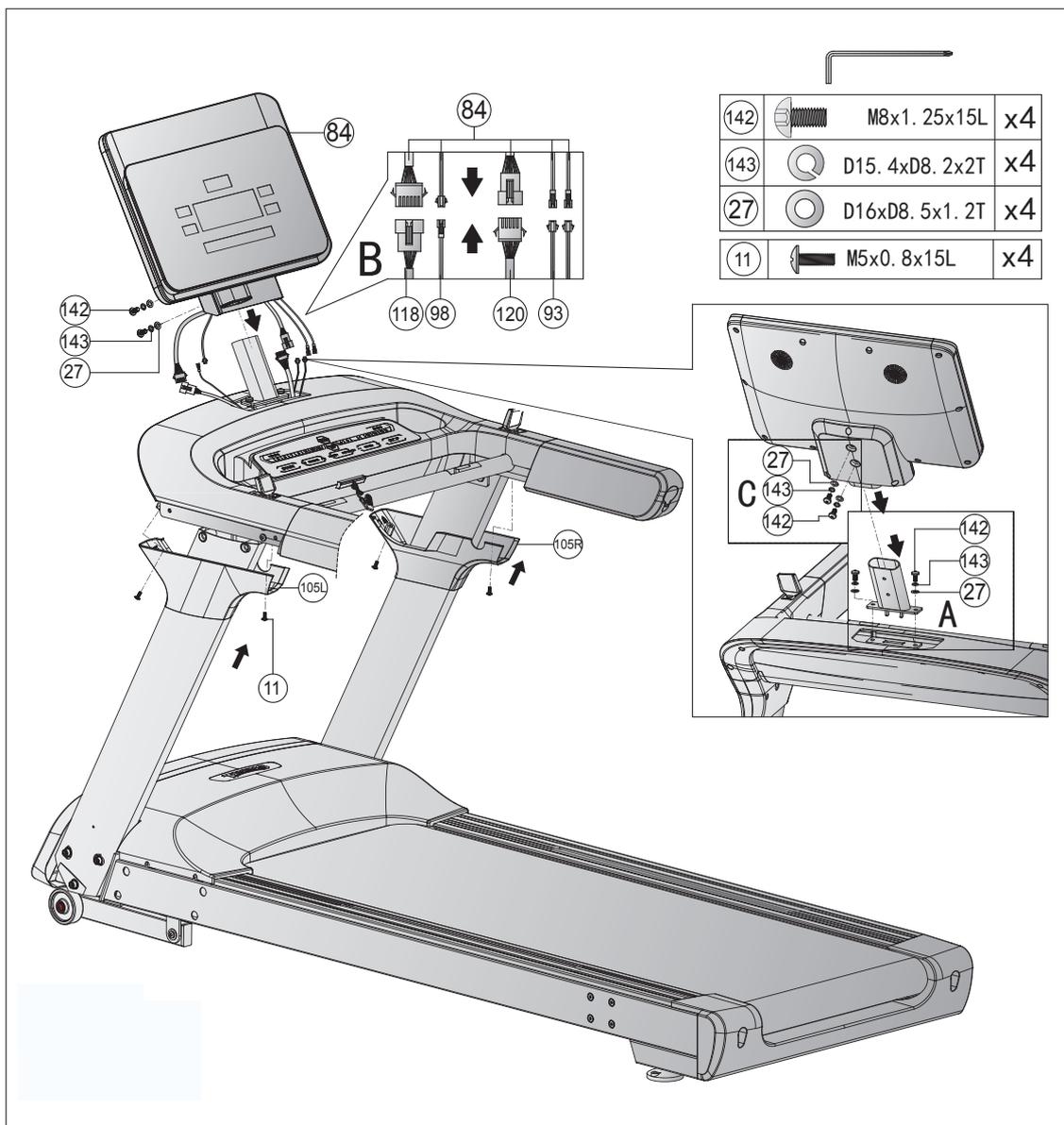
### Step 3: Assembly of the console

1. Fix the supporting tube (7) to the handlebar (4) with two allen bolts (142), two spring washers (143) and two flat washers (27).
2. Connect the cables (93, 98, 118, 120, 156) with their counterparts of the console (84).

► **ATTENTION**

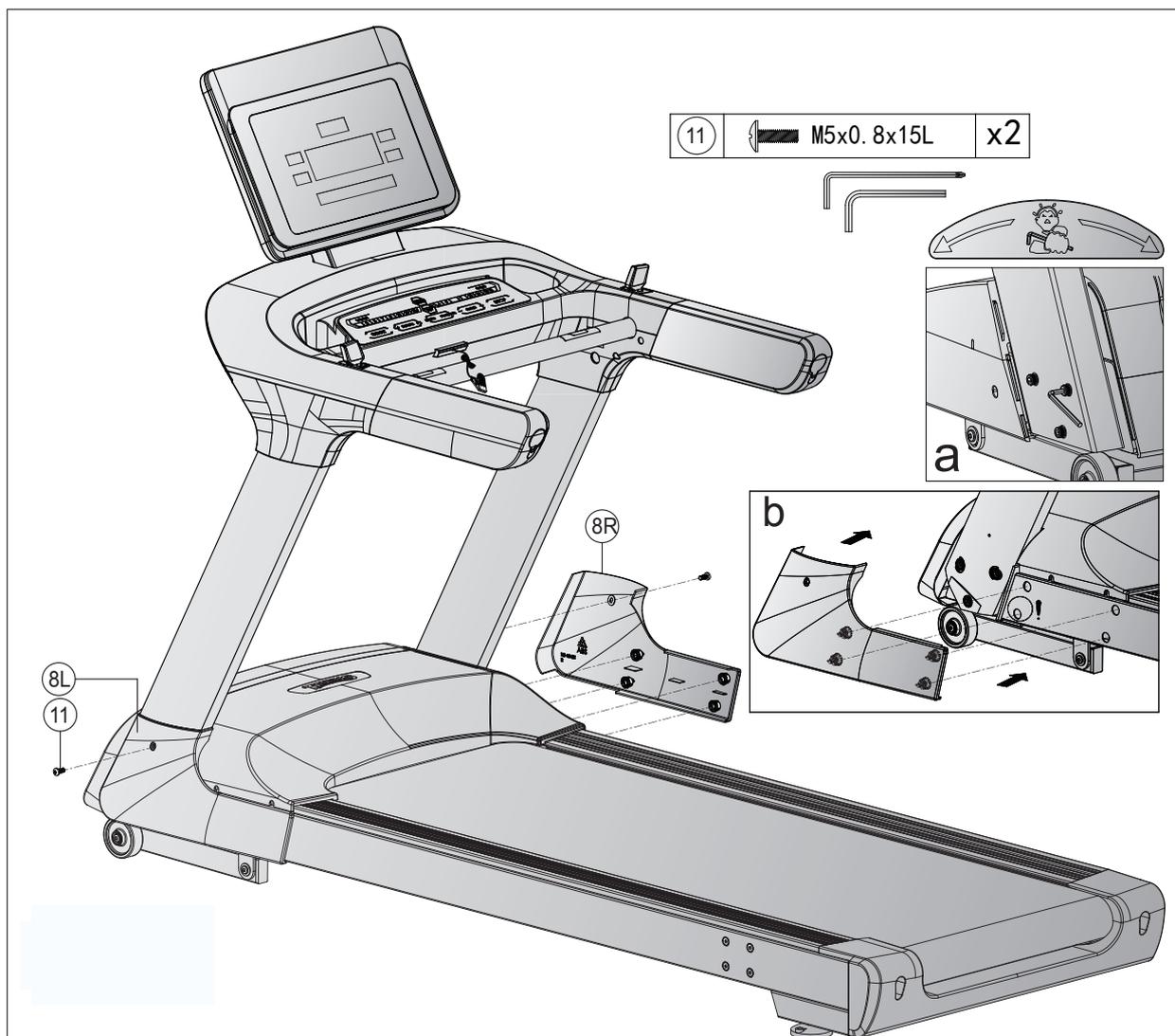
Be careful not to pinch the cables in the following step.

3. Fix the console (84) to the supporting tube (7) with two allen bolts (142), two spring washers (143) and two flat washers (27).
4. Slide the covers (105L and 105R) upwards again and fix them to the handlebar (4) with four cross bolts (11).



#### Step 4: Finish the assembly

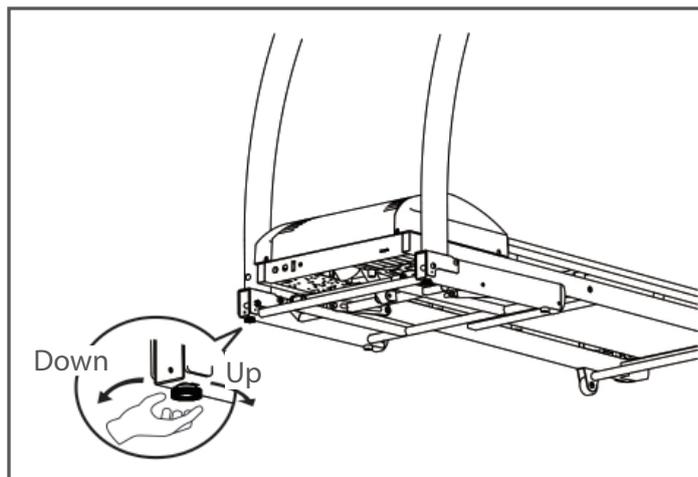
1. Tighten the six allen bolts (10).
2. Fix the covers (8L and 8R) to the main frame (1) by pressing the lugs on the inside of the covers into the corresponding drill holes of the main frame until they engage audibly.
3. Finally fix the covers (8L and 8R) to the handlebar posts (2 and 3) with two cross bolts (11).



