TAURUS®

Assembly and Operating Instructions

max. 180 kg

~ 90 Min.

95 kg
L 232 | W 95 | H 172

FSTFX99TFT.01.02

Art. No. TF-X99-TFT

Crosstrainer X9.9 Touch

Content

X9.9 Touch

Dear customer,

Thank you for choosing a high-quality equipment of the brand TAURUS®. TAURUS® offers sports and fitness equipment for the sophisticated home sport and the equipment of fitness studios and business customers. With TAURUS® fitness equipment, the focus is on what sport is all about: maximum performance! Therefore, the equipment is developed in close consultation with athletes and sports scientists. Because athletes know best what makes perfect fitness equipment.

Further information can be found at www.fitshop.com.

Intended Use

The equipment may only be used for its intended purpose.

The equipment is suitable for home use and semi-professional use (e.g. hospitals, clubs, hotels, schools, etc.). The equipment is not suitable for commercial or professional use (e.g. fitness studio).

Legal Notice

Fitshop GmbH
Europe's No. 1 for home fitness

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Disclaimer

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Product and manual are subject to change. Technical data can be changed without advance notice.

FITSHOP

Europe's No.1 for Home Fitness

ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.

Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.

Training devices must be classified according to accuracy and use. Accuracy classes are only applicable to devices that display training data.

Accuracy classes

Class A: high accuracy.
Class B: medium accuracy.
Class C: low accuracy.

The use classes explain the intended use of the training device.

Use classes

Class S (studio): professional and/or commercial use.
These training devices are intended for the use in training rooms of facilities such as sports clubs, school facilities, hotels, clubs and studios whose access and supervision is specifically regulated by the owner (person with legal responsibility).

Class H (home use): use at home.
These stationary training devices are intended for the use in private homes where access to the training device is regulated by the owner (person with legal responsibility).

Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► **ATTENTION**
This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

⚠ **CAUTION**
This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

⚠ **WARNING**
This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

⚠ **DANGER**
This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

ⓘ **NOTICE**
This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

1.1 Technical Data

TFT Display of:

+ Training time in min.
+ Speed in km/h
+ Traning distance in km
+ Calories in kcal
+ Resistance level
+ Heart rate (using the hand pulse sensors or a chest strap)
+ RPM (Rotations per minute)
+ Watts

Resistance system:	Electro-magnetic induction brake
Resistance levels:	32
Wattage	
Adjustable range in the watt programme:	10-350 W
Min. and max. Watt at 60 RPM:	50-400 W
Min. and max. Watt at 100 RPM:	148-765W
User memory:	4
Training programmes in total:	44
Quick-Start Programmes:	1
Target programmes:	3
Heart rate programmes:	3
Watt programmes:	1
Pre-set programmes:	32
User defined programmes:	4 (one per user)
Fitness Test:	1
Flywheel mass:	10kg
Transfer ratio:	1 : 8.75
Stride length:	58.4cm

Weight and dimensions:

Article weight (gross, incl. packaging):	112kg
Article weight (net, without packaging):	95kg
Packed dimensions (L x B x H):	approx. 219.5 cm x 44.5 cm x 83 cm
Set-up dimensions (L x B x H):	approx. 232 cm x 95 cm x 172 cm
Maximum user weight:	180 kg
Use class:	S

1.2 Personal Safety

⚠ **DANGER**
+   Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
+   Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.
+   The owner must communicate all warnings and instructions to the user.

⚠ **WARNING**
+   This equipment may not be used by children under the age of 14.
+   Children should not be allowed unsupervised access to the equipment.
+   Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
+   Remember that your device does not have a freewheel function. Therefore moving parts cannot be stopped immediately.
+   Note that the individual physical power required to perform an exercise may differ from the displayed mechanical power.
+   When ascending and descending, make sure that one of the treads is in the lowest position.
+   The equipment is strictly for use by one person at a time.
+   Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
+   During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

⚠ **CAUTION**
+   If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
+   Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.
+   Do not insert any objects of any kind into the openings of the device.
+   Be aware that if adjustment devices are left protruding, they may impede the user's movement.

1.3 Electrical Safety

⚠ **DANGER**

+ In order to reduce the risk of an electric shock, always unplug the equipment from the mains socket immediately after your workout, before assembly or dismantling, and before maintenance or cleaning. Do not pull on the cable.

⚠ **WARNING**

+ Do not leave the equipment unattended while the mains cable is plugged into the mains socket. During your absence, the mains cable must be removed from the mains socket to prevent improper use by third parties or children.

+ If the mains cable or plug is damaged or defective, contact your contract partner. Until repair, the equipment must not be used.

► **ATTENTION**

+ The equipment requires a mains connection of 220-230 V with 50 Hz mains voltage.

+ The equipment may only be connected directly to an earthed socket using the supplied mains cable. Extension cables must conform to VDE guidelines. Always completely unwind the mains cable.

+ The socket must be protected by a fuse with a minimum fuse rating of "16 A, slow blow".

+ Do not make any changes to the mains cable or the mains plug.

+ Keep the mains cable away from water, heat, oil and sharp edges. Do not route the mains cable underneath the equipment or under a carpet or rug, and do not place any objects on top of it.

+ If your purchased item is equipped with a TFT console, software updates must be carried out regularly. Follow the instructions on the console to perform the update(s).

+ The software systems on gym equipment with TFT consoles are set up only for the pre-installed apps. Do not install any additional apps.

ⓘ **NOTICE**

+ The pre-installed apps on TFT consoles are produced and provided by external manufacturers. Fitshop does not take any responsibility for the availability, functionality or contents of these apps.

1.4 Set-Up Place

⚠ **WARNING**
+ Do not place the equipment in main corridors or escape routes.

⚠ **CAUTION**
+ Choose a location in which to place the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
+ The training room should be well ventilated during training and not be exposed to any draughts.
+ Choose the place in which to set up the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
+ The free area in the direction from which the exercise equipment is accessed must be at least 0.6 m larger than the exercise area.
+ The set-up and mounting surface of the equipment should be flat, loadable and solid.

► **ATTENTION**
+ The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
+ A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.
+ For Class S equipment, the exercise equipment may only be used in areas where access, supervision and control are specifically regulated by the owner.

2.1 General Instructions

⚠ **DANGER**
  + Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.

⚠ **WARNING**
  + Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.

⚠ **CAUTION**
  + Ensure to have sufficient room for movement in each direction during assembly.
  + The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of a third technically skilled person.

► **ATTENTION**
  + To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.

ⓘ **NOTICE**
  + In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.
 + Ideally, assemble the equipment at its later set-up place.

2.2 Scope of Delivery

The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

⚠ **CAUTION**

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.
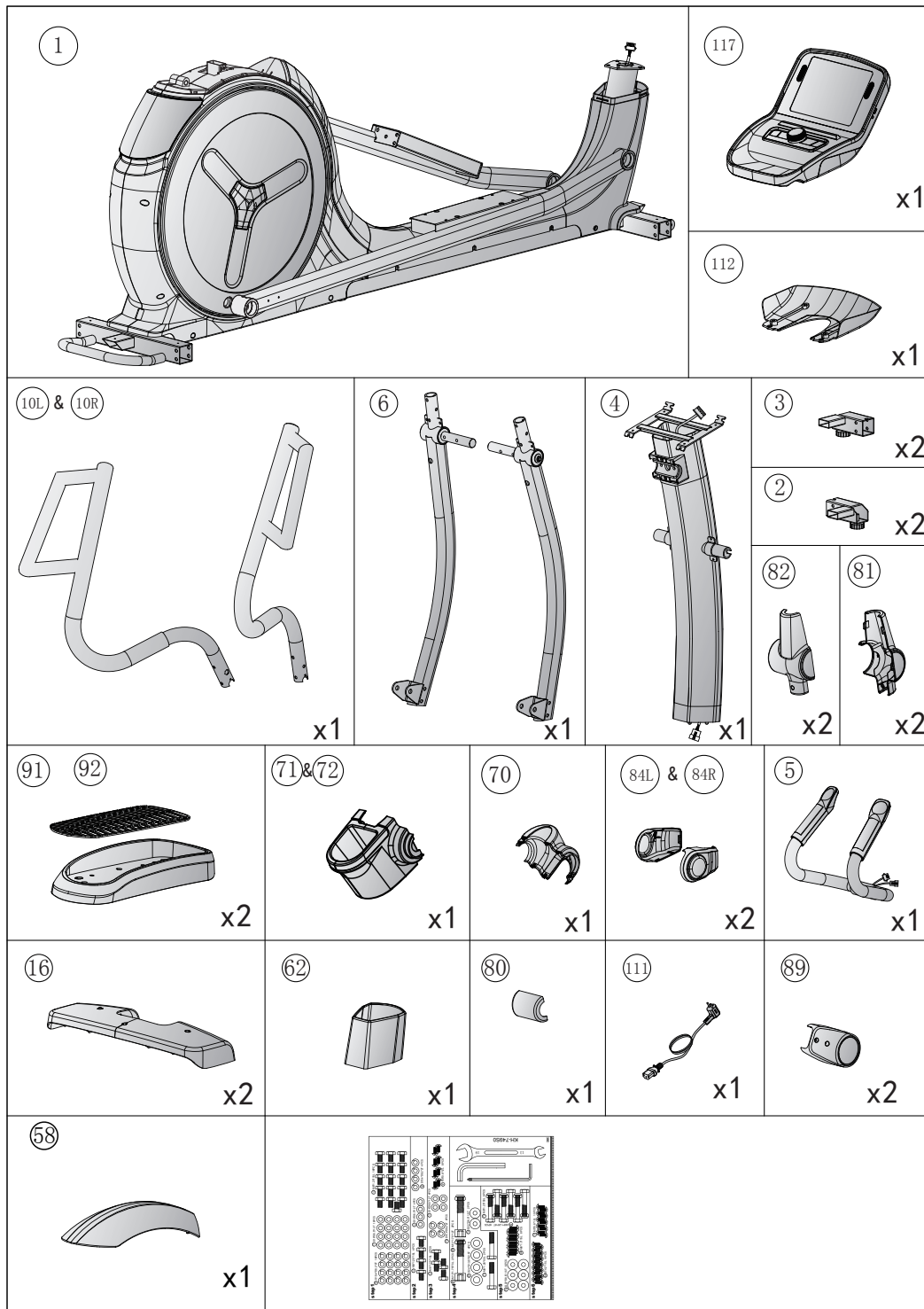
2.3 Assembly

Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

ⓘ **NOTICE**

+ First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.

+ If you have difficulty recognising the graphics, we recommend that you open and/or download the PDF instructions stored in the webshop on your end device (e.g. smartphone, tablet or PC). There you have the option of zooming in closer. Please note that the Adobe Acrobat Reader programme must be installed on your end device in order to open the file.

