**Directions:** If you're an adult male, take 2 capsules a day 30 minutes before going to bed. Females and male teenagers should use only 1 capsule. Always administer on an empty stomach and avoid taking it with high-calicum foods!

ZMB6 is an essential mineral/vitamin combination, providing Zinc, Magnesium and Vitamin B6 ZMB6 contributes to the maintenance of normal testosterone levels, regulation of hormonal activity, fertility and reproduction<sup>\*</sup>. It contributes to the normal: protein synthesis, energy-yielding and carbohydrate (macronutrient) metabolism, metabolism of fatty acids, normal acid-base metabolism; and electrolyte balance\*. ZMB6 contributes to normal functioning of the nervous system: neurotransmission and muscle contraction including heart muscle to the reduction of tiredness and fatigue, to normal cognitive and psychological function, to the normal function of the immune system\*. ZMB6 also contributes to the maintenance of normal: vision, homes, hair, nails, skin, teeth; and has a role in the process of cell division, normal DNA synthesis, normal red blood cell formation and protection of cells from oxidative stress\*.

\* These statements have been scientifically proven and authorized by the European Food Safety Authority.

Best before end: see on packaging. Batch number: see on packaging.



ZINC, MAGNESIUM S VITAMIN BS



## Supplement Facts

 Serving Size: 2 capsules
 Servings Per Container: 30

 Amount Per Serving
 RDA%\*

 Zinc
 30 mg

 Magnesium
 450 mg

 Vitamin B6
 11 mg

## \* RDA%: Percent of the Recommended Daily Allowance.

**Ingredients:** Dextrose, Magnesium Gluconate, Zinc Gluconate, Pyridoxine HCI, Magnesium Stearate, Gelatin (capsules).

Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

Caution: As with all exercise and nutritional programs, please consult your physician first. Keep out of the reach of children!

Store in a cool, dry place. Heat and sunlight may damage the bottle!

Formulated by and manufactured for



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## 60 CAPSULES

## DIETARY SUPPLEMENT