### Step 5: Alignment of the feet

If the floor is uneven, you can stabilize the treadmill by turning the two setting screws under the main frame.

1. Lift the treadmill on the desired side and rotate the setting screws under the main frame.
2. Rotate the screws clockwise in order to remove them and to raise the running surface.
3. Rotate them counterclockwise in order to lower the running surface.



### Step 6: Connecting the equipment to the mains supply

#### ► ATTENTION

The equipment must not be connected to a multiple socket, otherwise it cannot be guaranteed that the equipment will be supplied with sufficient power. Technical errors can result.

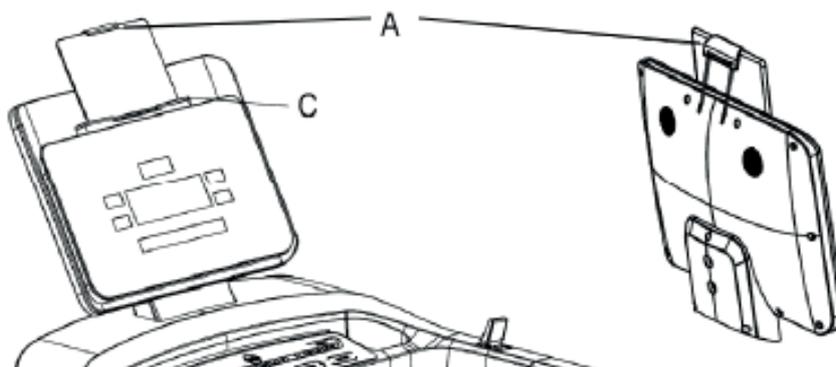
Plug the power plug into a wall outlet that complies with the instructions in the chapter on electrical safety.

### Step 7: Using the holder for mobile devices

1. Place your mobile device onto the holder (C) above the console (84).
2. Pull out the fixing hook (A) that is located on the back of the console cover and fix it at the top of your device.

#### ⓘ NOTICE

The scope of delivery contains a buffer strap. This can optional be stuck between your device and the console cover if there is knocking sound during workout. The buffer strap has to be stuck onto the top of the console cover.



## Correctly Getting On and Off

1. To step onto the treadmill, grip the handrails with both hands and step onto the treadmill one foot at a time.
2. To get off, grip the handrails with both hands and step off the treadmill one foot at a time.

## 3 OPERATING INSTRUCTIONS

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### NOTICE

- + Familiarise yourself with all the functions and setting options of the device before starting training. Have the proper use of this product explained to you by a specialist.
- + Always start your training with low intensity and increase evenly and gently. End your training with a cool-down phase. If you are unsure, please consult your physician.
- + Most new treadmills make a knocking noise caused by the running mat sliding over the rollers. The time it takes for the noise to subside depends on the intensity of use, the temperature and the humidity around the treadmill.
- + Please bear in mind that the noise emission under load is higher than without load.

### SAFETY KEY

#### WARNING

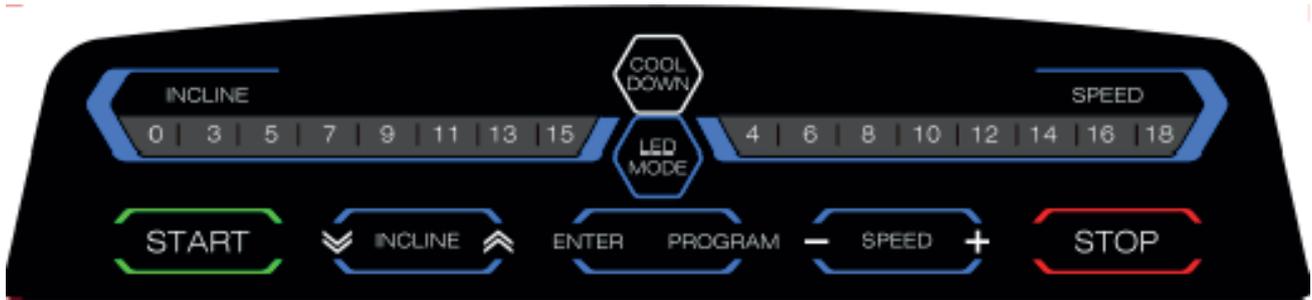
- + For your safety, the device is equipped with an EMERGENCY STOP function. The equipment can only be operated if the safety key is correctly attached to the contact point of the cockpit. If the safety key is no longer on the contact point, the equipment automatically stops. Therefore, the Safety Key cord with the clip must be attached to your clothing before every training session. If you want to quickly stop the treadmill, if you can no longer control the speed, or if another emergency occurs, remove the safety key from the cockpit using the cord.
- + To enable the safety key to detach from the contact point of the cockpit in the event of a fall, the safety key clip must be firmly attached to your clothing!
- + Make sure that the safety key is not accessible to children.

### 3.1 Console display



|                 |  |
|-----------------|--|
| <b>INCLINE</b>  | Indicates the current incline level between 1 - 15 %.  |
| <b>DISTANCE</b> | Indicates the covered distance between 0.0 - 9999 km.  |
| <b>TIME</b>     | Indicates the already elapsed or remaining training time between 00:00 – 99:59 minutes.      |
| <b>PULSE</b>    | Indicates your current heart rate between 40 - 220 bpm.                                      |
| <b>CALORIES</b> | Indicates the burnt calories between 0 – 999 Kcal.   |
| <b>HR</b>       | Indicates the current heart rate accounts in dependence of the target heart rate percentage. |
| <b>SPEED</b>    | Indicates the current speed between 0.5 - 24 km/h.   |

## 3.2 Button functions



|                  |   |
|------------------|---|
| <b>START</b>     | With this button you can start a training programme.<br>When you are in the main menu, you can start your training via quick start.<br>When your training is paused, you can continue with your training by pressing this button.   |
| <b>STOP</b>      | With this button you can pause or end your training and return to the main menu.  |
| <b>SPEED</b>     | With these buttons you can adjust the speed. You can adjust the speed in four ways: <ol style="list-style-type: none"> <li>1. The eight quick keys on the console (18/16/14/12/10/8/6/4). For example, when you press on the 12 the treadmill will adjust the speed to exact 12 km/h.</li> <li>2. The buttons on the console (+ and -)</li> <li>3. The switch on the right handrail.</li> </ol> <p><b>ⓘ NOTICE</b><br/>If you tap on the little icon between the buttons on the touch screen, you will be able to type in your desired speed.</p> |
| <b>INCLINE</b>   | With these buttons you can adjust the incline. You can adjust the incline in three ways: <ol style="list-style-type: none"> <li>1. The eight quick keys on the console (15/13/11/9/7/5/3/0). When you press on the 11 the treadmill will adjust the incline to exact 11%.</li> <li>2. The arrow buttons on the console.</li> <li>3. The switch on the left handrail.</li> </ol> <p><b>ⓘ NOTICE</b><br/>If you tap on the little icon between the buttons on the touch screen, you will be able to type in your desired incline.</p>               |
| <b>COOL DOWN</b> | With this button you can start the cool down phase at any time. Speed and incline will be reduced until the treadmill has come to a stop and has returned to its original position.   |
| <b>ENTER</b>     | With this button you confirm your entries.  |

|                 |  |
|-----------------|--|
| <b>LED MODE</b> | <p>With this button you enter the LED settings.</p> <p><b>Running Mode:</b> In this mode, the LED lights glow in different colours depending on the speed level:<br/>0-6 KPM - Yellow, 6.1-12 KPM - Green, &gt;12 KPM - Red</p> <p><b>Neutral Mode:</b> In this mode, the LED lights glow in a neutral white colour.</p> <p><b>Multi Color Mode:</b> Here you can choose the colour yourself.<br/>Use the SPEED and INCLINE buttons and confirm your choice with the ENTER button. You can choose between the following colours: red, blue, green, orange, pink or purple.</p> <p><b>OFF:</b> Switch off the LED lights.</p> |
| <b>PROGRAM</b>  | In the main menu, this button will take you directly to the pre-set programmes.  |

### 3.3 Fitness programmes

In the main menu you can choose from many different programmes. This includes a manual programme, pre-set programmes, heart rate-oriented programmes, a training programme and a body fat test.

#### 3.3.1 Quick Start

When you are in the main menu, press the START button to start a training session via quick start. Alternatively you can also press the SPEED- or INCLINE buttons or use the switches on the handrails to select the quick start programme manually. Press the ENTER button to confirm.

### 3.3.2 Manual programme

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the manual programme (MANUAL). Confirm with the ENTER button.
2. Use the SPEED- or INCLINE buttons or the switches on the handrails to set your desired training time, distance or calories. Press the ENTER button to confirm.

*Speed and incline can be adjusted manually during your training.*

3. Press the START button to start the programme.
4. Press the STOP button to pause your training.

*The speed will be reduced slowly until the treadmill comes to a stop. In case an incline level has been set, the treadmill will remain in that position.*

- 4.1. Press the STOP button again to end your training. Press the STOP button one more time to return to the main menu.
- 4.2. Press the START button to continue with your training.

**→ Upon completion of the programme the console will start the cool down phase automatically.**

### 3.3.3 Low speed programme

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the manual programme (LOW SPEED). Confirm with the ENTER button.
2. Use the SPEED- or INCLINE buttons or the switches on the handrails to set your desired training time, distance or calories. Press the ENTER button to confirm.