+ The assembly can also be found as a video under the following link: https://www.sport-tiedje.co.uk/taurus-x9.9-cross-trainer-tf-x99#product-assembly. To go directly to the assembly video, you can alternatively scan the QR code. The assembly of the X99 and X99-TFT is the same.
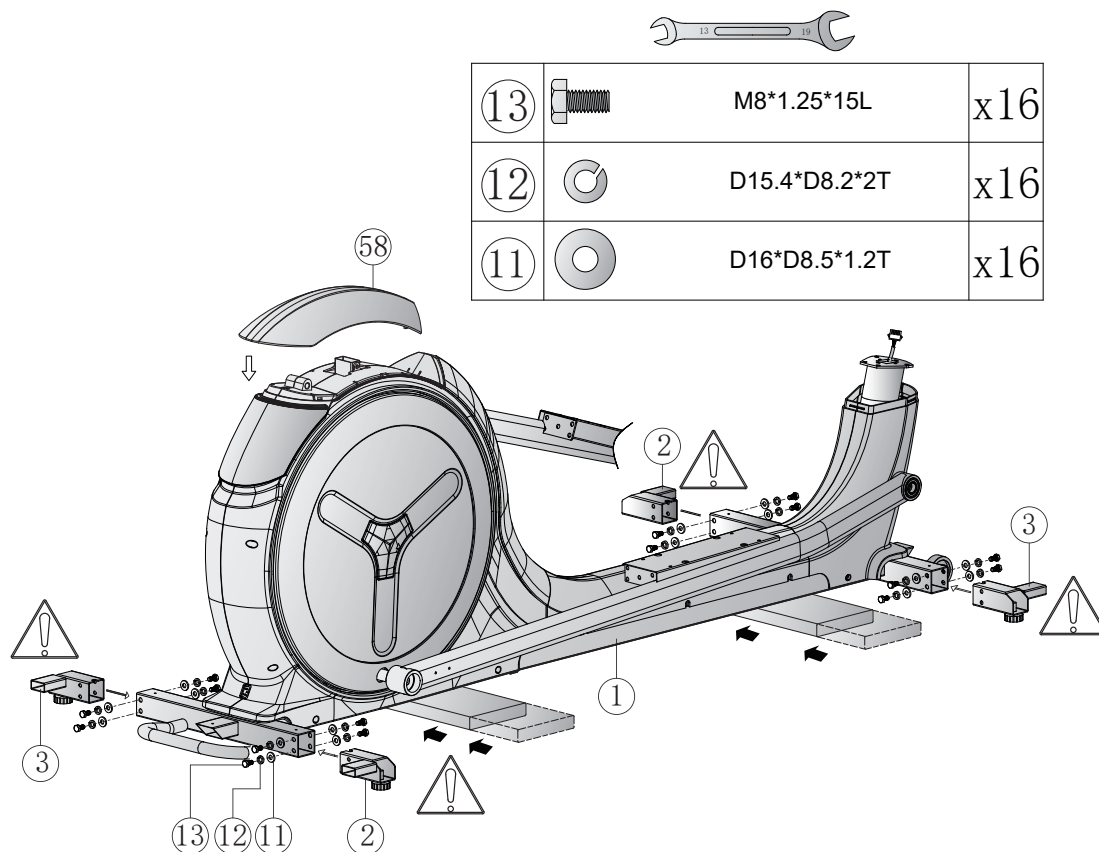
**Step 1: Mounting the front and rear feet**

ⓘ **NOTICE**

In the following step, please pay attention to the correct positioning of the feet (see fig.).

Place the cover (58) and screw the front and rear feet (2 & 3) onto the main frame (1), each with four hexagonal screws (13), four spring washers (12) and four washers (11).

| ⑬		M8*1.25*15L	x16
⑫		D15.4*D8.2*2T	x16
⑪		D16*D8.5*1.2T	x16

Step 2: Mounting the console mast

1. Slide the cover (62) up around the console mast (4) (see fig. 2-1) and connect cable (98) to cable (99) (see fig. 2-2).

2. Place the console mast (4) in the holder in the main frame (1) and screw it in with four hexagonal screws (13), four spring washers (12) and four washers (11).

3. Slide the cover (62) down and clip it into place.

⑬		M8*1.25*15L	x4
⑫		D15.4*D8.2*2T	x4
⑪		D16*D8.5*1.2T	x4
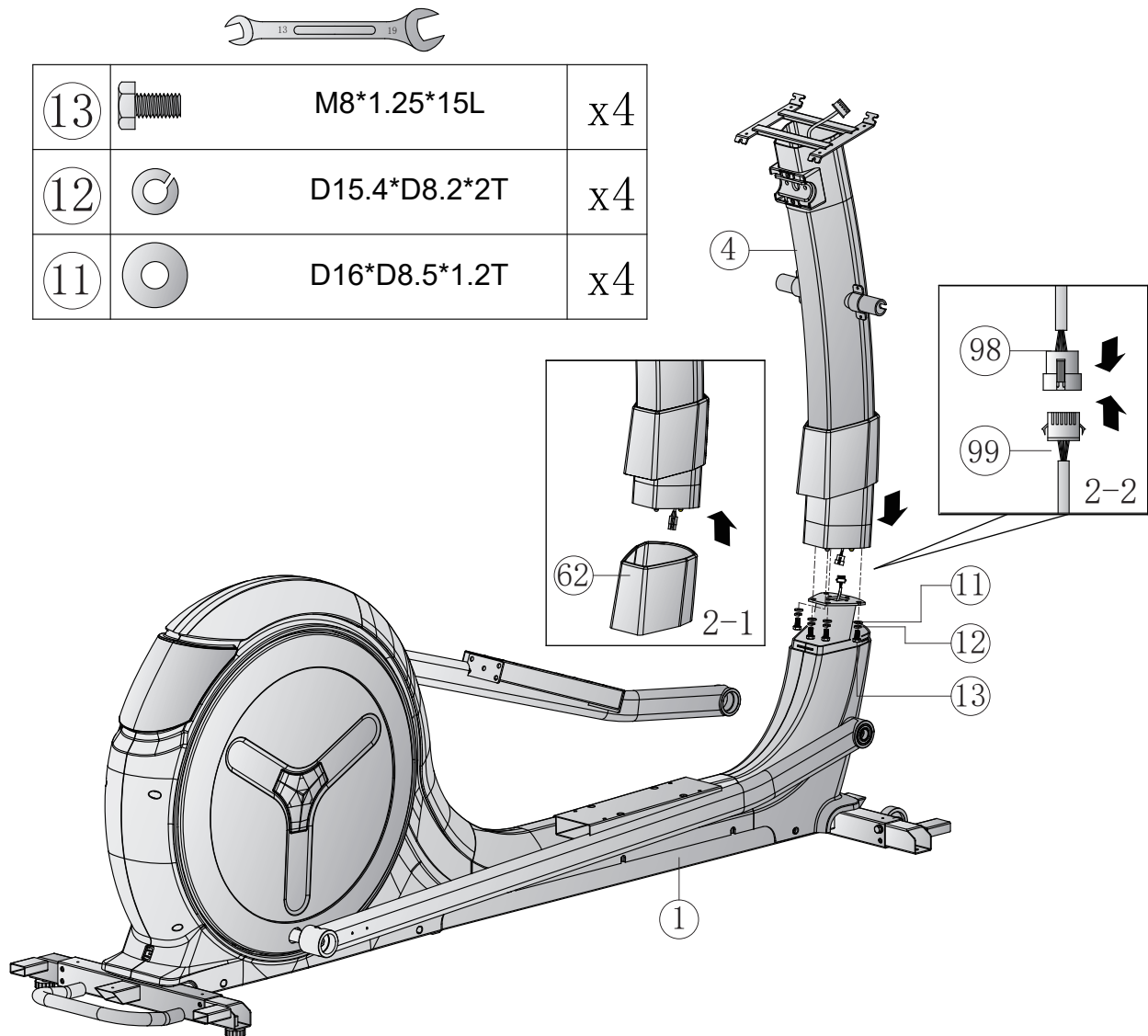
Step 3: Mounting the console and arms

1. Mount the left and right poles (6) onto the console mast (4) with two hexagonal screws (13), two spring washers (12) and four washers (11) each.

2. Connect cable (117) to cable (98) and lead the two console cables coming from the console through the opening of the console mast (4) (see fig. 3-1).

3. Guide the ground cable through the console braket on the console mast (4) and mount the console (117) to the console mast (4) with four screws (17) (see fig. 3-2).

