

PROTEIN PLUS 80%
protein supports muscle growth and maintenance, rich in casein protein



Key benefits long description:

As a competitive athlete you constantly set yourself ambitious goals and don't accept any compromises on the journey to reach them. Recovery, along with energy supply and hydration, is key to reaching your potential. After intense training and gym sessions your muscles need to repair in order to grow and they need their "building block" of protein for this to happen. PROTEIN PLUS 80% protein powders are a great choice after exercise and before bedtime to deliver high quality protein that is especially rich in casein, a milk protein component which is slowly absorbed.

- High quality casein and whey protein
- Protein supports muscle growth and maintenance
- Free from collagen protein and aspartame
- Delicious taste – great solubility

Key benefits short description:

As a competitive athlete you constantly set yourself ambitious goals. Recovery is key to reaching your potential. PROTEIN PLUS 80% protein powders are a great choice after sport. They are especially rich in casein, a milk protein component which is slowly absorbed.

- High quality casein and whey protein
- Protein supports muscle growth and maintenance
- Free from collagen protein and aspartame
- Delicious taste – great solubility

8 great tasting flavours of PowerBar PROTEINPLUS 80% powders:

- Chocolate
- Vanilla
- Strawberry
- Banana
- Coconut
- Stracciatella
- Lion-Crisp
- Tiramisu

Suggested usage:

- Mixing instructions: Mix a 30g serving (approx. 3 tablespoons) with 300ml semi-skimmed milk
- Drink immediately after sport or before bedtime

- As part of a varied and balanced diet and a healthy lifestyle.

Technical information:

- 700 g jar
- 6 jars per case

Flavour	SKU	EAN code jar	EAN code case
Banana	12150452	4029679602014	4029679602519
Coconut	12150615	4029679602069	4029679602564
Strawberry	12150614	4029679602021	4029679602526
Chocolate	12150609	4029679602045	4029679602540
Stracciatella	12150647	4029679602090	4029679602595
Vanilla	12150612	4029679602038	4029679602533
Lion	12150648	4029679602106	4029679602601
Tiramisu	12180308	4029679602120	4029679602663

- 500g refill
- 10 refills per case

Flavour	SKU	EAN code refill	EAN code case
Banana	12156340	4029679600522	4029679601529
Coconut	12156320	4029679600607	4029679601604
Strawberry	12156338	4029679600515	4029679601512
Chocolate	12156339	4029679600546	4029679601543
Stracciatella	12156309	4029679600621	4029679601628
Vanilla	12156337	4029679600539	4029679601536
Lion	12156322	4029679600645	4029679601642
Tiramisu	12180345	4029679600669	4029679601666

**This information is presented for illustrative purposes only.
Any specifications and values on the actual product packaging will
always take precedence over any factsheet guidelines.**



Ingredients Banana

Calcium Caseinate (76%), Skimmed Milk Powder (12%), Whey Protein Isolate (9%), Emulsifier (soy lecithin), Flavouring, Sweetener (Sodium Cyclamate, Sodium Saccharin, Sucralose), Acidity Regulator (Potassium Citrate). May contain traces of gluten, egg and nuts.

Nutrition Information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1557 (367)	1102 (261)
Protein	80,1 g	34,4 g
Carbohydrate	8,0 g	17,6 g
of which sugars	7,0 g	17,3 g
Fat	1,6 g	5,9 g
of which saturates	0,8 g	3,8 g
Fibre	0 g	0 g
Sodium	0,17 g	0,20 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Coconut

Calcium Caseinate (77%), Whey Protein Isolate (10%), Skimmed Milk Powder (5%), Grated Coconut (3%), Flavouring, Emulsifier (Soy Lecithin), Sweeteners (Sodium Cyclamate, Sodium Saccharin, Sucralose), Acidity Regulator (Potassium Citrates). May contain traces of gluten, egg, and nuts.

Nutrition Information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1617 (382)	1120 (265)
Protein	80,1 g	34,4 g
Carbohydrate	6,0 g	17,0 g
of which sugars	3,0 g	16,1 g
Fat	4,0 g	6,6 g
of which saturates	3,0 g	4,5 g
Fibre	0,6 g	0,2 g
Sodium	0,15 g	0,19 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Strawberry

Calcium Caseinate (76%), Skimmed Milk Powder (11%), Whey Protein Isolate (9%), Emulsifier (Soy Lecithin), Flavouring, Sweeteners (Sodium Cyclamate, Sodium Saccharin, Sucralose), Beetroot Juice Powder, Acidity Regulator (Potassium Citrate), Maltodextrin, Acidifier (Citric Acid). May contain traces of gluten, egg and nuts.