*Speed and incline can be adjusted manually during your training.*

3. Press the START button to start the programme.
4. Press the STOP button to pause your training.

*The speed will be reduced slowly until the treadmill comes to a stop. In case an incline level has been set, the treadmill will remain in that position.*

- 4.1. Press the STOP button again to end your training. Press the STOP button one more time to return to the main menu.
- 4.2. Press the START button to continue with your training.

**→ Upon completion of the programme the console will start the cool down phase automatically.**

### 3.3.4 Pre-set programmes

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the pre-set programmes (PROGRAM). Confirm with the ENTER button.
2. Use the SPEED- or INCLINE buttons or the switches on the handrails to set your desired training time, distance or calories. Press the ENTER button to confirm.
3. Use the SPEED- or INCLINE buttons or the switches on the handrails to choose one of the pre-set programme. Confirm with the ENTER button.
4. Press the START button to start the programme.

*The speed and the incline can be adjusted manually during your training. But only in the respective segment.*

5. Press the STOP button to pause your training.

*The speed will be reduced slowly until the treadmill comes to a stop. In case an incline level has been set, the treadmill will remain in that position.*

- 5.1. Press the STOP button again to end your training. Press the STOP button one more time to return to the main menu.

- 5.2. Press the START button to continue with your training.

→ *Upon completion of the programme the console will start the cool down phase automatically.*

| Program |     | Setting time / 16 = period in each section |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |
|---------|-----|--|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|
|         |     | 1  | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| P1      | SPD | 2  | 2 | 4 | 4 | 3 | 3 | 4 | 3 | 5 | 4  | 2  | 2  | 5  | 5  | 3  | 3  |
|         | INC | 1  | 1 | 2 | 2 | 3 | 3 | 3 | 1 | 2 | 2  | 3  | 3  | 2  | 2  | 2  | 2  |
| P2      | SPD | 2  | 2 | 5 | 5 | 4 | 4 | 6 | 4 | 6 | 4  | 2  | 2  | 4  | 4  | 2  | 2  |
|         | INC | 1  | 1 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 3  | 4  | 4  | 2  | 2  | 2  | 2  |
| P3      | SPD | 2  | 2 | 5 | 5 | 4 | 4 | 5 | 4 | 5 | 4  | 2  | 2  | 3  | 3  | 2  | 2  |
|         | INC | 1  | 1 | 2 | 2 | 2 | 2 | 3 | 1 | 2 | 2  | 2  | 2  | 2  | 2  | 1  | 1  |
| P4      | SPD | 3  | 3 | 6 | 6 | 7 | 7 | 5 | 8 | 5 | 9  | 6  | 6  | 4  | 4  | 3  | 3  |
|         | INC | 2  | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 4  | 6  | 6  | 2  | 2  | 2  | 2  |
| P5      | SPD | 3  | 3 | 6 | 6 | 7 | 7 | 5 | 8 | 6 | 7  | 6  | 6  | 4  | 4  | 3  | 3  |
|         | INC | 1  | 1 | 2 | 2 | 4 | 4 | 3 | 2 | 2 | 4  | 5  | 5  | 2  | 2  | 1  | 1  |
| P6      | SPD | 2  | 2 | 8 | 8 | 6 | 6 | 4 | 5 | 9 | 7  | 5  | 5  | 4  | 4  | 3  | 3  |
|         | INC | 2  | 2 | 2 | 2 | 6 | 6 | 2 | 3 | 4 | 2  | 2  | 2  | 2  | 2  | 1  | 1  |

|     |     |   |   |    |    |    |    |    |    |    |    |    |    |    |    |   |   |
|-----|-----|---|---|----|----|----|----|----|----|----|----|----|----|----|----|---|---|
| P7  | SPD | 2 | 2 | 6  | 6  | 7  | 7  | 4  | 4  | 7  | 4  | 2  | 2  | 4  | 4  | 2 | 2 |
|     | INC | 4 | 4 | 5  | 5  | 6  | 6  | 6  | 9  | 9  | 10 | 12 | 12 | 6  | 6  | 3 | 3 |
| P8  | SPD | 2 | 2 | 4  | 4  | 6  | 6  | 8  | 7  | 8  | 6  | 2  | 2  | 3  | 3  | 2 | 2 |
|     | INC | 3 | 3 | 5  | 5  | 4  | 4  | 4  | 3  | 4  | 4  | 3  | 3  | 3  | 3  | 2 | 2 |
| P9  | SPD | 2 | 2 | 4  | 4  | 5  | 5  | 5  | 6  | 5  | 6  | 3  | 3  | 3  | 3  | 2 | 2 |
|     | INC | 3 | 3 | 5  | 5  | 3  | 3  | 4  | 2  | 3  | 4  | 2  | 2  | 3  | 3  | 2 | 2 |
| P10 | SPD | 2 | 2 | 3  | 3  | 5  | 5  | 3  | 3  | 5  | 3  | 6  | 6  | 3  | 3  | 3 | 3 |
|     | INC | 4 | 4 | 4  | 4  | 3  | 3  | 6  | 7  | 8  | 8  | 6  | 6  | 3  | 3  | 3 | 3 |
| P11 | SPD | 3 | 3 | 5  | 5  | 8  | 8  | 8  | 9  | 5  | 7  | 6  | 6  | 3  | 3  | 2 | 2 |
|     | INC | 4 | 4 | 5  | 5  | 6  | 6  | 6  | 9  | 9  | 10 | 12 | 12 | 6  | 6  | 3 | 3 |
| P12 | SPD | 2 | 2 | 5  | 5  | 5  | 5  | 4  | 4  | 6  | 4  | 2  | 2  | 3  | 3  | 4 | 4 |
|     | INC | 3 | 3 | 5  | 5  | 6  | 6  | 7  | 12 | 9  | 11 | 11 | 11 | 6  | 6  | 3 | 3 |
| P13 | SPD | 4 | 4 | 2  | 2  | 6  | 6  | 8  | 6  | 3  | 2  | 6  | 6  | 2  | 2  | 2 | 2 |
|     | INC | 3 | 3 | 4  | 4  | 6  | 6  | 2  | 3  | 7  | 9  | 5  | 5  | 2  | 2  | 2 | 2 |
| P14 | SPD | 3 | 3 | 4  | 4  | 4  | 4  | 3  | 5  | 5  | 6  | 3  | 3  | 3  | 3  | 2 | 2 |
|     | INC | 3 | 3 | 5  | 5  | 4  | 4  | 4  | 3  | 4  | 3  | 2  | 2  | 2  | 2  | 4 | 4 |
| P15 | SPD | 4 | 4 | 2  | 2  | 4  | 4  | 6  | 8  | 7  | 8  | 6  | 6  | 2  | 2  | 3 | 3 |
|     | INC | 4 | 4 | 3  | 3  | 4  | 4  | 4  | 3  | 4  | 2  | 3  | 3  | 2  | 2  | 5 | 5 |
| P16 | SPD | 3 | 3 | 2  | 2  | 5  | 5  | 7  | 3  | 5  | 6  | 7  | 7  | 2  | 2  | 1 | 1 |
|     | INC | 7 | 7 | 12 | 12 | 9  | 9  | 11 | 11 | 4  | 3  | 3  | 3  | 2  | 2  | 4 | 4 |
| P17 | SPD | 5 | 5 | 10 | 10 | 8  | 8  | 10 | 8  | 12 | 10 | 5  | 5  | 12 | 12 | 8 | 8 |
|     | INC | 1 | 1 | 4  | 4  | 6  | 6  | 6  | 1  | 4  | 4  | 6  | 6  | 4  | 4  | 4 | 4 |
| P18 | SPD | 5 | 5 | 12 | 12 | 10 | 10 | 12 | 10 | 12 | 10 | 10 | 10 | 10 | 10 | 5 | 5 |
|     | INC | 1 | 1 | 4  | 4  | 4  | 4  | 6  | 1  | 4  | 4  | 6  | 6  | 8  | 8  | 4 | 4 |
| P19 | SPD | 3 | 3 | 7  | 7  | 5  | 5  | 7  | 6  | 10 | 7  | 3  | 3  | 10 | 10 | 5 | 5 |
|     | INC | 1 | 1 | 2  | 2  | 4  | 4  | 5  | 1  | 2  | 2  | 4  | 4  | 3  | 3  | 3 | 3 |
| P20 | SPD | 3 | 3 | 10 | 10 | 7  | 7  | 12 | 7  | 12 | 7  | 7  | 7  | 7  | 7  | 3 | 3 |
|     | INC | 1 | 1 | 2  | 2  | 4  | 4  | 5  | 2  | 2  | 4  | 6  | 6  | 3  | 3  | 2 | 2 |

### 3.3.5 User-defined programmes

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the user-defined programmes (USER). Confirm with the ENTER button.
2. Use the SPEED- or INCLINE buttons or the switches on the handrails to choose one of the four user profiles (U1-U4). Confirm with the ENTER button.
3. Enter your gender, age, weight and the desired training time with the SPEED- or INCLINE buttons or the switches on the handrails. Confirm all your entries with the ENTER button.
4. Now set the speed for all the individual segments with the SPEED buttons or the switch on the right handrail and confirm each entry with the ENTER button. Continue until you have set a speed value for all the segments.
5. Now set the incline for all the individual segments with the INCLINE buttons or the switch on the left handrail and confirm each entry with the ENTER button. Continue until you have set an incline value for all the segments.
6. Press the START button to start the programme.

*Speed and incline can be adjusted again during your training. But only in the respective segment.*

7. Press the STOP button to pause your training.

*The speed will be reduced slowly until the treadmill comes to a stop. In case an incline level has been set, the treadmill will remain in that position.*

- 7.1. Press the STOP button again to end your training. Press the STOP button one more time to return to the main menu.
- 7.2. Press the START button to continue with your training.