4. Use one of the screws (17) to fix the ground cable on the shown position (see fig. 3-2) and hand-tighten the screws.

5. Fix the cover (112) under the console (117) with four screws (17) (see fig. 3-3) and hand-tighten the screws.
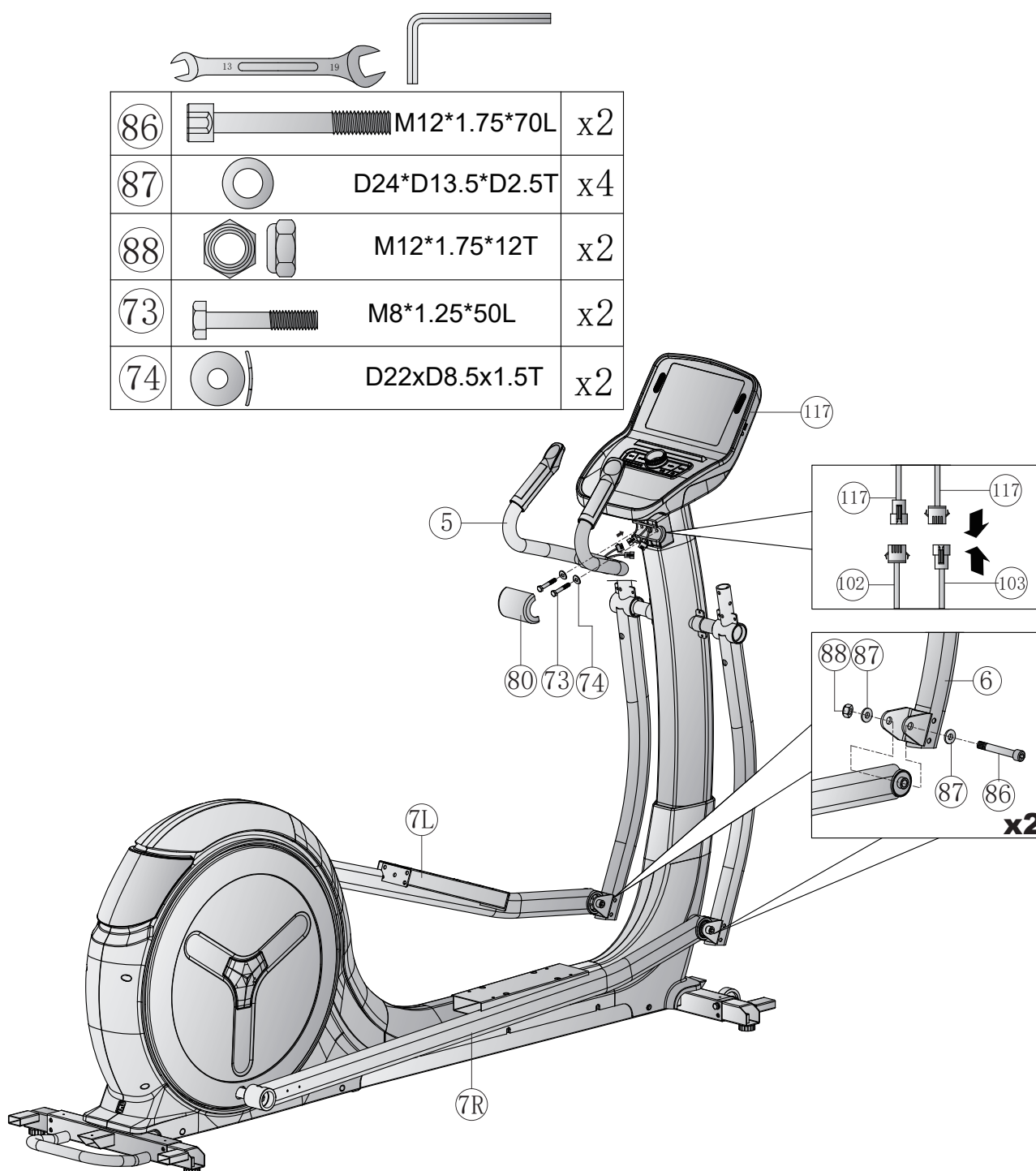
⑬		M8*1.25*15L	x4
⑫		D15.4*D8.2*2T	x4
⑪		D16*D8.5*1.2T	x4
⑰		M5*0.8*12L	x8
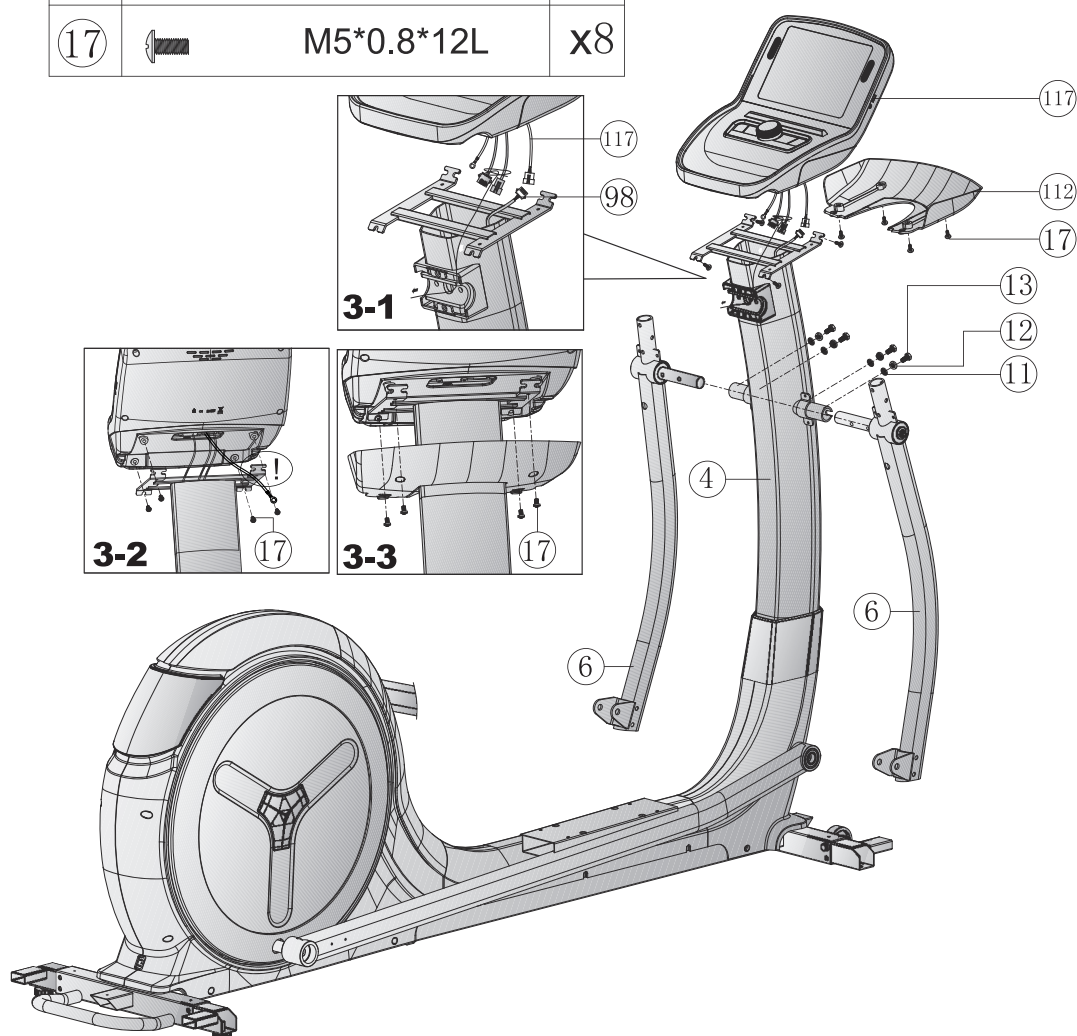
Step 4: Mounting the pedal rails and handlebar

1. Connect the cables (117 & 102) and the cables (117 & 103) with each other (see fig. 4-1).

2. Mount the handlebar (5) onto the console mast (4) with two hexagonal screws (73) and two curved washers (74). Place the cover (80) on the handlebar (5) above the screw connection.

3. Screw the left and right poles (6) together with the left and right pedal rails (7L & 7R), each with one hexagonal screw (86), two washers (87) and one locking nut (88) (see fig. 4-2).

|			
86	M12*1.75*70L		x2
87	D24*D13.5*D2.5T		x4
88	M12*1.75*12T		x2
73	M8*1.25*50L		x2
74	D22xD8.5x1.5T		x2

Step 5: Mounting the handles and pedals

1. Mount the right handle (10R) onto the right pole (6) with three hexagonal screws (73), three curved washers (74) and three locking nuts (20) (see fig. 5-1).

2. Mount the left handle (10L) onto the left pole (6) with three hexagonal screws (73), three curved washers (74) and three locking nuts (20) (see fig. 5-2).

3. Mount the pedals (91) onto the pedal rails (10r & 10L), each with four screws (96). Place the pedal pads (92) onto the pedals (91).

73		M8*1.25*50L	x6
74		D22xD8.5x1.5T	x6
20		M8*1.25*8T	x6
96		M6*1.0*15L	x8
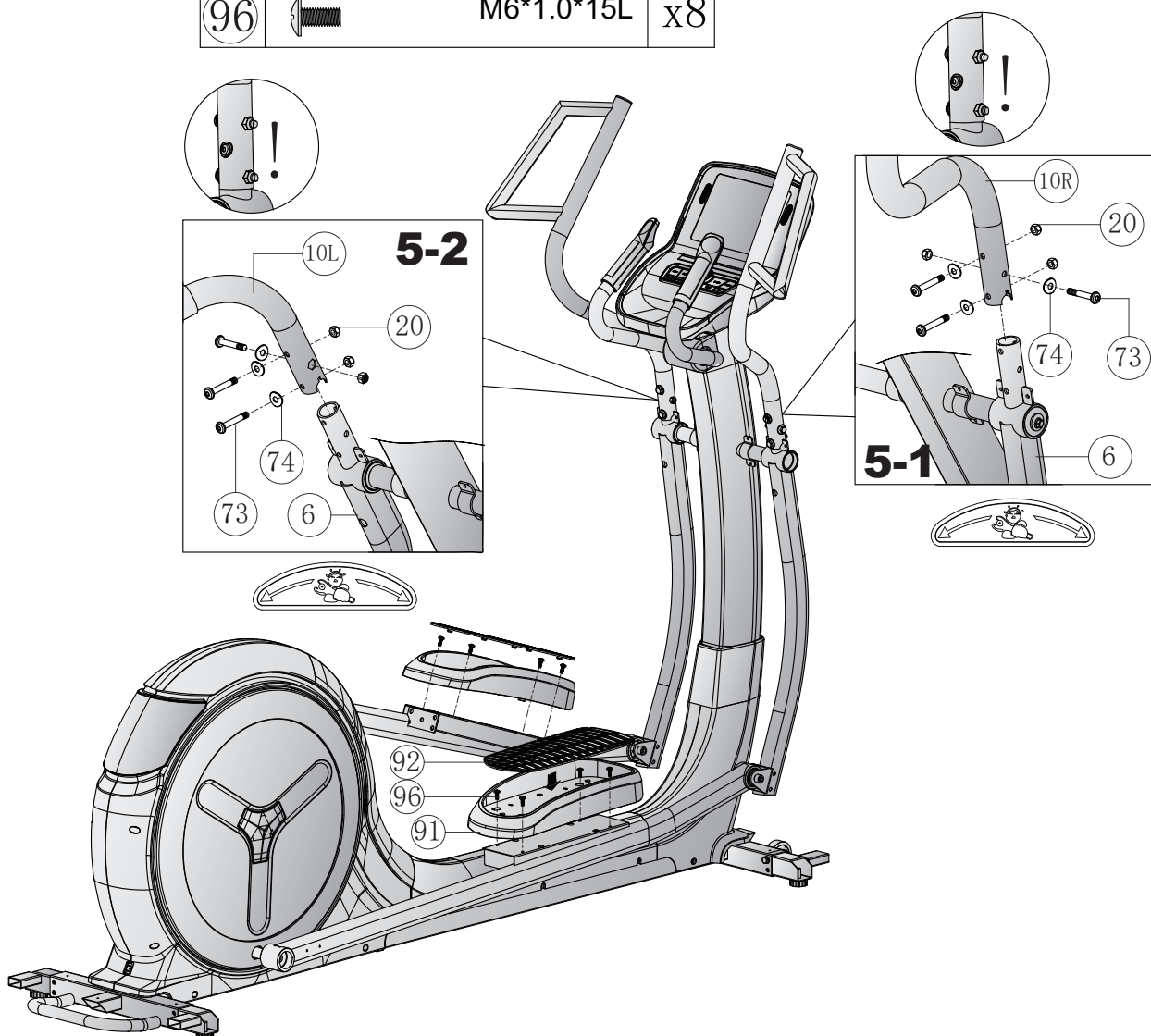
Step 6: Mounting the covers

1. Assemble the drink bottle holder parts (71 & 72) together and screw into place on the console mast (4) with four screws (64). Click the front drink bottle holder cover (70) onto the drink bottle holder (71) (see fig. 6-1).