Nutrition information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1557 (367)	1102 (261)
Protein	80,1 g	34,4 g
Carbohydrate	8,0 g	17,6 g
of which sugars	6,6 g	17,2 g
Fat	1,6 g	5,9 g
of which saturates	0,8 g	3,8 g
Fibre	0 g	0 g
Sodium	0,18 g	0,20 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Chocolate

Calcium Caseinate (78%), Whey Protein Isolate (8%), Skimmed Milk Powder (7%), Fat-reduced Cocoa Powder (5%), Emulsifier (soy lecithin), Sweeteners (Sodium Cyclamate, Sodium Saccharin, Sucralose), Acidity Regulator (Sodium Citrates), Cinnamon, Flavouring. May contain traces of gluten, egg and nuts.

Nutrition information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1551 (366)	1100 (261)
Protein	80,1 g	34,4 g
Carbohydrate	6,0 g	17,0 g
of which sugars	4,0 g	16,4 g
Fat	2,0 g	6,0 g
of which saturates	1,3 g	4,0 g
Fibre	1,7 g	0,5 g
Sodium	0,17 g	0,20 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Stracciatella

Calcium Caseinate (74%), Whey Protein Isolate (12%), Skimmed Milk Powder (8%), Grated Chocolate (2%) (Sugar, Cocoa Mass, Reduced fat Cocoa Powder, Cocoa Butter, Emulsifier (Soya Lecithin)), Flavourings, Emulsifier (Soya Lecithin), Sweeteners (Sodium Cyclamate, Sodium Saccharin, Sucralose), Acidity Regulator (Potassium Citrate). May contain traces of gluten, egg and nuts.

Nutrition information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1561 (368)	1103 (261)
Protein	80,6 g	34,6 g
Carbohydrate	7,3 g	17,4 g
of which sugars	7,0 g	17,3 g
Fat	1,8 g	5,9 g
of which saturates	0,9 g	3,9 g
Fibre	0 g	0 g
Sodium	0,18 g	0,20 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Vanilla

Calcium Caseinate (76%), Skimmed Milk Powder (12%), Whey Protein Isolate (10%), Emulsifier (Soy Lecithin), Flavouring, Sweeteners (Sodium Cyclamate, Sodium Saccharin, Sucralose), Acidity Regulator (Potassium Citrate), Cinnamon. May contain traces of gluten, egg and nuts.

Nutrition information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1557 (367)	1102 (261)
Protein	80,1 g	34,4 g
Carbohydrate	8,0 g	17,6 g
of which sugars	6,6 g	17,2 g
Fat	1,6 g	5,9 g
of which saturates	0,8 g	3,8 g
Fibre	0 g	0 g
Sodium	0,18 g	0,20 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Lion Crisp

Calcium Caseinate (76%), Whey Protein Isolate (13%), Crispy pieces with milk chocolate and fudge (7%) [Crispy pieces with Milk Chocolate (Sugar, Cornflakes (Corn, Sugar, Salt, Barley Malt Extract), Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Almonds, Whey Powder, Butter Fat, Emulsifier (Soya Lecithin), Flavouring), Fudge (glucose syrup, sugar, sweetened condensed skimmed milk, vegetable fat, humectant (glycerol), salted butter, water, fondant (sugar, dried glucose syrup), whey powder, maize flour, Emulsifier (E471), flavouring), Wafer Pieces (Wheat Flour, Sugar, Vegetable Oil, Wheat Starch, Emulsifier (soy lecithin), Salt, Flavouring), Chocolate Crisp (Wheat Flour, Sugar, Fat Reduced Cocoa, Wheat Starch, Vegetable Oil, Emulsifier (Soya Lecithin), Flavouring, Cinnamon), Rice Flakes (Rice, Sugar, Salt, Barley Malt Extract)], Emulsifier (soy lecithin), Fat-reduced Cocoa Powder, Caramel (Sugar, Maltodextrin), Flavouring, Sweeteners (Sodium Cyclamate, Sodium Saccharin, Sucralose), Cinnamon. May contain traces of egg.

Nutrition information

Nutrition Information	per 100g	per serving*
Energy kJ (kcal)	1599 (377)	1115 (264)
Protein	80,6 g	34,6 g
Carbohydrate	6,3 g	17,1 g
of which sugars	3,5 g	16,3 g
Fat	3,2 g	6,4 g
of which saturates	1,5 g	4,1 g
Fibre	0,4 g	0,1 g
Sodium	0,16 g	0,19 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)



Ingredients Tiramisu

Calcium Caseinate (74%), whey protein isolate (11%), Skimmed Milk Powder, fat-reduced cocoa powder, flavourings, emulsifier (soy lecithin), Sweetener (sodium cyclamate, sodium saccharin, Sucralose), acidity regulator (potassium citrates). May contain traces of gluten, egg and nuts.

Nutrition information

Nutrition Information:	per 100g	per serving*
Energy kJ (kcal)	1557 (367)	1104 (261)
Protein	80,0 g	34,4 g
Carbohydrate	8,1 g	17,6 g
of which sugars	6,2 g	17,1 g
Fat	1,5 g	5,9 g
of which saturates	0,7 g	3,8 g
Fibre	0,5 g	0,15 g
Sodium	0,18 g	0,20 g

* per 30g serving when mixed with 300ml semi-skimmed milk (1.5% fat)