→ *Upon completion of the programme the console will start the cool down phase automatically.*

### 3.3.6 Heart rate-oriented programmes

#### **WARNING**

Your training equipment is not a medical device. The heart rate measurement of this equipment may be inaccurate. Various factors can affect the accuracy of the heart rate measurement. The heart rate measurement serves only as a training aid.

There are three different heart rate-oriented programmes. Either choose one of the pre-set target heart rates (60% or 80% of your maximum heart rate) or choose „Target HR“ to set a target heart rate yourself. Your maximum heart rate is calculated depending on your age. We recommend a chest strap for these programmes.

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the heart rate-oriented programmes (HRC). Confirm with the ENTER button.
2. Enter your gender, age, weight and the desired training time with the SPEED- or INCLINE buttons or the switches on the handrails. Confirm all your entries with the ENTER button.
3. Choose either 60%, 80% or THR.
- 3.1. If you have chosen THR you will be able to set the target value yourself (between 72-168).

*Speed and incline can be adjusted again during your training.*

4. Press the START button to start the programme.
5. Put your hands around the hand pulse sensors or use a chest strap.

#### **NOTICE**

In case the console does not receive a signal for 15 seconds the programme will be stopped.

6. Press the STOP button to pause your training.

*The speed will be reduced slowly until the treadmill comes to a stop. In case an incline level has been set, the treadmill will remain in that position.*

- 6.1. Press the STOP button again to end your training. Press the STOP button one more time to return to the main menu.
- 6.2. Press the START button to continue with your training.

➔ *Upon completion of the programme the console will start the cool down phase automatically.*

### 3.3.7 Training programme

In this programme you are able to set a specific distance that must be covered in a fixed time.

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the training programme (TRAINING). Confirm with the ENTER button.
2. Set the desired time with the SPEED- or INCLINE buttons or the switches on the handrails and confirm your entry with the ENTER button.
3. Set the desired distance with the SPEED- or INCLINE buttons or the switches on the handrails and confirm your entry with the ENTER button.

*Speed and incline can be adjusted again during your training.*

4. Press the START button to start the programme.
5. Press the STOP button to pause your training.

*The speed will be reduced slowly until the treadmill comes to a stop. In case an incline level has been set, the treadmill will remain in that position.*

- 5.1. Press the STOP button again to end your training. Press the STOP button one more time to return to the main menu.
- 5.2. Press the START button to continue with your training.

→ *Upon completion of the programme the console will display a summary of the collected training data.*

### 3.4 Body fat test

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the body fat test (FAT). Confirm with the ENTER button.
2. Put your hands around the hand pulse sensors.
3. In 10 seconds the console will calculate your body fat percentage and will display the result in form of a rating.

Possible results:

| SEX    | Male                 | Female        |
|--------|----------------------|---------------|
| AGE    | 10-99                |               |
| HEIGHT | 100-200              |               |
| WEIGHT | 30-150 Kg , 40-400LB |               |
| FAT    | <19                  | UNDERWEIGHT   |
| FAT    | =(20-25)             | NORMAL WEIGHT |
| FAT    | =(26-29)             | OVER WEIGHT   |
| FAT    | >30                  | OBESITY       |

### 3.5 Wireless Connection and Fitness Apps

1. When you are in the main menu, use the SPEED- or INCLINE buttons or the switches on the handrails to select the wireless connection function. Confirm with the ENTER button.
2. Activate the wireless connection and confirm with the ENTER button

**ⓘ NOTICE**

This console is equipped with two wireless connection interfaces. One is used to connect to fitness apps like Kinomap (IRUNNING 000X). The other one connects to the speakers of the console (AUDIO 000X). Then you can play audio files from your mobile device via the console. The treadmill can only be connected via one of the interfaces, not both at the same time.

To use training apps you will have to connect your treadmill with your mobile device (tablet or smart phone). To do this, please activate the wireless connection function on your mobile device. Now choose your treadmill.

Please take note that your mobile device needs to be compatible with the wireless connection interface of the treadmill. Now start the fitness app. It might happen that you need to connect both the app and the console additionally. To do this, please follow the instructions given in the app. The console will be switched off as soon as the treadmill is connected with the app. When the connection is cut, the console will turn on again.

This console is equipped with a wireless interface. Please take note that your mobile device needs to be compatible with the wireless interface of the treadmill.

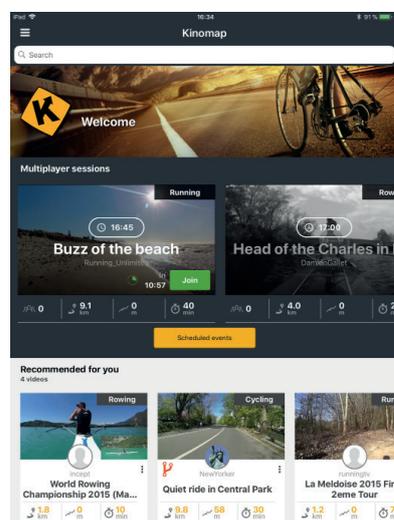
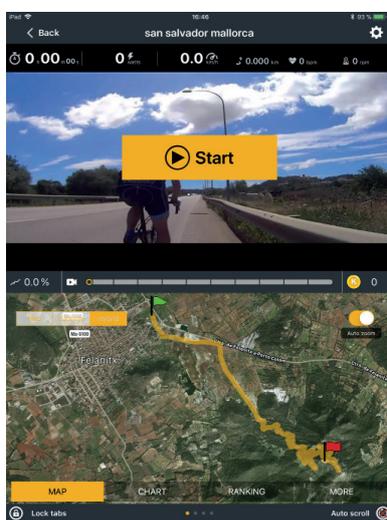
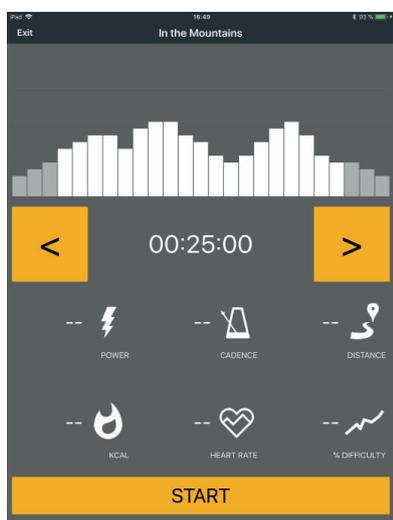
To use training apps you will have to activate the wireless connection function on your mobile device (tablet or smart phone) and start the fitness app. Select your fitness equipment. Please follow the instructions given in the app. You will find the name of your fitness equipment on a small sticker on the back of the console.

You will find the fitness apps in the app stores of Google or Apple. There you will find the apps "Kinomap" or "Zwift". Please note that these apps are produced by an external manufacturer. Fitshop does not take any responsibility regarding the availability, functionality or contents of these programmes.

### IMPORTANT NOTE

The pre-installed apps are produced and provided by external manufacturers. Changes and availability within these apps might occur. Fitshop does not take any responsibility and can not be held liable for the availability, functionality or contents of these apps. To make sure the pre-installed apps are working correctly, they must be updated regularly. If needed, the respective app will notify you to do so. To update the app, you need a google account. A google email is sufficient. Just follow the instructions on the screen to perform the update.

Please note: The system is set up only for the pre-installed apps. Do not install any additional apps as their proper functionality can not be guaranteed. The installation of other apps might cause technical issues.



Example: Kinomap

## 4.1 General Instructions



### WARNING

- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.

### ▶ ATTENTION

- + Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 10°C and 35°C.

## 4.2 Transportation Wheels

### ▶ ATTENTION

If you want to transport your equipment over particularly sensitive and soft floor coverings, such as parquet, planks or laminate, lay out the transport route with cardboard or similar to avoid possible floor damage.

1. Stand behind the equipment and lift it until the weight is transferred to the transportation wheels. After that, you easily can move the equipment to a new position. For long transport distances the equipment should be disassembled and safely packed.
2. Select the new location by following the instructions in the section 1.4 of this manual.

## 5.1 General Instructions



### WARNING

+ Do not make any improper changes to the equipment.



### CAUTION

+ Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

### ATTENTION

+ In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

## 5.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

| Fault                           | Cause   | Solution   |
|---------------------------------|---|--|
| Console is not responding       | Safety key missing or not inserted correctly  | Check whether Safety Key is inserted and insert if necessary   |
| Running mat slanting            | Running mat not centered  | Adjust the running mat according to the instructions   |
| Grinding noises                 |   |  |
| Running mat slips through/stops | Tape tension/lubrication not correct  | Check belt tension/lubrication according to instructions   |
| Display is blank/is not working | + Interrupted power connection<br>+ Loose cable connections   | + Power switch to on<br>+ Check whether Safety Key is plugged in<br>+ Check cable connections  |
| No pulse display                | + Sources of interference in the room<br>+ unsuitable chest strap<br>+ Wrong position of chest strap<br>+ Chest strap defective or battery empty<br>+ Pulse display defective | + Eliminate sources of interference (e.g. mobile phone, WLAN, lawn mower and vacuum cleaner robot, etc. ...)<br>+ Use a suitable chest strap (see "RECOMMENDED ACCESSORIES").<br>+ Reposition chest strap and/or moisten electrodes<br>+ Changing batteries<br>+ Check if pulse display by hand pulse possible |

## 5.3 Error Codes and Troubleshooting

The electronics of the equipment continuously carries out tests. In case of deviations, an error code appears on the display and normal operation is stopped for your safety.