2. Mount the pole covers (81 & 82) onto the left and right poles (6), each with three screws (64) (see fig. 6-2).

3. Mount the covers (84L & 84R) onto the pedal rails (10L & 10R), each with two screws (64) (see fig. 6-3).

4. Mount the left and right axial covers (89) onto the pedal rails (10L & 10R), each with two screws (17).

5. Mount the foot covers (16) onto the feet (2 & 3), each with three screws (17).

6. Now hand tighten all screws.
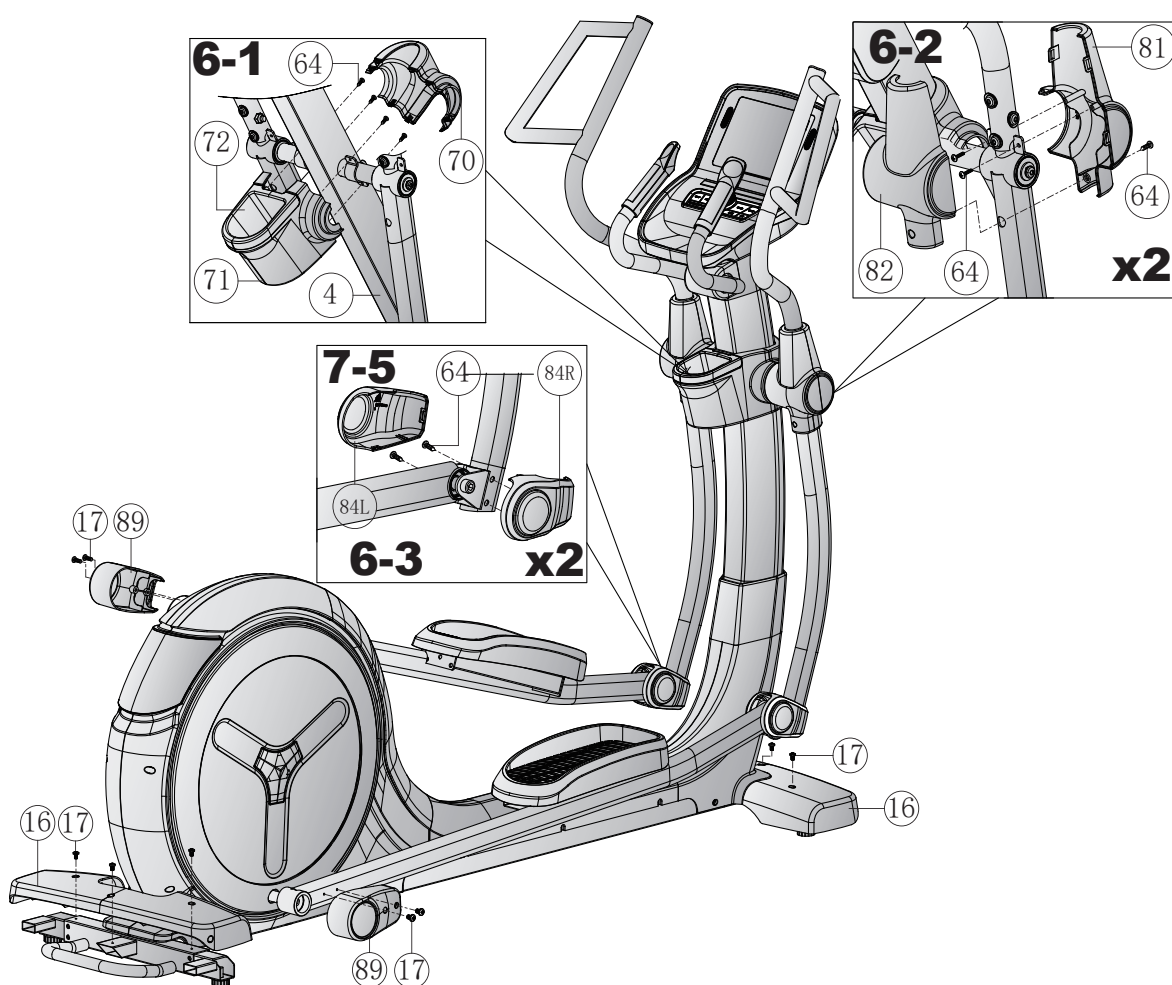
Step 7: Alignment of the feet

The crosstrainer can be stabilised on un-even surfaces with the adjustable feet.

1. Lift up the crosstrainer on one side to gain access to the adjustable feet underneath the frame.

2. Turn the screw clockwise to unscrew the foot, lifting the crosstraining at that point.

3. Turn the screw anti-clockwise to lower the crosstrainer at that point.
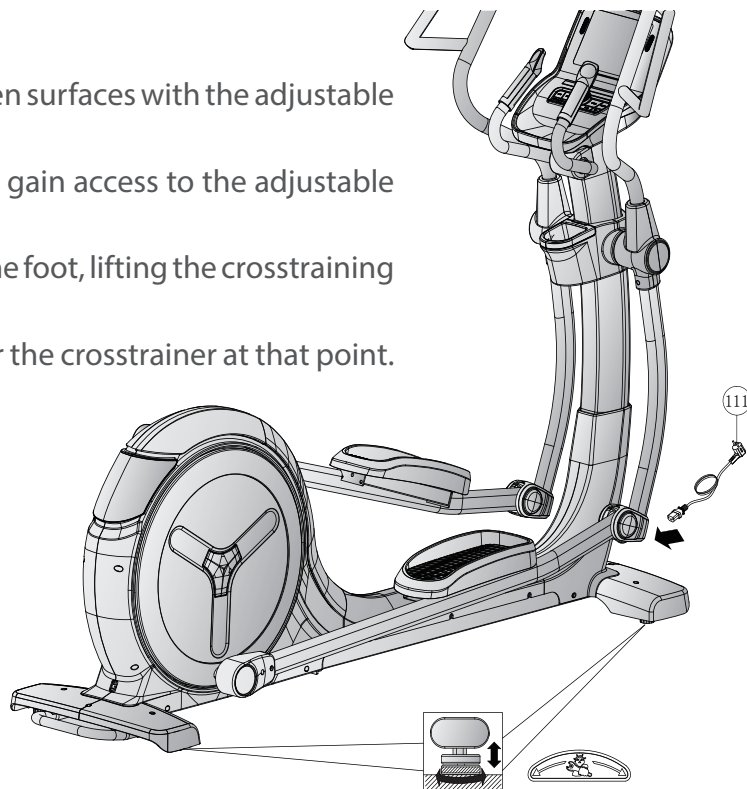
Step 8: Connecting the crosstrainer to the mains supply

► **ATTENTION**
   The crosstrainer should not be plugged into a power board, as it cannot be guaranteed that the crosstrainer will be supplied with sufficient power. This could also lead to technical errors occurring.

Firstly connect the power cord (111) to the crosstrainer and then plug it into the wall socket, making sure the electrical prerequisites covered in the chapter about electrical safety are met.

Correctly Getting On and Off

1. To get on, grip the handles with both hands and first step onto the left pedal with your left foot or onto the right pedal with your right foot and then place your foot onto the other pedal.

2. To get off, grip the handles with both hands and place one foot next to the equipment and then the other foot.

ⓘ **NOTICE**

+ Familiarise yourself with all the functions and setting options of the device before starting training. Have the proper use of this product explained to you by a specialist.

+ Always start your training with low intensity and increase evenly and gently. End your training with a cool-down phase. If you are unsure, please consult your physician.

3.1 Heart Rate Controlled Programmes

⚠ **WARNING**

Your training equipment is not a medical device. The heart rate measurement of this equipment may be inaccurate. Various factors can affect the accuracy of the heart rate measurement. The heart rate measurement serves only as a training aid.

3.2 Console Display

DISPLAY	DESCRIPTION
Level	+ Display of the current resistance level + Display range: 1–32
Time	+ Display of the training time in minutes + Display range: 00:00–999:59
Distance	+ Display of the training distance in km + Display range: 0.0–99.9
Calories	+ Display of the calories in kcal + Display range: 0–9999

Puls	+ Display of current heart rate + Display range: 40–220
Mets/Watt	+ Display of the MET or Watt value Definition: MET or metabolic equivalent is used to measure the average metabolic rate for a person. MET describes the quantity of oxygen that an average person needs when in rest. 1 MET = 3.5 ml/kg/min (The body consumes 3.5 milliliters of oxygen per kilogram per minute) is the amount of oxygen that the body needs when in rest. The more intensively the body works, the more oxygen is consumed and the higher the MET level. If you train at a level of seven METS, then you are working approximately 7 times harder than when in rest. Furthermore, you need 7 times as much oxygen than when in rest. + Training between three to six METs is seen as moderate physical activity. + Training at more than six METs is seen as strong physical activity.
Speed /RPM	+ Display of the current speed or the rotations per minute

3.3 Button Functions

BUTTON	DESCRIPTION
Encoder	+ Turn to increase or decrease setting values or the resistance level + Press to confirm the settings + Change between RPM and SPEED
FITNESS TEST	+ Press in main menu to get straight to the fitness test
PROGRAM	+ Press in main menu to get to the pre-set programmes
START	+ Start programme + Continue after pausing the programme
STOP	+ Pause programme + Press in paused programme to end the programme and get an overview of the collected training data + Press after an ended programme to get to the main menu

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ⓘ **IMPORTANT NOTE**

To ensure that your equipment has the latest software version, please perform an update before using it for the first time. Proceed as follows:

1. Tap "Settings" in the lower right corner of the screen.
2. Tap "Wireless" and connect your treadmill to the Internet.
3. Return to the settings.
4. Tap "System and Apps" and go to updates.
5. Tap "Update", to update the software.

Do not use or switch off the equipment during the update.

Check whether another update is available and carry it out as described above at regular intervals. If a new version is available, the display shows a white icon. Otherwise the icon will be grey.

3.4 Programmes

This equipment offers many different programmes. This includes: a quick start programme, target programmes, pre-set programmes, user-defined programmes, heart rate-oriented programmes and one fitness test.

3.4.1 Quick Start

When you are in the main menu, simply press START to start a training session via quick start. Alternatively you can also tap on „QUICK START" in the main menu.

3.4.2 Target programmes

1.   Tap on „GOAL" in the main menu.
2.   Choose either time, distance or calories as your target unit.

ⓘ **NOTICE**
     You can only choose one unit.

3.   Set a value for your desired target unit.
4.   Press START to start the programme.

The resistance level can be adjusted manually during your training.

5.   Press the STOP button to pause your training.

The resistance level is set to 0.

5.1. Press STOP again to end your training and an overview of the collected training data will be displayed.
5.2. Press START to continue with your training.

3.4.3 Pre-set programmes

1.   Tap on „PROGRAM" in the main menu.
2.   Enter your gender, age, weight and the desired training time and press Next.
3.   Choose one of the pre-set programmes.
4.   Press START to start the programme.

The resistance level can be adjusted manually during your training.

5.   Press the STOP button to pause your training.

The resistance level is set to 0.

5.1. Press STOP again to end your training and an overview of the collected training data will be displayed.
5.2. Press START to continue with your training.

