

DIRECTIONS: To maximize results, consume at least one full serving a day depending on your body mass and activity level. JUMBO can be sipped throughout the day, or taken around training (before/during/after). Mix your chosen amount of powder in 100 ml liquid per each scoop.

It's been shown that people tend to overestimate their actual nutrient consumption when trying to gain muscle and brawn. In other words, they eat less than they think and they need for steady and significant progress! Everybody seeks the magic bullet while ignoring the fact that nothing is more powerful than the consistent consumption of proper amount of total calories, energizing carbs and muscle building protein. Couple this with the fact that many athletes don't invest time in the proven method of keeping a food log and the best practical solution left for most may be to rely on the daily use of a JUMBO type shake that can really help to take in enough nutrients to progress. With 50 grams of one of the highest quality protein per serving, a large dose of energy dense 6-carb matrix, the nutritional side of the equation is significantly boosted for you by JUMBO!

JUMBO is designed with whey protein. Dietary proteins are the source of nitrogen and indispensable amino acids, which the body requires for tissue growth and maintenance. Therefore, JUMBO contributes to the growth and maintenance of muscle mass.* Whey protein from milk is a so-called complete protein, because it provides the body with all necessary amino acids, including the 9 amino acids (i.e. Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine) that are considered essential for life, because the body cannot synthesize them. Determination of the nutritional efficiency of protein in the diet is in most cases based on estimating the extent to which dietary protein nitrogen is absorbed and retained by the body and is able to balance daily nitrogen losses. Net Protein Utilisation (NPU) is the percentage of ingested nitrogen that is retained in the body, and the Biological Value (BV) gives the percentage of absorbed nitrogen that is retained. Biological Value is the product of NPU and digestibility. Whey protein has good digestibility and amino acid composition, thus it's Biological Value is great compared to other dietary protein sources like meat, fish, eggs or soy.

JUMBO features our "6-CARB" carbohydrate blend that includes oat flour, Palatinose™ and Vitargo®. Vitargo® is a patented high molecular weight carbohydrate and it's unique, because it's specially processed to yield a molecular profile that is massively different from the sugars (e.g. glucose, fructose) and maltodextrin found in many products.

The "JUMBO" extra ingredient matrix provides a good dose of our proprietary "CREA-BOMB" multi-component creatine matrix! At least a 3 g daily dose of Creatine is scientifically proven to increase performance in successive burst of short-term, high intensity exercise like weight training and interval cardio.* We also added extra amino acids on top of the amounts coming from protein, including essential ones.

In the "Support complex" you'll find Magnesium in a dose that contributes to normal protein synthesis, to a reduction of tiredness and fatigue, to normal functioning of the nervous system (neurotransmission and muscle contraction including heart muscle), to normal energy-yielding metabolism, to electrolyte balance, to the maintenance of normal bones and teeth, and has a role in the process of cell division.* Finally, we also added BioPerine®, a patented black pepper extract.

JUMBO contains no artificial sweeteners whatsoever and is aspartame free!

*These statements has been scientifically proven and authorized by the European Food Safety Authority.)

Best before end: see on packaging. **Batch number:** see on packaging.



Formulated by and manufactured for
SCITEC NUTRITION®
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JUMBO

SCITEC NUTRITION®

- 50 G QUALITY PROTEIN PER SERVING!
- "6-CARB" CARBOHYDRATE BLEND WITH DIFFERENT CARBS INCLUDING OAT FLOUR, PALATINOSE™ & VITARGO®!
- "JUMBO" EXTRA INGREDIENT MATRIX!
- 5 TYPES OF CREATINES!
- ESPECIALLY FOR HARDGAINERS!
- NO ARTIFICIAL SWEETENERS!

NET WT: 4400 G

STRAWBERRY
 FLAVOR

Supplement Facts

Serving Size: 220 g (approximately 4 ¼ heaping scoops) Servings Per Container: 20

Amount Per Serving

	RDA%		RDA%	
Calories	915 †		Calories from Fat	54 †
Total Fat	6 g	†	Total Carbohydrate	155 g †
Saturated Fat	2 g	†	Sugars	37 g †
Cholesterol	50 mg	†	Dietary Fiber	5 g †
Sodium	68 mg	†	Protein	50 g †
Potassium	122 mg	3%		

"6-CARB" MATRIX 147 g †

Dextrose, Palatinose™ (isomaltulose: low glycemic index carbohydrate), Oat Flour, Maltodextrin, Fructose, Vitargo® [patented high molecular weight carbohydrate from starch: average molecular weight 500,000-700,000]

"JUMBO" EXTRA INGREDIENT MATRIX 8780 mg †

- **Proprietary CREA-BOMB multi-component creatine matrix (5,610 mg)**
Creatine Monohydrate, MicronTec Micronized Creatine Monohydrate, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate
- **HEMO-NO matrix (1,056 mg)**
L-Arginine, L-Ornithine, Alpha-Ketoglutarate Calcium
- **JUMBO AMINO SELECT matrix (957 mg)**
L-Glutamine, L-Alanine
- **BCAA XPRESS 100% pure essential amino acid complex (940 mg)**
L-Leucine, L-Isoleucine, L-Valine
- **Support complex**
Magnesium (15% RDA), BioPerine® (Piper nigrum)

*RDA%: Percent of the Recommended Daily Allowance.

† RDA not established in the EU.

Ingredients: Ultrafiltered whey protein concentrate (containing beta lactoglobulin, alpha lactalbumin, bovine serum albumin, immunoglobulin G, lactoferrin, glycomacropeptide protein microfractions), Dextrose, Oat Flour, Palatinose™ (isomaltulose), Maltodextrin, Fructose, Sucrose, Vitargo® (Patented High Molecular Weight Carbohydrate), Creatine Monohydrate, L-Glutamine, L-Arginine Base, L-Leucine, micronized Creatine Monohydrate, L-Isoleucine, L-Valine, Magnesium Carbonate, Alpha-Ketoglutarate Calcium, L-Ornithine HCl, Creatine Citrate, Creatine Phosphate, Creatine Pyruvate, L-Alanine, BioPerine® (Piper nigrum), Strawberry flavor, color (strawberry red).

Caution: As with all exercise and nutritional programs, please consult your physician first. Keep out of the reach of children! Use this product as a food supplement only.

Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

Store in a cool, dry place. Heat and sunlight may damage the bottle!

Important warning: This product contains an absorption modifier that could affect your medications – consult your physician before use!