**Please contact the contract partner for technical support.**

## 5.4 Care and Maintenance

The most important maintenance measure is the care of the running mat. This includes adjustment, re tensioning and lubrication of the running mat. Damage resulting from insufficient or neglected care is not covered by the warranty. You should therefore carry out maintenance checks at regular intervals. Be very careful when adjusting and tightening the running mat, as a strong over voltage or under voltage can cause damage to the equipment. The running mat is adjusted at the factory according to the regulations before delivery. However, it may happen that the running mat slips during transport.

By scanning the QR-code with the camera function or QR-code scanner app of your smartphone/tablet, a video on general maintenance of a treadmill opens on YouTube. The video serves to illustrate the maintenance points described in this manual.

Please note that the video may not be available in your language or with appropriate subtitles.

If you cannot scan QR-codes, you can access all Fitshop videos on YouTube by first opening YouTube and entering "Fitshop" in the search field.



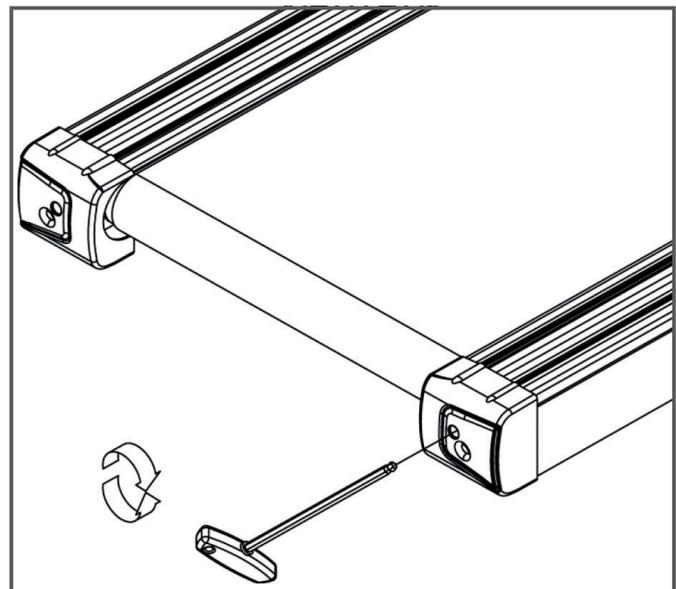
### 5.4.1 Adjusting the Running Mat

During training, the running mat should run as centrally and straight as possible. The alignment of the running mat can change depending on the stress and load. Another reason can be the positioning of the equipment on an uneven surface.

#### CAUTION

During the following maintenance nobody must be on the treadmill!

1. Let the treadmill run at a speed of 5 km/h.
2. If the running mat deviates to the left, turn the left adjusting screw at the rear end of the device max. one  $\frac{1}{4}$  turn clockwise and the right adjusting screw max. one  $\frac{1}{4}$  turn anticlockwise.
3. If the running mat deviates to the right, turn the right adjusting screw at the rear end of the device max.  $\frac{1}{4}$  turn clockwise and the left adjusting screw max.  $\frac{1}{4}$  turn anticlockwise.
4. Then observe the mat for about 30 seconds, as the change is not immediately visible.
5. Repeat this procedure until the running mat is straight again. If the running mat cannot be adjusted, please contact your contract partner.



## 5.4.2 Re-tensioning the Running Mat

If the running mat slips over the rollers during operation (if this is the case, there is a noticeable jerk during running), the running mat must be re tightened.

In most cases, the slipping is caused by stretching of the mat through use. This is perfectly normal.

### ① NOTICE

Re-tensioning is carried out using the same adjusting screws that are used for adjustment.

1. Let the treadmill run at a speed of 5km/h.
2. Turn the left and right adjusting screws directly one after the other, max. one ¼ turn clockwise.
3. Then check whether the running mat continues to slip. If this is the case, you must perform the described procedure again.

## 5.4.3 Lubricating the Running Mat

If the running mat is not sufficiently lubricated, friction increases significantly and this leads to heavy wear of the endless belt, running plate, motor and circuit board. If you feel an increased friction of the running mat, this is an indication that you should lubricate the mat. However, lubrication should be carried out at least every 3 months or every 50 operating hours. Whichever case comes first.

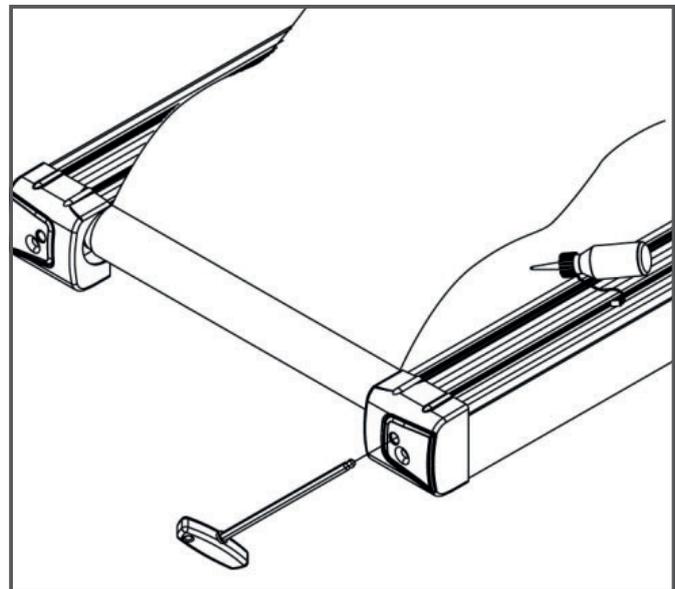
### ① NOTICE

If your treadmill is equipped with a folding mechanism, you can also lubricate it when it is folded.

1. Raise the running mat slightly.
2. Apply some silicone oil or silicone spray to the entire deck and distribute evenly.
3. Continue turning the belt by hand so that the entire surface between the endless belt and the running plate is lubricated.
4. Wipe off the excess silicone oil or silicone spray.

### ① NOTICE

This maintenance must also be carried out after prolonged non-use of the equipment.



## 5.5 Maintenance and Inspection Calendar

To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

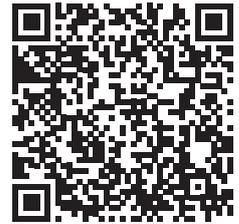
The following routine tasks must be performed at the specified intervals:

| Part                           | Weekly | Monthly | Quarterly |
|--------------------------------|--------|---------|-----------|
| Display console                | C      | I       |           |
| Tension of the running mat     |        |         | I         |
| Lubrication of the running mat |        |         | I         |
| Plastic covers                 | C      | I       |           |
| Screws and cable connections   |        |         | I         |
| Legend: C = clean; I = inspect |        |         |           |

By scanning the QR-code with the camera function or QR-code scanner app of your smartphone/tablet, a video on general maintenance of a treadmill opens on YouTube. The video serves to illustrate the maintenance points described in this manual.

Please note that the video may not be available in your language or with appropriate subtitles.

If you cannot scan QR-codes, you can access all Fitshop videos on YouTube by first opening YouTube and entering "Fitshop" in the search field.



## 6 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an electricals recycling centre. Further information can be obtained from your local authority's recycling service.



The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

## 7 RECOMMENDED ACCESSORIES

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. For treadmills this could for example be a **floor mat**, which makes your fitness equipment stand more securely and also protects the floor from sweat or **silicone spray** to keep moving parts in good shape and lubricate the running mat. Furthermore, there are additional **handrails** available for some treadmills.

If you have purchased a fitness machine with pulse training and want to train your heart rate, we strongly recommend that you use a compatible **chest strap**, as this ensures optimum transmission of the heart rate.

Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Alternatively, you can use the QR-code provided. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!



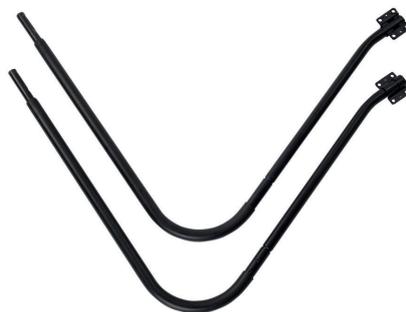
floor mat



chest strap



chest strap contact gel



handrails



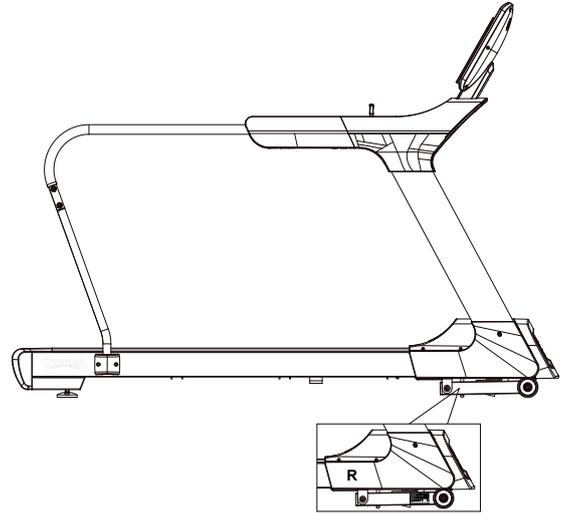
silicone spray

## 8.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 10 of this operating manual.

**NOTICE**

The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.



Enter the serial number in the appropriate field.