Programme		Setting time / 30 = time for each section														
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
P1	LEVEL	2	2	4	4	3	3	4	3	5	4	2	2	5	5	3
P2	LEVEL	2	2	5	5	4	4	6	4	6	4	2	2	4	4	2
P3	LEVEL	2	2	5	5	4	4	5	4	5	4	2	2	3	3	2
P4	LEVEL	3	3	6	6	7	7	5	8	5	9	6	6	4	4	3
P5	LEVEL	3	3	6	6	7	7	5	8	6	7	6	6	4	4	3
P6	LEVEL	5	5	11	11	9	9	7	8	12	10	8	8	7	7	6
P7	LEVEL	5	5	9	9	10	10	7	7	10	7	5	5	7	7	5
P8	LEVEL	5	5	7	7	9	9	11	10	11	9	5	5	6	6	5
P9	LEVEL	5	5	7	7	8	8	8	9	8	9	6	6	6	6	5
P10	LEVEL	5	5	6	6	8	8	6	6	8	8	9	9	6	6	6
P11	LEVEL	7	7	11	7	7	11	7	7	11	7	7	11	7	7	11
P12	LEVEL	7	7	10	10	10	12	12	12	15	15	15	17	17	20	20
P13	LEVEL	7	7	7	10	10	10	12	12	12	15	15	15	17	17	17
P14	LEVEL	7	7	7	10	10	10	15	15	15	17	17	20	20	20	20
P15	LEVEL	7	7	7	7	12	12	12	12	12	15	15	15	15	15	17
P16	LEVEL	7	7	7	10	10	12	15	17	20	20	17	15	12	10	10
P17	LEVEL	8	11	16	21	21	13	8	8	11	16	21	21	13	8	8
P18	LEVEL	8	11	13	18	21	8	11	13	18	21	8	11	13	18	21
P19	LEVEL	8	21	18	13	11	8	8	21	18	13	11	8	8	21	18
P20	LEVEL	13	21	21	13	21	21	13	21	21	13	21	21	13	21	21
P21	LEVEL	13	21	13	21	13	21	13	21	13	21	13	21	13	21	13
P22	LEVEL	8	8	11	11	16	16	16	18	18	21	23	21	18	18	18
P23	LEVEL	14	14	23	23	20	20	23	20	23	20	23	23	17	17	14
P24	LEVEL	17	17	26	26	23	25	23	26	23	27	26	26	20	20	20
P25	LEVEL	20	20	26	26	25	25	23	26	26	25	26	26	23	23	17
P26	LEVEL	14	14	26	26	26	26	23	23	26	25	23	23	20	20	17
P27	LEVEL	14	14	26	26	25	25	20	20	25	20	17	17	20	20	14
P28	LEVEL	21	21	15	15	24	27	27	26	27	27	24	21	18	18	15
P29	LEVEL	15	24	27	27	18	21	18	21	24	27	18	18	18	18	15
P30	LEVEL	18	24	18	18	24	24	21	21	24	18	27	27	18	21	18
P31	LEVEL	18	18	24	24	27	27	27	28	24	26	24	27	21	21	15
P32	LEVEL	15	21	24	21	24	24	27	32	27	21	18	15	18	18	21
P31	LEVEL	18	18	24	24	27	27	27	28	24	26	24	27	21	21	15
P32	LEVEL	15	21	24	21	24	24	27	32	27	21	18	15	18	18	21

Programme		Setting time / 30 = time for each section													
		16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
P1	LEVEL	3	2	2	4	4	5	5	5	6	5	6	3	3	3	3
P2	LEVEL	2	2	2	4	4	6	6	8	7	8	6	2	2	3	3
P3	LEVEL	2	2	2	4	4	5	5	5	6	5	6	3	3	3	3
P4	LEVEL	3	4	4	2	2	6	6	8	6	3	2	6	6	2	2
P5	LEVEL	3	2	2	5	5	5	5	4	4	6	4	2	2	3	3
P6	LEVEL	6	7	7	5	5	7	7	9	11	10	11	9	9	5	5
P7	LEVEL	5	6	6	8	8	7	7	7	6	7	6	5	5	5	5
P8	LEVEL	5	6	6	8	8	7	7	7	6	7	6	5	5	5	5
P9	LEVEL	5	6	6	7	7	7	7	6	8	8	9	6	6	6	6
P10	LEVEL	6	7	7	6	6	7	7	7	6	7	5	6	6	5	5
P11	LEVEL	7	7	11	7	7	11	7	7	11	7	7	11	7	7	11
P12	LEVEL	20	20	17	17	15	15	15	12	12	12	10	10	10	7	7
P13	LEVEL	20	20	20	22	22	22	20	20	20	17	17	17	15	15	15
P14	LEVEL	20	20	20	20	17	17	15	15	15	10	10	10	7	7	7
P15	LEVEL	17	17	17	17	20	20	20	20	20	20	15	15	15	15	15
P16	LEVEL	10	10	12	15	17	20	20	17	15	12	10	10	7	7	7
P17	LEVEL	11	16	21	21	13	8	8	11	16	21	21	13	8	8	11
P18	LEVEL	8	11	13	18	21	8	11	13	18	21	8	11	13	18	21
P19	LEVEL	13	11	8	8	21	18	13	11	8	8	21	18	13	11	8
P20	LEVEL	13	21	21	13	21	21	13	21	21	13	21	21	13	21	21
P21	LEVEL	21	13	21	13	21	13	21	13	21	13	21	13	21	13	21
P22	LEVEL	18	18	18	21	23	21	18	18	16	16	16	11	11	8	8
P23	LEVEL	14	17	17	23	23	26	26	26	27	23	25	23	26	20	12
P24	LEVEL	20	14	14	26	26	26	26	23	23	26	25	26	23	20	20
P25	LEVEL	17	20	20	14	14	23	26	26	25	26	26	23	20	17	17
P26	LEVEL	17	14	14	14	23	23	23	20	20	26	20	14	14	17	17
P27	LEVEL	14	20	20	23	23	26	26	26	26	26	28	26	26	26	17
P28	LEVEL	15	24	24	18	18	21	21	21	18	21	15	24	24	15	15
P29	LEVEL	15	21	21	18	18	21	18	24	21	15	15	24	24	18	18
P30	LEVEL	15	18	18	21	21	18	18	21	18	24	21	15	15	15	12
P31	LEVEL	15	21	21	24	24	27	27	27	28	28	29	27	27	27	18
P32	LEVEL	21	18	18	30	30	29	29	30	29	30	29	29	29	18	18
P31	LEVEL	15	21	21	24	24	27	27	27	28	28	29	27	27	27	18
P32	LEVEL	21	18	18	30	30	29	29	30	29	30	29	29	29	18	18

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3.4.4 User-defined programmes

1. Tap on „USER PROGRAM" in the main menu.

2. Choose one of the four user profiles (U1-U4).

ⓘ **NOTICE**
    The chosen user profile will be displayed on the upper border of the screen. The name of the user profile can be changed. To do this, simply tap on the user profile and type in the desired name.

3. Enter your gender, age, weight and the desired training time.

4. Set the desired speed and incline for all the 30 segments.

5. Press START to start the programme.

The resistance level can be adjusted manually during your training.

6. Press the STOP button to pause your training.

The resistance level is set to 0.

6.1. Press STOP again to end your training and an overview of the collected training data will be displayed.

6.2. Press START to continue with your training.

3.4.5 Heart rate-oriented programmes

⚠ **WARNING**
Your training equipment is not a medical device. The heart rate measurement of this equipment may be inaccurate. Various factors can affect the accuracy of the heart rate measurement. The heart rate measurement serves only as a training aid.

There are three different heart rate-oriented programmes. Either choose one of the pre-set target heart rates (60% or 80% of your maximum heart rate) or choose „Target HR" to set a target heart rate yourself. Your maximum heart rate is calculated depending on your age. We recommend a chest strap for these programmes.

1. Tap on „HRC" in the main menu.
2. Enter your gender, age, weight and the desired training time.
3. Choose either 60%, 80% or Target HR.
3.1. If you have chosen Target HR you will be able to set the target value yourself (between 72-168).
4. Press the START-button to start the programme.
5. Put your hands around the hand pulse sensors or use a chest stap.

ⓘ **NOTICE**
In case the console does not receive a signal for 15 seconds the programme will be stopped.

6. Press the STOP-button to pause your training.

The resistance level is set to 0.

6.1. Press the STOP-button again to end your training and an overview of the collected training data will be displayed.
6.2. Press the START-button to continue with your training.

3.4.6 Watt programme

1. Tap "WATT MODE" in the main menu.
2. Set your desired target wattage and training time.

ⓘ **NOTICE**
   You can set a wattage value between 10 and 350 watts (in increments of 10). The default value is 120.

   You can enter the training time between 5 and 999 minutes. The default value is 20 minutes.

3. To start the programme, press START.

The upper left corner of the screen shows the target wattage.

The upper right corner of the screen shows the current wattage.

The target wattage can be adjusted in increments of 5 during the programme by tapping WATT - / WATT +.

The resistance cannot be adjusted manually, but is automatically adjusted according to the target wattage and RPM.

4. To pause the programme, press STOP.
5. To end the programme, press STOP once again.
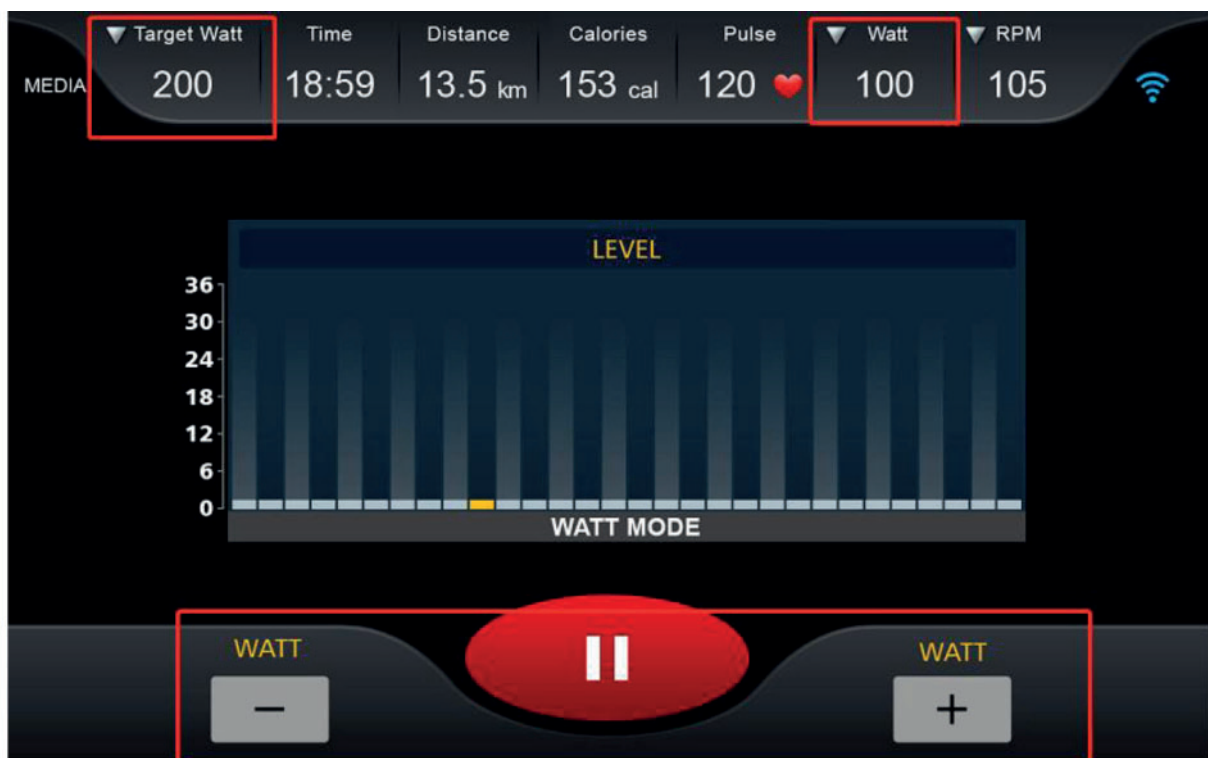
3.5 Fitness Test

The fitness test consists of two phases. One is the warm up phase and the other is the actual fitness test. We recommend a chest strap for this test.

ⓘ **NOTICE**
The RPM must be between 45 - 65 during the test, otherwise an error message will be displayed. If the RPM does not reach the specified amount within 5 seconds, the test will be stopped.

1. Tap on „FITNESS TEST" in the main menu.

2. Enter your gender, age and weight.

3. Press START to start the fitness test.

The warm up phase will start.

ⓘ **NOTICE**
We recommend to use this phase if you have not done a warm up beforehand. Otherwise the warm up phase can be skipped by tapping on „SKIP WARM UP".

4. Put your hands around the hand pulse sensors or use a chest strap.

ⓘ **NOTICE**
In case the console does not receive a signal for 15 seconds the programme will be stopped. If your heart rate gets to high the console will display „OVER PULSE". In this case, please interrupt your test immediately.

Upon completion of the test an overview of the collected training data will be displayed.

Workout Summary			
Time	30:00	Avg. Speed	10.0 km/h
Distance	10.5 km	Avg. Incline	10 %
Calories	123 kcal	Avg. Mets	10
VO2 Max Excellent 70.7		Avg. Pulse	120 bpm

3.6 Media

Here you will find many different apps like YouTube, Twitter, Facebook or Instagram.

IMPORTANT NOTE

To ensure the pre-installed apps are working correctly, they must be updated regularly. If needed, the respective app will notify you to do so. To update the app, you need a google account. A google email is sufficient. Just follow the instructions on the screen to perform the update.
Please note: The system is set up only for the pre-installed apps. Do not install any additional apps as their proper functionality can not be guaranteed. The installation of other apps might cause technical issues.

This menu can be opened in two ways:
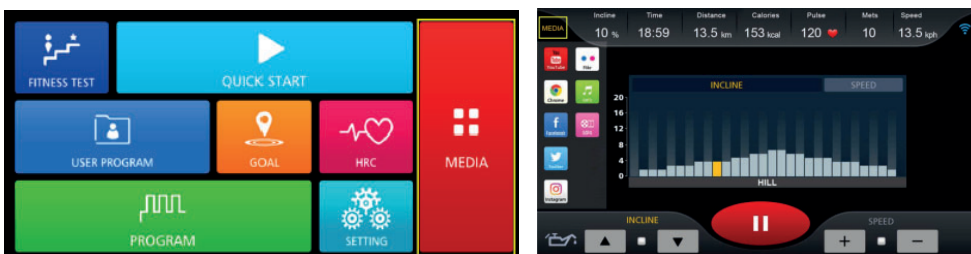
1. Via the main menu by tapping on "MEDIA" or
2. Via the the training interface (in the upper left corner of the screen).

ⓘ **NOTICE**
You can show and hide the training interface by tapping on the round icon on the right edge of the screen. To adjust the volume simply tap on the speaker icon.
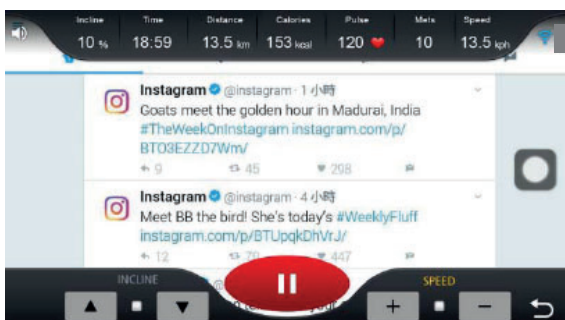
You can transmit music and video data from your USB stick to the console. To do this insert your USB stick into the corresponding slot on the side of the console.

Supported formats:

Music:. wav, .wma, .aac, .ogg, .mp3 und .flac.
Video: .mp4 und .avi.

Settings

Under "SETTINGS" in the main menu, you can make your system settings. This includes:
Language, screen brightness and volume.
Wireless Technology: You can connect your mobile device and wireless speakers with the console.
Wireless: Here you can connect the console with the internet.

3.7 Wireless Technology and Fitness Apps

This console is equipped with a wireless technology interface. Please take note that your mobile device needs to be compatible with the wireless technology interface of the treadmill.

To use training apps you will have to activate the wireless technology function on your mobile device (tablet or smart phone) and start the fitness app. Select your fitness equipment. Please follow the instructions given in the app. You will find the name of your fitness euqipment on a small sticker on the back of the console.

You will find the fitness apps in the app stores of Google or Apple. There you will find the apps "Kinomap" or "Zwift". Please note that these apps are produced by an external manufacturer. Fitshop does not take any responsibility regarding the availability, functionality or contents of these programmes.

IMPORTANT NOTE

The pre-installed apps are produced and provided by external manufacturers. Changes and availability within these apps might occur. Fitshop does not take any responsibility and can not be held liable for the availability, functionality or contents of these apps. To make sure the pre-installed apps are working correctly, they must be updated regularly. If needed, the respective app will notify you to do so. To update the app, you need a google account. A google email is sufficient. Just follow the instructions on the screen to perform the update.
Please note: The system is set up only for the pre-installed apps. Do not install any additional apps as their proper functionality can not be guaranteed. The installation of other apps might cause technical issues.
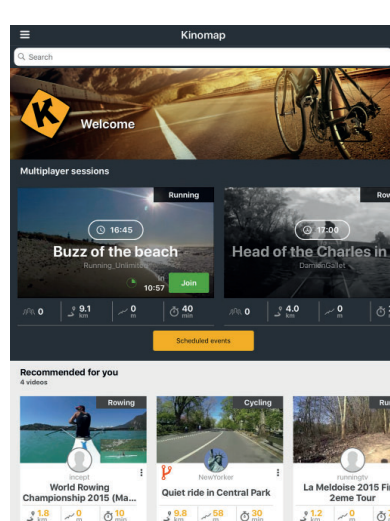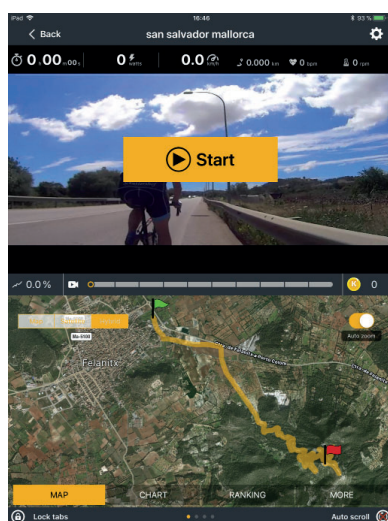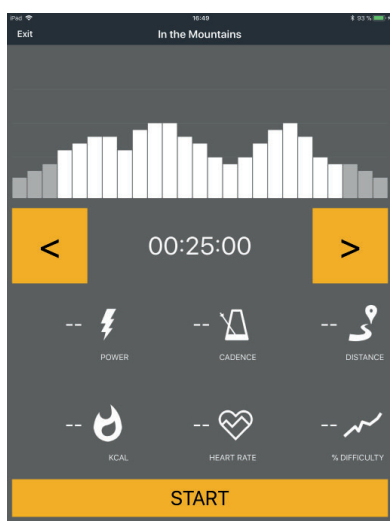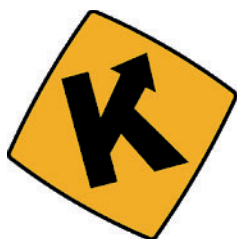
Example: Kinomap

4.1 General Instructions

⚠ **WARNING**
- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.

► **ATTENTION**
- + Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 10°C and 35°C.

4.2 Transportation Wheels

► **ATTENTION**
If you want to transport your equipment over particularly sensitive and soft floor coverings, such as parquet, planks or laminate, lay out the transport route with cardboard or similar to avoid possible floor damage.

1. Stand behind the equipment and lift it until the weight is transferred to the transportation wheels. After that, you easily can move the equipment to a new position. For long transport distances the equipment should be disassembled and safely packed.

2. Select the new location by following the instructions in the section 1.4 of this manual.
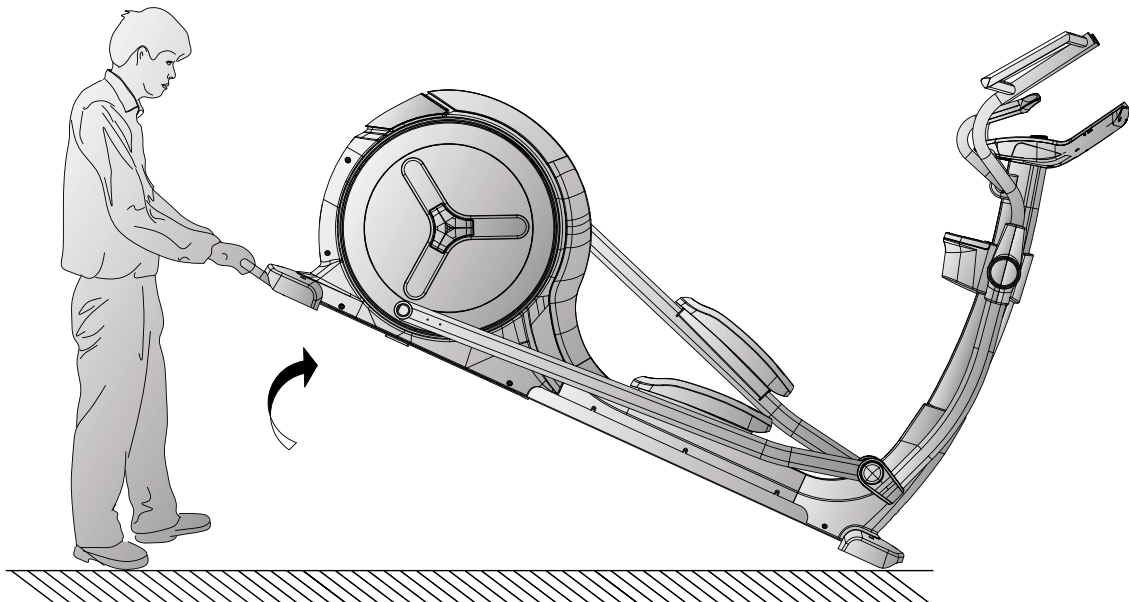
5.1 General Instructions

⚠ **WARNING**
+ Do not make any improper changes to the equipment.

⚠ **CAUTION**
+ Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

► **ATTENTION**
+ In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

5.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

Fault	Cause	Solution
Drive disks wobble/ make noises	Drive disk loose	Tighten nut (pay attention to left-hand / right-hand thread)
Display is blank/is not working	Loose cable connections	Check cable connections
Equipment wobbles	Equipment is not level	Align the feet
Creaking noises on the stepping area	Loose screws on stepping area	Tighten the screws on the stepping area
Creaking noises	Screw connections loosened or too tight	Check screw connections
Squeaking noises on the guide rails	Guide rails or rollers dirty or guide rails dry	Clean the guide rails and then lubricate them with a suitable lubricant

| No pulse display | + Sources of interference in the room
+ unsuitable chest strap
+ Wrong position of chest strap
+ Chest strap defective or battery empty
+ Pulse display defective | + Eliminate sources of interference (e.g. mobile phone, WLAN, lawn mower and vacuum cleaner robot, etc. ...)
+ Use a suitable chest strap (see "RECOMMENDED ACCESSORIES").
+ Reposition chest strap and/or moisten electrodes
+ Changing batteries
+ Check if pulse display by hand pulse possible |

5.3 Error Codes and Troubleshooting

The electronics of the equipment continuously carries out tests. In case of deviations, an error code appears on the display and normal operation is stopped for your safety.

Please contact the contract partner for technical support.

5.4 Maintenance and Inspection Calendar

To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

The following routine tasks must be performed at the specified intervals:

Part	Weekly	Monthly	Quarterly
Display console	C	I	
Slide rails*		C	
Lubrication of slide rails and moving parts*			I
Plastic covers	C	I	
Screws and cable connections		I	
Legend: C = clean; I = inspect			

*Make sure to always clean the slide rails and moving parts before re-lubricating.