**Serial number:**

**Brand / Category:**

**Model Name:**

**Article Number:**

## 8.2 Parts List

| No. | Name                                  | Supplier Parts No. | Specification       | Qty. |
|-----|---------------------------------------|--------------------|---------------------|------|
| 1   | Main frame                            | 264A1-3-1000-J0    |                     | 1    |
| 2   | Left handlebar post                   | 264A1-3-1300-J0    |                     | 1    |
| 3   | Right handlebar post                  | 264A1-3-1400-J0    |                     | 1    |
| 4   | Handlebar set                         | 264A1-3-1500-J1    |                     | 1    |
| 5   | Front handlebar set                   | 264A1-3-1550-J0    |                     | 1    |
| 6   | Stabilizer                            | 26200-3-1600-J1    |                     | 1    |
| 7   | Computer supporting tube              | 264A1-3-2000-J0    |                     | 1    |
| 8L  | Lower cover for handlebar post(-left) | 264A1-6-1371-B0    | 520.7*225.6*52.3    | 1    |
| 8R  | Lower cover for handlebar post(right) | 264A1-6-1471-B0    | 520.7*225.6*52.3    | 1    |
| 9   | Open plug                             | 264A1-6-2420-B0    | D22.5*13.5          | 8    |
| 10  | Allen bolt                            | 54010-8-0065-CU7   | M10*1.5*65L         | 6    |
| 11  | Cross bolt                            | 52605-2-0015-F0    | M5*0.8*15L          | 13   |
| 12  | CSK inner hexagon bolt                | 51608-5-0035-F0    | M8*1.25*35L         | 8    |
| 13  | Wooden board                          | 26200-6-1073-B1    | 1445*695*25T        | 1    |
| 14  | Buffer bar                            | 26200-6-1084-B0    | 25*2T*1435L         | 2    |
| 15  | CSK inner hexagon bolt                | 51608-5-0025-F0    | M8*1.25*25L         | 8    |
| 16  | Flat washer                           | 55104-1-1210-NA    | D12*D4.3*1.0T       | 4    |
| 17  | Running belt                          | 264A1-6-1072-B0    | 560*3.1T*3410L      | 1    |
| 20  | Pedaling plate                        | 264A1-6-1076-00    | 105*21.4*1455L      | 2    |
| 23  | Cross self-tapping screw              | 52842-2-0015-F0    | ST4.2*15L           | 62   |
| 24  | Metal clip                            | 26000-6-1086-FC0   | D27*D4.3*2T         | 8    |
| 25  | Buffer(4)                             | 26100-6-1088-F0    | D30*37L*M8          | 2    |
| 26  | Buffer(3)                             | 26100-6-1083-B0    | D30*37L*M8,95degree | 2    |
| 27  | Flat washer                           | 55108-1-1612-FA    | D16*D8.5*1.2T       | 10   |
| 28  | Nylon nut                             | 55208-1-2008-FA    | M8*1.25*8T          | 6    |
| 29  | Allen bolt                            | 50308-5-0020-UF0   | M8*1.25*20L         | 4    |
| 30  | Rear roller set                       | 26200-3-1200-01    | D25*D75*686L        | 1    |
| 27  | Flat washer                           | 55108-1-1612-FA    | D16*D8.5*1.2T       | 11   |
| 28  | Nylon nut                             | 55208-1-2008-FA    | M8*1.25*8T          | 6    |
| 29  | Allen bolt                            | 50308-5-0020-UF0   | M8*1.25*20L         | 4    |
| 30  | Rear roller set                       | 26200-3-1200-01    | D25*D75*686L        | 1    |

|    |                                   |                 |                     |    |
|----|-----------------------------------|-----------------|---------------------|----|
| 31 | Inner hex head screw              | 54010-8-0080-F0 | M10*1.5*80L         | 3  |
| 32 | Rear cover                        | 264A1-6-2406-B0 | 789.6*164.7*164.6   | 1  |
| 33 | Buffer(1)                         | 26100-6-1081-R0 | D30*37L*M8,45degree | 2  |
| 34 | Nylon universal adjusting feet    | 26200-6-1094-B0 | D80*81L             | 2  |
| 35 | Front roller set                  | 26200-3-1100-01 | D25*D75*694L        | 1  |
| 36 | Inner hex head screw              | 54010-5-0045-F4 | M10*1.5*45L         | 1  |
| 37 | Multi-groove belt                 | 58004-6-1100-00 | 250/PJ10            | 1  |
| 38 | Motor                             | 261A3-6-1085-00 | AC3.5HP             | 1  |
| 39 | Nylon nut                         | 55210-1-2010-CA | M10*1.5*10T         | 6  |
| 40 | Flat washer                       | 55110-1-2020-CA | D20*D11*2T          | 12 |
| 41 | Inner hex head screw              | 54010-5-0030-C0 | M10*1.5*30L         | 4  |
| 42 | Flat washer                       | 551E1-1-2820-NA | D28*D14*2T          | 4  |
| 43 | Insulating sleeve(1)              | 26200-6-1063-B0 | D20*D10*8T          | 5  |
| 44 | Motor buffer                      | 26200-6-1093-B0 | 65*40*5T            | 4  |
| 45 | Fixing plate                      | 26200-6-1071-N0 | 30*20*4T            | 3  |
| 46 | Bolt                              | 50108-5-0060-N0 | M8*1.25*60L         | 1  |
| 47 | Fixing bracket for motor cover    | 26100-6-1090-00 | 32*18*18            | 4  |
| 48 | cable tie base                    | 26100-6-1089-00 | 15*10               | 2  |
| 49 | Cross screw                       | 50904-2-0015-N0 | ST4*1.41*15L        | 2  |
| 51 | Upper motor cover                 | 264A1-6-2401-B0 | 800*486*129.5       | 1  |
| 52 | Al plate with logo on motor cover | 264A1-6-2404-B0 |                     | 1  |
| 53 | Socket                            | 26100-6-2413-00 |                     | 1  |
| 54 | Cross screw                       | 53329-2-0009-D0 | ST2.9x9.5L          | 31 |
| 55 | Power supplier board              | 26100-6-2414-B0 | 130*45*6T           | 1  |
| 56 | Switching mode power supplier     | 261D8-6-2411-00 |                     | 1  |
| 57 | Buffer                            | 55308-4-0020-G9 | D10.5*20L           | 2  |
| 58 | overcurrent protector             | 261D1-6-2412-00 | 15A                 | 1  |
| 59 | Flat washer                       | 55105-1-1208-DA | D12*D5.2*0.8T       | 2  |
| 60 | Nylon nut                         | 55205-1-2005-DA | M5*0.8*5T           | 2  |
| 60 | Nylon nut                         | 55205-1-2005-DA | M5*0.8*5T           | 2  |
| 61 | Lower motor cover                 | 264A1-6-2402-B0 | 812.5*237.2*180.6   | 1  |
| 62 | Allen bolt                        | 54010-8-0050-C4 | M10*1.5*50L         | 1  |
| 63 | Plastic flat washer               | 55110-1-2404-BF | D10*D24*0.4T        | 4  |
| 64 | Incline                           | 26200-6-1975-02 | JS19-B              | 1  |