By scanning the QR code with the camera function or QR code scanner app of your smartphone/tablet, a video on general maintenance of a crosstrainer opens on YouTube. The video serves to illustrate the maintenance points described in this manual.

Please note that the video may not be available in your language or with appropriate subtitles.

If you cannot scan QR codes, you can access all Fitshop videos on YouTube by first opening YouTube and entering "Fitshop" in the search field.

6 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an electricals recycling centre. Further information can be obtained from your local authority's recycling service.

The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. For elliptical cross trainers this could for example be a **floor mat**, which makes your fitness equipment stand more securely and also protects the floor from sweat or **silicone spray** to keep moving parts in good shape.

If you have purchased a fitness machine with pulse training and want to train your heart rate, we strongly recommend that you use a compatible **chest strap**, as this ensures optimum transmission of the heart rate.

Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Alternatively, you can use the QR code provided. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!

chest strap

chest strap contact gel

floor mat

silicone spray

8.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 10 of this operating manual.

ⓘ **NOTICE**
The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.
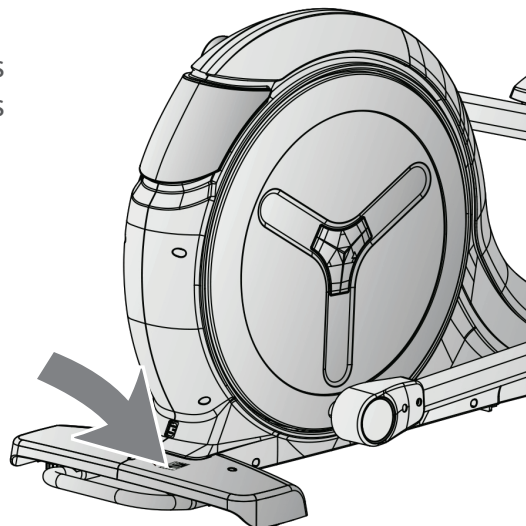
Enter the serial number in the appropriate field.

Serial number:

Brand / Category:

Taurus / Crosstrainer

Model Name:

X9.9 Touch

Article Number:

TF-X99-TFT

8.2 Parts List

No.	Name	Supplier Parts No.	Specification	Qty.
1	main frame	749S0-3-1000-J1		1
2	front stabilizer	749S0-3-2100-J1		2
3	rear stabilizer	749S0-3-2112-J1		2
4	handlebar post welding	749S0-3-2000-J1		1
5	handlebar welding	749S0-3-2400-J0		1
6	supporting tube for movable handlebar	749S0-3-3700-J0		2
7R	right pedal bottom tube welding set	749S0-3-3811-J1		1
7L	left pedal bottom tube welding set	749S0-3-3810-J1		1
8	crank welding set	749S0-3-2700-J0		2
9	ideal wheel	747S0-3-1600-00		1
10R	left dipped foam	58015-6-1396-B1	D38*4T	1
10L	right dipped foam	58015-6-1397-B1	D38*4T	1
11	flat washer	55108-1-1612-FA	D16*D8.5*1.2T	24
12	spring washer	55108-2-1520-FA	D15.4 XD8.2x2T	24
13	hex bolt	50108-5-0015-F0	M8*1.25*15L	24
14	adjustable wheel	26000-6-1095-B0	D38*M10*1.5	5
15	hex nut	55210-2-2008-FA	M10*1.5*8T	5
16	cover for rear stabilizer	734S0-6-2186-B0	600*190.2*79.4	2
17	cross screw	52605-5-0012-F0	M5*0.8*12L	36
18	moving wheel	26100-6-1087-B0	D65*24	2
19	allen bolt	50308-5-0040-F3	M8*1.25*40L	2
20	anti-loose nut	55208-1-2008-FA	M8*1.25*8T	9
21	flat washer	55110-1-2020-NA	D20*D11*2t	1
22	c-clip	55517-1-0010-00	S-17(1T)	1
23	waved washer	55117-5-2203--DA	D17*D22*0.3T	3
24	bearing	58006-6-1026-01	6203-2RS	2
25	flat washer	55108-1-2830-NA	D28*D8.5*3T	1
26	hex nut	55208-2-2006-NA	M8*1.25*6T	1
27	hex bolt	50108-5-0030-C4	M8*1.25*30L	1
28	plastic flat washer	55110-1-5010-BF	D50*D10*1.0T	1

29	anti-loose nut	55206-1-2006-CA	M6x1.0x6T	2
30	hex bolt	50106-2-0075-N0	M6*75L	1
31	fix plate	815G0-6-1673-N0	20*27*4T	2
32	allen screw	54006-5-0015-D0	M6*1.0*15L	6
33	hex nut	55206-2-2005-NA	M6*1*5T	2
34	bearing	58006-6-1057-00	#6205ZZ,NBK	2
35	allen bolt	54010-8-0065-F6	M10*1.5*65L	2
36	hex nut	55210-A-2008-FA	M10*1.5*8T	4
37	spacer	75000-6-2781-01	D29.5*D25.2*9T	1
38	hex bolt	50108-2-0020-U0	M8*1.25*20L	4
39	flat washer	55108-1-2115-CA	D21*D8.5*1.5T	2
40	sleeve	747S0-6-2707-00	D30*D25.2*45L	1
41	poly belt	58004-6-1115-00	540 PJ8	1
42	pulley Wheel	58008-6-1036-D0	D350*29.9*3T	1
43	hex bolt	50108-5-0020-C0	M8x1.25x20L	4
44	anti-loose nut	55208-1-2008-CA	M8*1.25*8T	4
45	fixing nut	75000-6-2807-N0	M25*1.5*32*6T	2
46	allen bolt	54006-5-0010-F0	M6*1.0*10L	2
47	flat washer	55106-1-2820-FA	D28*D6.5*2T	2
48	C-key	75000-6-3107-01	8*7*20L	2
49	flat washer	55126-1-3420-FA	D34*D26*2.0T	1
50	crank axle welding set	747S0-3-2903-01		1
51	electric magnetic system	747S0-3-3102-01	D265*153*50	1
52	system connect cable	820S0-6-3177-00	350L	1
53	flat washer	55106-1-1310-NA	D13*D6.5*1.0T	4
54	spring washer	55106-2-1013-NA	D10.5*D6.1*1.3T	4
55L	left cover	747B2-6-4501-B0	734.4*878.2*98.1	1
55R	right cover	747S0-6-4502-B0	734*878.2*105.2	1
56L	front decorative cover (left)	749S0-6-4523-B0	349.1*373.2*101.2	1
56R	front decorative cover (right)	749S0-6-4546-B0	349.1*373.2*98.2	1
57	front decoration cover	747S0-6-4523-B20	168.9*175.2*170.8	1
58	upper chain cover	749S0-6-4509-B0	455.7*175.2*96.1	1
59	upper decorative cover	749S0-6-4520-B0	639*313*175.6	1
60	round cover	747S0-6-4506-B0	D632.9*36.7	2
61	side cap	747S0-6-4582-C0	148*130.3*16.1	2

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62	upper protective cover	734S0-6-4580-B0	170*147*125.5	1
63	front foot cap	749S0-6-3775-B0	784.9*144.6*142.4	1
64	cross screw	52842-2-0015-F0	ST4.2*15L	52
65	pin	71600-6-4586-60	D6*26.5*7.7	4
66	buffer	55308-4-0020-G9	D10.5*20L	2
67	movable axle	747S0-6-3771-N0	D25*180.5L	2
68	flat washer	55108-1-2520-FA	D25*D8.5*2T	2
69	buffer	739S0-6-1081-B0	D27*D8.2*2.5T	2
70	water bottle holder(front)(black)	749S0-6-2091-B0	189*154.2*67.9	1
71	water bottle holder(rear)(black)	749S0-6-2092-B0	203.1*189*157.4	1
72	water bottle holder	747S0-6-2074-B0	113*138.3*120.5	1
73	hex bolt	50108-5-0050-F3	M8*1.25*50L	8
74	curved washer	55108-3-2215-FA	D22xD8.5x1.5T	8
75	upper handle pulse cover	747S0-6-2517-B0	184.5*20.8*50	2
76	lower handle pulse cover	747S0-6-2518-B0	184.5*35.2*50	2
77	cross screw	54203-2-0030-F0	M3*0.5*30L	4
78	cross screw	54203-2-0012-F0	M3*0.5*12L	2
79	front handlebar protective cover	734S0-6-3780-B0	100*77.1*42	1
80	rear handlebar protective cover	734S0-6-3781-B0	97.2*75*42	1
81	front handlebar protective cover(black)	747S0-6-3780-B0	240.5*127.8*59	2
82	rear handlebar protective cover(black)	747S0-6-3781-B0	240.5*127.8*50	2
83	bearing	58006-6-1017-00	#6004ZZ	8
84L	front foot cover(left)	747S0-6-3775-B0	152.3*91.1*46.7	2
84R	front foot cover(right)	747S0-6-3776-B0	152.3*91.1*60	2
85	sleeve(2)	747S0-6-2788-00	D25.4*D20.2*44L	2
86	allen screw	50412-8-0070-F4	M12*1.75*70L	2
87	flat washer	55112-1-2425-FA	D24*D13.5*D2.5T	4
88	anti-loose nut	55212-1-2012-FA	M12*1.75*12T	2
89	front pedal axle cover	747S0-6-3880-B0	182.4*95.7*67.6	2
90	short axle	749S0-6-3890-00	D25*16L	2
91	pedal	58029-6-1147-B0	434.2*210.7*84	2
92	pedal pad	75000-6-3896-B0	379*168.5*5T	2
93	bearing	58006-6-1031-00	#2203-2RS	2

94	C-clip	55540-3-0018-D0	S-40(1.8T)	2
95	bushing	58002-6-1109-UC0	D25*D20*5.5L	4
96	cross screw	52606-2-0015-F0	M6*1*15L	8
97	upper computer cable	734S5-6-2572-00	300L	1
98	middle computer cable	734S5-6-2587-00	1000L	1
99	lower computer cable	749S2-6-2573-00	2050L	1
100	sensor cable	815G0-6-2576-00	450L	1
101	round magnet	742G0-6-2574-00		1
102	quick key lower cable(1)	734S5-6-2544-00	850L	1
103	quick key lower cable(2)	734S5-6-2536-00	850L	1
105	control board	734S5-6-2597-00	PA-AE00550, EMS	1
106	power supplier	261D8-6-2411-00		1
107	socket	26100-6-2413-00		1
108	live wire	734S0-6-3480-00	150L	1
109	neutral wire	734S0-6-3479-00	150L	1
110	ground line	734S0-6-3486-00	200L	3
111	electric cable	26100-6-1775-02	1700L	1
112	back computer cover	747S0-6-2529-B0	337.6*225.5*58.4	1
113	screw	51004-2-0010-F0	ST4*1.41*10L	2
115	Membrane keyboards(+)	744S4-6-2533-00	D39	1
116	Membrane keyboards(-)	744S4-6-2534-00	D39	1
117	computer set	749S2-6-2501-B0	AC00511	1
120	allen spanner	58030-6-1031-N1	M6	1
121	spanner	58030-6-1039-C1	188*6.5T	1
122	allen spanner	58030-6-1033-N0	M10	1
123	allen bolt	50106-5-0015-C0	M6x1.0x15L	2
124	housing buckle	749S0-6-4574-B0	30*27*7.5	1
125	live wire	749S2-6-3480-00	1800L	1
126	neutral wire	749S2-6-3479-00	1800L	1
127	snakeskin pipe	749S2-6-3483-00	D10*1750	1