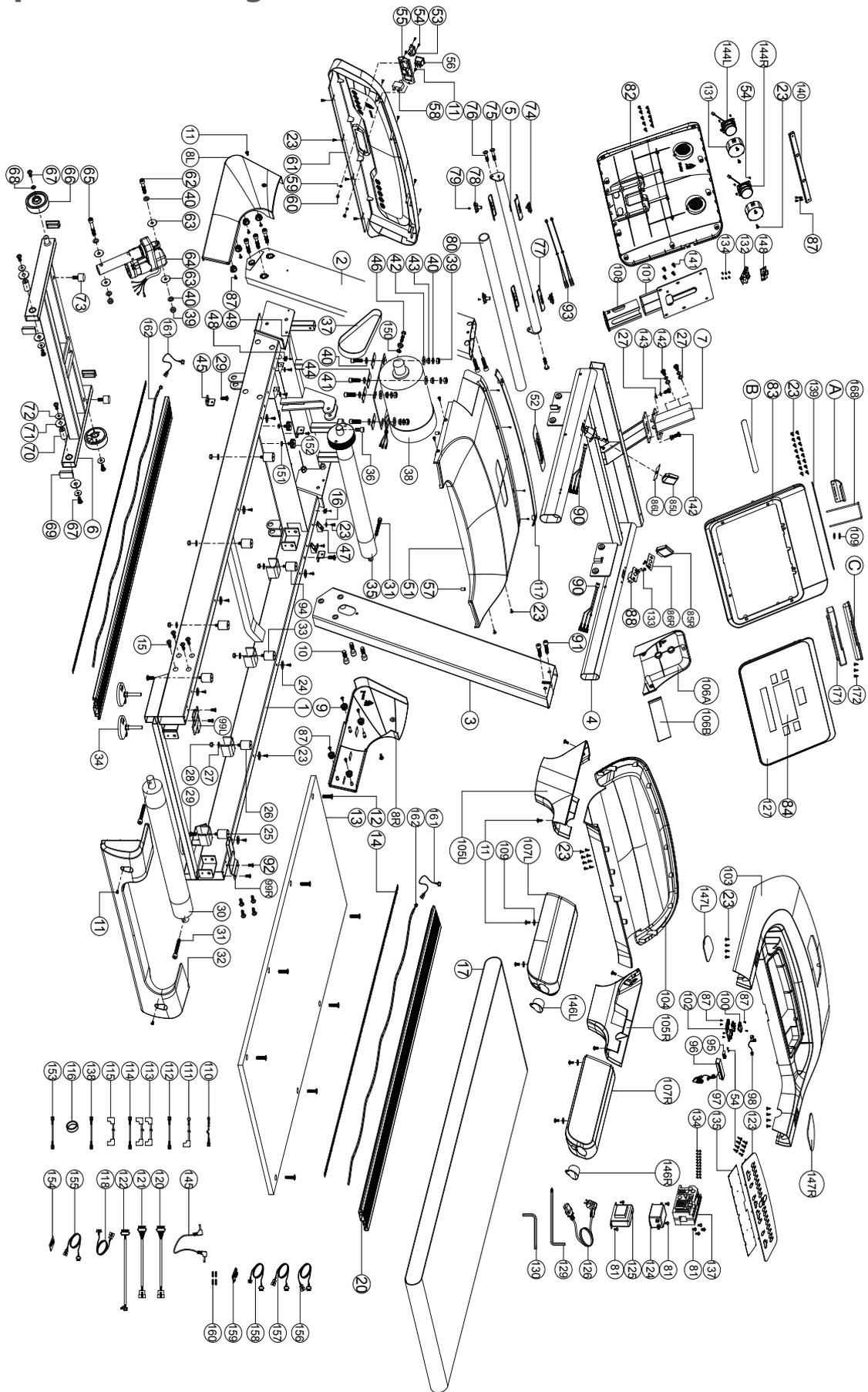
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|-----|-------------------------------------|------------------|--------------------------|----|
| 65  | Allen bolt                          | 54010-8-0065-C4  | M10*1.5*65L              | 1  |
| 66  | Wheel                               | 26200-6-1087-B0  | D82*35L                  | 2  |
| 67  | Allen bolt                          | 50308-5-0020-UF0 | M8*1.25*20L              | 6  |
| 68  | Flat washer                         | 55108-1-2115-FA  | D21*D8.5*1.5T            | 2  |
| 69  | End cap                             | 55310-2-2550-B8  | 25*50*14,match 2.0T tube | 4  |
| 70  | Axle                                | 26200-6-1673-N0  | D18.7*41L                | 2  |
| 71  | Nylon washer                        | 55121-1-3730-0F  | D21*D37*3T               | 4  |
| 72  | Flat washer                         | 55108-1-2520-FA  | D25xD8.5x2T              | 4  |
| 73  | Buffer                              | 55308-2-0010-B3  | D26*10*M8*1.25           | 2  |
| 74  | Upper fixing plate for handle pulse | 737L6-6-2491-B0  | 40*15.2,with LOGO        | 2  |
| 75  | Allen bolt                          | 50308-5-0050-F3  | M8*1.25*50L              | 2  |
| 76  | Allen bolt                          | 50308-5-0055-F3  | M8*1.25*55L              | 1  |
| 77  | Handle pulse sensor                 | 737L6-6-2478-00  | 100.3*29.5*0.4T          | 4  |
| 78  | Lower fixing plate for handle pulse | 737L6-6-2492-B0  | 40*15.2                  | 2  |
| 79  | Screw                               | 50904-2-0015-F0  | ST4x1.41x15L             | 2  |
| 80  | Handle grip                         | 26200-6-1584-B0  | D30*3T*710L              | 1  |
| 81  | Cross Bolt                          | 52605-2-0010-N0  | M5*0.8*10L               | 7  |
| 82  | Lower computer cover                | 264A1-6-1703-B0  | 793*299*25.3             | 1  |
| 83  | Middle computer cover               | 264A1-6-1711-B0  | 517.8*395*35             | 1  |
| 84  | Computer                            | 264A1-6-1701-B0  |                          | 1  |
| 85L | Left trigger                        | 26200-6-1598-B0  | 53.3*46.9*14.7           | 1  |
| 85R | Right trigger                       | 26200-6-1599-B0  | 53.3*46.9*14.7           | 1  |
| 86L | Sticker under left trigger          | 26200-6-1583-00  | 66.9*25.4                | 1  |
| 86R | Sticker under right trigger         | 26200-6-1593-00  | 66.9*25.4                | 1  |
| 87  | Cross screw                         | 52804-2-0012-F0  | ST4*1.41*12L             | 18 |
| 88  | Trigger base                        | 26200-6-1579-01  |                          | 2  |
| 90  | Lower cable of trigger              | 264D2-6-1582-01  | 900L                     | 2  |
| 91  | Allen screw                         | 54010-5-0045-F4  | M10*1.5*45L              | 4  |
| 92  | Allen bolt                          | 50306-5-0015-UF0 | M6*1*15L                 | 4  |
| 93  | Handpulse cable                     | 261D8-6-1785-00  | 1000L                    | 2  |
| 94  | Buffer(2x_x000D_                    | 26100-6-1082-K0  | D30*37L*M8,75degree      | 2  |
| 95  | Emergency stop pin                  | 26100-6-1731-C1  | 21*18*1.5T               | 1  |
| 96  | Safety key                          | 26200-6-1732-R0  | 78.6*35*18.2             | 1  |
| 97  | Safety clip                         | 26200-6-1793-R0  | 830L                     | 1  |

|      |                                     |                  |                 |   |
|------|-------------------------------------|------------------|-----------------|---|
| 98   | Cable for emergency stop function   | 261D8-6-1736-00  | 450L            | 1 |
| 99L  | Right protecting plate              | 264A1-3-1130-B0  |                 | 1 |
| 99R  | Left protecting plate               | 264A1-3-1125-B0  |                 | 1 |
| 100  | Inner case of safety key            | 26100-6-1734-B0  | 39*15*13.3      | 2 |
| 101  | Computer fixing plate               | 264A1-3-1530-J1  |                 | 1 |
| 102  | Safety key board                    | 26200-6-1733-B0  | 74*45*7         | 1 |
| 103  | Upper cover for handling tube       | 264A1-6-1576-B0  | 836*583*159.3   | 1 |
| 104  | Lower cover for handling tube       | 264A1-6-1577-B0  | 836*356.8*193.7 | 1 |
| 105L | Side cover for handling tube(left)  | 264A1-6-1594-B0  | 417.2*153.3*78  | 1 |
| 105R | Side cover for handling tube(right) | 264A1-6-1595-B0  | 417.2*153.3*78  | 1 |
| 106A | Computer back cover                 | 264A1-6-1748-B0  | 207.3*188*65.5  | 1 |
| 106B | Computer decorative cover           | 264A1-6-1749-B0  | 188*49.2*20.5   | 1 |
| 107L | Left handlebar grips                | 264A1-6-1571-B0  | 448.7*126*71    | 1 |
| 107R | Right handlebar grips               | 264A1-6-1572-B0  | 448.7*126*71    | 1 |
| 108  | Hollow plug                         | 264A1-6-2010-B0  | 40x80x119       | 1 |
| 109  | Flat washer                         | 55105-1-1510-DA  | D15*D5.2*1.0T   | 4 |
| 110  | Grounding cable 1_x000D_            | 26100-6-1787-03  | 325L            | 1 |
| 111  | Grounding cable 2_x000D_            | 264D2-6-1788-00  | 300L            | 1 |
| 112  | live wire 1                         | 261A2-6-1789-00  | 450L            | 1 |
| 113  | live wire 2                         | 26100-6-1790-01  | 60L             | 2 |
| 114  | neutral wire 100L                   | 26100-6-1791-00  | 100L            | 1 |
| 115  | neutral wire 220L                   | 26200-6-1792-00  | 220L            | 1 |
| 116  | Magnetic loop                       | 26100-6-1079-00  | D31*16          | 1 |
| 117  | Motor decorative cover              | 264A1-6-2403-Aa0 | 727.1*40.8*50.1 | 1 |
| 118  | Upper cable of trigger              | 261D8-6-1589-02  | 500L            | 1 |
| 120  | Upper computer cable                | 264A1-6-1771-00  | 850L            | 1 |
| 121  | Middle computer cable               | 26200-6-1772-01  | 1000L           | 1 |
| 122  | Lower computer cable                | 26200-6-1773-00  | 500L            | 1 |
| 123  | Button plate                        | 264A1-6-1756-B0  | 468*105.4*13.3  | 1 |
| 124  | Filter                              | 261D1-6-1067-00  | 15A             | 1 |
| 125  | Inductance                          | 261A2-6-1066-00  | 15A             | 1 |
| 126  | Electric cable                      | 26100-6-1775-02  | 1700L           | 1 |
| 127  | Overlay(LED)                        | 264A1-6-1706-B0  | 491*296*20      | 1 |
| 129  | Allen cross spanner                 | 58030-6-1051-N0  | M6*130L         | 1 |