X9.9 Touch

8.3 Exploded Drawing
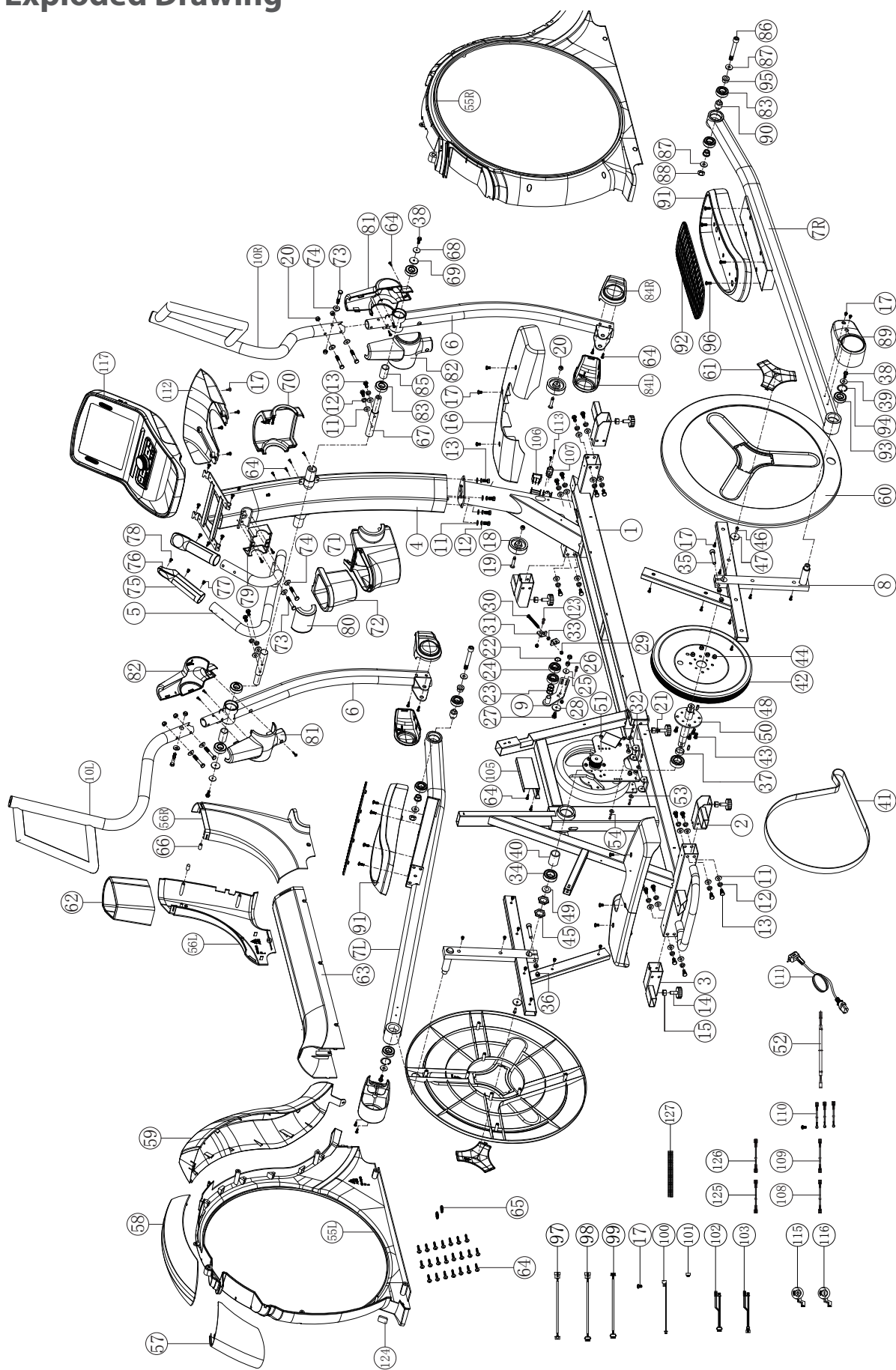
Products from TAURUS® are subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

Error Descriptions
Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

Your statutory rights are not affected.

Warrantee
The warrantee is the first/original buyer and/or any person who received a newly purchased product as a gift from the original buyer.

Warranty period
The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Repair Costs
According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warrantee personally and are not a part of repair. After the expiration of the warranty period, the responsibility for parts costs, repair costs, installation costs and delivery costs lies with the warranty holder.

The terms of use are defined as follows:
+ Home use: solely for private use in private households up to 3 hours per day
+ Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
+ Professional use: more than 6 hours per day (e. g. commercial gyms)

Warranty Service
Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

Warranty Conditions

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

Warranty claims are invalid in case of damage resulting from:
+ misuse or improper handling
+ environmental influences (moisture, heat, electrical surge, dust, etc.)
+ failure to follow the current safety measures for the equipment
+ failure to follow the operating instructions
+ use of force (e. g. hitting, kicking, falling)
+ interventions which were not carried out by one of our authorized service centres
+ unauthorised repair attempts

Proof of Purchase and Serial Number

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.

Service outside of the Warranty Period

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

Communication

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

DE	DK	UK

DE

TECHNIK

📞 +49 4621 4210-900

📠 +49 4621 4210-698

✉ technik@fitshop.de

🕐 Öffnungszeiten entnehmen Sie unserer Homepage.

SERVICE

📞 0800 20 20277 (kostenlos)

📞 04621 4210 - 0

✉ info@fitshop.de

🕐 Öffnungszeiten entnehmen Sie unserer Homepage:
https://stg.fit/statita

DK

TEKNIK OG SERVICE

📞 80 90 16 50
+49 4621 4210-945

✉ info@fitshop.dk

🕐 Åbningstider kan findes på hjemmesiden:
https://stg.fit/statit7

UK

CUSTOMER SUPPORT

📞 00800 2020 2772
+494621 4210 944

✉ info@fitshop.co.uk

🕐 You can find the opening hours on our homepage:
https://stg.fit/statitc

FR	BE

FR

TECHNIQUE & SERVICE

📞 +33 (0) 189 530984
+49 4621 42 10 933

✉ info@fitshop.fr

🕐 Vous trouverez les heures d'ouverture sur notre site Internet:
https://stg.fit/statit4

BE

TECHNIQUE & SERVICE

📞 02 732 46 77
+49 4621 4210 933

✉ info@fitshop.be

🕐 Vous trouverez les heures d'ouverture sur notre site Internet:
https://stg.fit/statit8

ES	NL	INT

ES

TECNOLOGÍA Y SERVICIOS

📞 911 238 029

✉ info@fitshop.es

🕐 Consulta nuestro horario de apertura en la página web:
https://stg.fit/statit5

NL

TECHNISCHE DIENST & SERVICE

📞 +31 172 619961

✉ service@fitshop.nl

🕐 De openingstijden vindt u op onze homepage:
https://stg.fit/statit3

INT

TECHNICAL SUPPORT & SERVICE

📞 +49 4621 4210-944

✉ service-int@fitshop.de

🕐 You can find the opening hours on our homepage:
https://stg.fit/statita

PL	AT	CH

PL

DZIAŁ TECHNICZNY I SERWIS

📞 22 307 43 21
+49 4621 42 10-948

✉ info@fitshop.pl

🕐 Godziny otwarcia można znaleźć na stronie głównej:
https://stg.fit/statit6

AT

TECHNIK & SERVICE

📞 0800 20 20277 (Freecall)
+49 4621 42 10-0

✉ info@fitshop.at

🕐 Öffnungszeiten entnehmen Sie unserer Homepage:
https://stg.fit/statitb

CH

TECHNIK & SERVICE

📞 0800 202 027
+49 4621 42 10-0

✉ info@fitshop.ch

🕐 Öffnungszeiten entnehmen Sie unserer Homepage:
https://stg.fit/statit9

Please find a detailed overview including address and opening hours for all stores of the Fitshop Group in Germany and abroad on the following website:
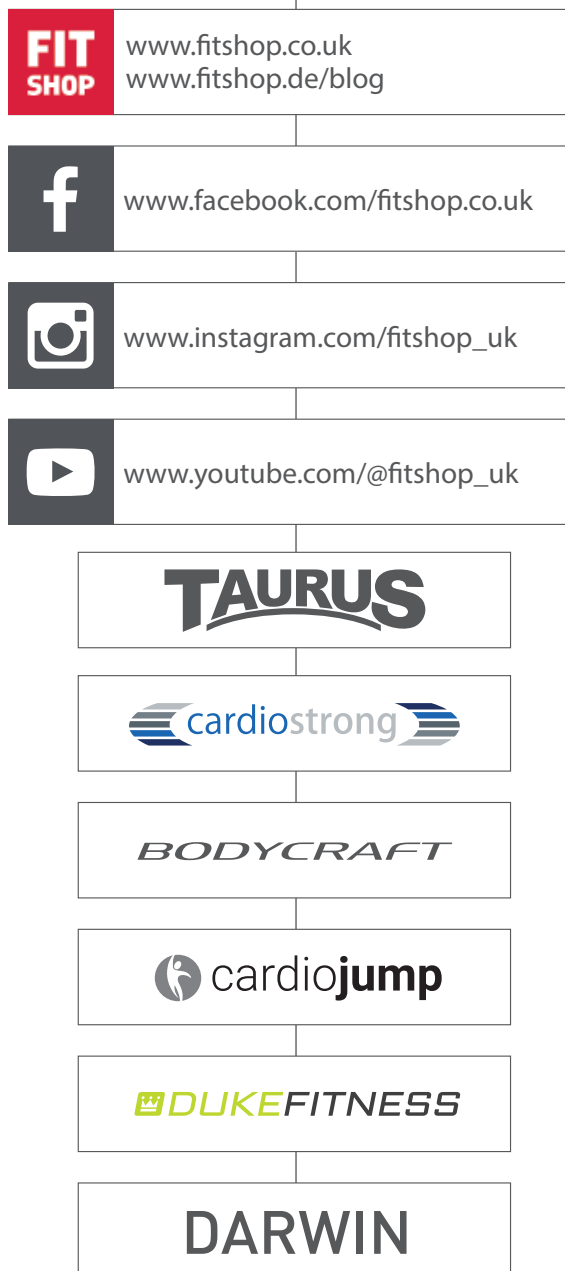
www.fitshop.com/en/stores

WE LIVE FITNESS

WEBSHOP AND SOCIAL MEDIA

Fitshop is Europe's largest specialist store for home fitness equipment with currently over 70 stores and one of the world's most renowned online mail order companies for fitness equipment. Private customers order via the 25 web shops in the respective national language or have their desired equpiment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

Fitshop offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

Visit us also on our social media platforms or our blog!

FIT SHOP
www.fitshop.co.uk
www.fitshop.de/blog

www.facebook.com/fitshop.co.uk

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Notes

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Notes

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