|      |  |                  |                            |    |
|------|--|------------------|----------------------------|----|
| 130  | Allen spanner                          | 58030-6-1052-N0  | M8*120L                    | 1  |
| 131  | Speaker cover                          | 264A1-6-1762-B0  |                            | 2  |
| 132  | USB module                             | 264D3-6-1723-00  | PA-AB00321-K1              | 1  |
| 133  | CSK cross self-tapping screw           | 51004-2-0010-N0  | ST4*1.41*10L               | 4  |
| 134  | Cross round-head self-tapping screw    | 54723-2-0008-C0  | ST2.3*8L                   | 27 |
| 135  | Button PCB board                       | 264A1-6-1759-00  |                            | 1  |
| 137  | Inverter                               | 262A3-6-1783-00  | RM6T6-2003E1               | 1  |
| 138  | neutral wire 450L                      | 261A2-6-1791-00  | 450L                       | 1  |
| 139  | Pad of tablet support                  | 264A1-6-1777-B0  | 409*15*2T                  | 1  |
| 140  | Cross tube of computer supporting tube | 261D8-6-2001-J0  | 10*20*1.5T*320L            | 1  |
| 141  | Cross bolt                             | 52606-2-0015-F0  | M6*1*15L                   | 4  |
| 142  | Allen bolt                             | 50308-5-0015-F0  | M8*1.25*15L                | 4  |
| 143  | Spring washer                          | 55108-2-1520-FA  | D15.4xD8.2x2T              | 4  |
| 144L | Left speaker                           | 261D8-6-1722-01  | B00202050,4Ω 3W,cable 300. | 1  |
| 144R | Right speaker                          | 261D8-6-1761-00  | B00202050,4Ω 3W.cable 100. | 1  |
| 145  | Audio cable                            | 81000-6-2555-B0  | 250L                       | 1  |
| 146L | Left plug                              | 264A1-6-1077-B0  | D40.7*51.1                 | 1  |
| 146R | Right plug                             | 264A1-6-1078-B0  | D40.7*51.1                 | 1  |
| 147L | Left pad of bottle                     | 264A1 -6-1754-B0 | 106.5*89.2*3T              | 1  |
| 147R | Right pad of bottle                    | 264A1 -6-1755-B0 | 106.5*89.2*3T              | 1  |
| 148  | B module                               | 261D2-6-1708-00  | I-RUNNING                  | 1  |
| 150  | Nut                                    | 55208-2-2006-NA  | M8*1.25*6T                 | 1  |
| 151  | Spacer                                 | 73800-6-3892-N0  | D11.5*D8*3.5T              | 2  |
| 152  | Adjustment wheel                       | 26200-6-1095-B0  | D27*10L                    | 2  |
| 153  | Grounding cable (1)                    | 26200-6-1787-00  | 330L                       | 1  |
| 154  | Speaker plate                          | 264A1-6-1760-00  | 8509                       | 1  |
| 155  | Speaker cable                          | 264A1-6-1763-00  | WP-XH-03-XH-03-200L        | 1  |
| 156  | Upper cable of LED light               | 264A1-6-1739-00  | 800                        | 1  |
| 157  | Middle cable of LED light              | 26200-6-1740-01  | 1100                       | 1  |
| 158  | Lower cable of LED light               | 26200-6-1741-00  | 600                        | 1  |
| 159  | LED light strap connecting plate       | 261D1-6-1744-00  | PA-AA01170-K5              | 1  |
| 160  | PC spacer column                       | 261D1-6-1782-00  | D5*D3.5*19.2               | 4  |
| 161  | Light strap cable(1)                   | 261D1-6-1742-00  | 1000                       | 2  |

|     |                    |                 |                              |   |
|-----|--------------------|-----------------|------------------------------|---|
| 162 | Light strap        | 261D1-6-1737-00 | LED7 color light strap 135CM | 2 |
| 168 | Elastic rope       | 264A1-6-2098-B1 | D2.5*500L                    | 1 |
| 171 | Pad holder support | 26500-6-1766-B0 | 271.9*29.8*20.1              | 1 |
| 172 | Screw              | 53335-2-0013-N0 | ST3.5*13L                    | 3 |
| A   | Fixing hook        | 26502-6-2097-B0 | 37.8*100*20.6                | 1 |
| B   | Buffer strap       | 264A1-6-1084-B0 | 255*10*2T                    | 1 |
| C   | Pad holder         | 26500-6-1713-B0 | 271.8*25*20                  | 1 |

# 8.3 Exploded Drawing



Products from TAURUS® are subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

### **Error Descriptions**

Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

**Your statutory rights are not affected.**

### **Warrantee**

The warrantee is the first/original buyer and/or any person who received a newly purchased product as a gift from the original buyer.

### **Warranty period**

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

### **Repair Costs**

According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warrantee personally and are not a part of repair. After the expiration of the warranty period, the responsibility for parts costs, repair costs, installation costs and delivery costs lies with the warranty holder.

### **The terms of use are defined as follows:**

- + Home use: solely for private use in private households up to 3 hours per day
- + Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
- + Professional use: more than 6 hours per day (e. g. commercial gyms)

### **Warranty Service**

Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

## **Warranty Conditions**

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

### **Warranty claims are invalid in case of damage resulting from:**

- + misuse or improper handling
- + environmental influences (moisture, heat, electrical surge, dust, etc.)
- + failure to follow the current safety measures for the equipment
- + failure to follow the operating instructions
- + use of force (e. g. hitting, kicking, falling)
- + interventions which were not carried out by one of our authorized service centres
- + unauthorised repair attempts

### **Proof of Purchase and Serial Number**

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.

### **Service outside of the Warranty Period**

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

### **Communication**

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

| DE   | DK  | UK   |
|--|---|--|
| <p><b>TECHNIK</b></p> <p> +49 4621 4210-900</p> <p> +49 4621 4210-698</p> <p> <a href="mailto:technik@fitshop.de">technik@fitshop.de</a></p> <p> Öffnungszeiten entnehmen Sie unserer Homepage.</p> <p><b>SERVICE</b></p> <p> 0800 20 20277 (kostenlos)</p> <p> 04621 4210 - 0</p> <p> <a href="mailto:info@fitshop.de">info@fitshop.de</a></p> <p> Öffnungszeiten entnehmen Sie unserer Homepage: <a href="https://stg.fit/statita">https://stg.fit/statita</a></p> | <p><b>TEKNIK OG SERVICE</b></p> <p> 80 90 16 50</p> <p>+49 4621 4210-945</p> <p> <a href="mailto:info@fitshop.dk">info@fitshop.dk</a></p> <p> Åbningstider kan findes på hjemmesiden: <a href="https://stg.fit/statit7">https://stg.fit/statit7</a></p> <p><b>FR</b></p> <p><b>TECHNIQUE &amp; SERVICE</b></p> <p> +33 (0) 189 530984</p> <p>+49 4621 42 10 933</p> <p> <a href="mailto:info@fitshop.fr">info@fitshop.fr</a></p> <p> Vous trouverez les heures d'ouverture sur notre site Internet: <a href="https://stg.fit/statit4">https://stg.fit/statit4</a></p> | <p><b>CUSTOMER SUPPORT</b></p> <p> 00800 2020 2772</p> <p>+494621 4210 944</p> <p> <a href="mailto:info@fitshop.co.uk">info@fitshop.co.uk</a></p> <p> You can find the opening hours on our homepage: <a href="https://stg.fit/statitic">https://stg.fit/statitic</a></p> <p><b>BE</b></p> <p><b>TECHNIQUE &amp; SERVICE</b></p> <p> 02 732 46 77</p> <p>+49 4621 4210 933</p> <p> <a href="mailto:info@fitshop.be">info@fitshop.be</a></p> <p> Vous trouverez les heures d'ouverture sur notre site Internet: <a href="https://stg.fit/statit8">https://stg.fit/statit8</a></p> |
| ES   | NL  | INT  |
| <p><b>TECNOLOGÍA Y SERVICIOS</b></p> <p> 911 238 029</p> <p> <a href="mailto:info@fitshop.es">info@fitshop.es</a></p> <p> Consulta nuestro horario de apertura en la página web: <a href="https://stg.fit/statit5">https://stg.fit/statit5</a></p>  | <p><b>TECHNISCHE DIENST &amp; SERVICE</b></p> <p> +31 172 619961</p> <p> <a href="mailto:service@fitshop.nl">service@fitshop.nl</a></p> <p> De openingstijden vindt u op onze homepage: <a href="https://stg.fit/statit3">https://stg.fit/statit3</a></p>  | <p><b>TECHNICAL SUPPORT &amp; SERVICE</b></p> <p> +49 4621 4210-944</p> <p> <a href="mailto:service-int@fitshop.de">service-int@fitshop.de</a></p> <p> You can find the opening hours on our homepage: <a href="https://stg.fit/statita">https://stg.fit/statita</a></p>  |
| PL   | AT  | CH   |
| <p><b>DZIAŁ TECHNICZNY I SERWIS</b></p> <p> 22 307 43 21</p> <p>+49 4621 42 10-948</p> <p> <a href="mailto:info@fitshop.pl">info@fitshop.pl</a></p> <p> Godziny otwarcia można znaleźć na stronie głównej: <a href="https://stg.fit/statit6">https://stg.fit/statit6</a></p>  | <p><b>TECHNIK &amp; SERVICE</b></p> <p> 0800 20 20277 (Freecall)</p> <p>+49 4621 42 10-0</p> <p> <a href="mailto:info@fitshop.at">info@fitshop.at</a></p> <p> Öffnungszeiten entnehmen Sie unserer Homepage: <a href="https://stg.fit/statitb">https://stg.fit/statitb</a></p>   | <p><b>TECHNIK &amp; SERVICE</b></p> <p> 0800 202 027</p> <p>+49 4621 42 10-0</p> <p> <a href="mailto:info@fitshop.ch">info@fitshop.ch</a></p> <p> Öffnungszeiten entnehmen Sie unserer Homepage: <a href="https://stg.fit/statit9">https://stg.fit/statit9</a></p>  |

Please find a detailed overview including address and opening hours for all stores of the Fitshop Group in Germany and abroad on the following website:

[www.fitshop.com/en/stores](http://www.fitshop.com/en/stores)

# WE LIVE FITNESS

## WEBSHOP AND SOCIAL MEDIA

Fitshop is Europe's largest specialist store for home fitness equipment with currently over 70 stores and one of the world's most renowned online mail order companies for fitness equipment. Private customers order via the 25 web shops in the respective national language or have their desired equipment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

Fitshop offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

Visit us also on our social media platforms or our blog!

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|  | <a href="http://www.fitshop.co.uk">www.fitshop.co.uk</a><br><a href="http://www.fitshop.de/blog">www.fitshop.de/blog</a> |
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|  | <a href="http://www.facebook.com/fitshop.co.uk">www.facebook.com/fitshop.co.uk</a> |
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|  | <a href="http://www.instagram.com/fitshop_uk">www.instagram.com/fitshop_uk</a> |
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|  | <a href="http://www.youtube.com/@fitshop_uk">www.youtube.com/@fitshop_uk</a> |
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