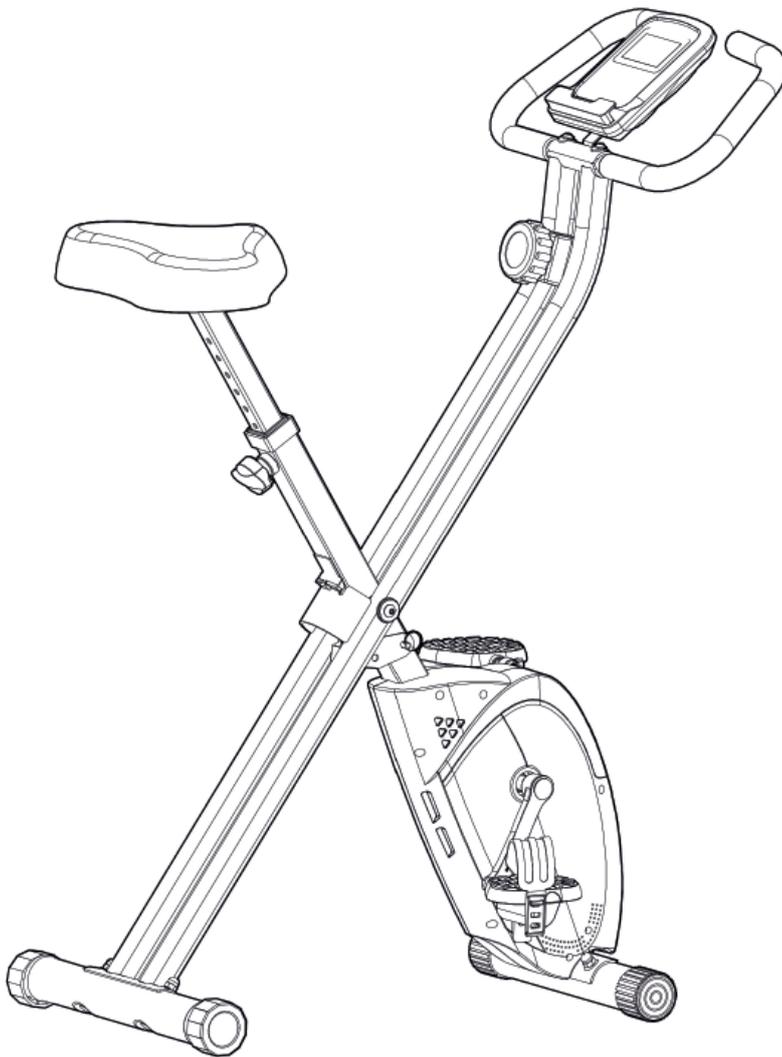


ASSEMBLY AND OPERATING INSTRUCTIONS



max. 100 kg



~ 30 Min. 



 16 kg
L 80 | W 40 | H 113

FSDUKEXB30.01.01

Art. No.: DU-XB30

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Dear customer,

Thank you for choosing a Duke Fitness® brand fitness equipment. Duke Fitness offers you fitness equipment that makes it easy to start exercising regularly, stay fit and lose weight. We want to help you to achieve your fitness goals quickly and sustainably and hope that your new fitness equipment will help you to do so. Do not hesitate to contact us if you have any further questions about your training or fitness equipment, or if you would like to add more equipment to your existing fitness equipment. We wish you much of success!

Further information can be found at www.fitshop.com.

Intended Use

The equipment may only be used for its intended purpose.

The equipment is only suitable for home use. The equipment is not suitable for semi-professional (e.g. hospitals, associations, hotels, schools, etc.) and commercial or professional use (e.g. fitness studios).

Legal Notice

Fitshop GmbH
Europe's No. 1 for home fitness

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Disclaimer

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Product and manual are subject to change. Technical data can be changed without advance notice.

FITSHOP

Europe's No.1 for Home Fitness

ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.



Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.

Training devices must be classified according to accuracy and use. Accuracy classes are only applicable to devices that display training data.

Accuracy classes

Class A: high accuracy.

Class B: medium accuracy.

Class C: low accuracy.

The use classes explain the intended use of the training device.

Use classes

Class S (studio): professional and/or commercial use.

These training devices are intended for the use in training rooms of facilities such as sports clubs, school facilities, hotels, clubs and studios whose access and supervision is specifically regulated by the owner (person with legal responsibility).

Class H (home use): use at home.

These stationary training devices are intended for the use in private homes where access to the training device is regulated by the owner (person with legal responsibility).

Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► **ATTENTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

⚠ **CAUTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

⚠ **WARNING**

This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

⚠ **DANGER**

This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

ⓘ **NOTICE**

This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

1.1 Technical Data

LED - Display of

- + Speed
- + Time
- + Distance
- + Calories

Resistance system: manual magnetic brake system
Resistance level: 8

Weight and Dimensions

Article weight (gross, incl. Packaging): 18 kg
Article weight (net, without Packaging): 15.8 kg

Package dimensions (L x W x H): approx. 117 cm x 40 cm x 22 cm
Set-up dimensions (L x W x H): approx. 85 cm x 40 cm x 113 cm
Folding dimensions (L x W x H): approx. 38 cm x 40 cm x 134 cm

Flywheel mass: 3 kg

Maximum user weight: 100 kg

Use class: H

1.2 Personal Safety

DANGER

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
- + Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.
- + The owner must communicate all warnings and instructions to the user.

WARNING

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.
- + If your equipment provides a safety key, the clip of the safety key must be attached to your clothing before starting your training. In the event of a fall, the EMERGENCY STOP of the equipment can be initiated.
- + There is a risk of injury from spinning pedals and/or an exposed flywheel in the absence of a freewheel. Never get on or off the equipment when the pedals or the flywheel are still moving. Always make sure that the pedals and the flywheel have come to a complete stop.
- + Support yourself with at least one hand on the handlebar when getting on and off the equipment. Only dismount from the equipment when the pedals have come to a complete stop.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

CAUTION

- + If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.
- + Always tighten the pedal strap before you start training to prevent your feet from slipping.



CAUTION

- + Be aware that if adjustment devices are left protruding, they may impede the user's movement.

▶ ATTENTION

- + Do not insert any objects of any kind into the openings of the device.
- + To protect the equipment from use by unauthorised third parties, always remove the power cable (if existing) when not in use and store it in a safe place that is inaccessible to unauthorised persons (e.g. children).
- + Class B and C crank training equipment is not suitable for high accuracy purposes.

1.3 Electrical Safety



DANGER

- + In order to reduce the risk of an electric shock, always unplug the equipment from the mains socket immediately after your workout, before assembly or dismantling, and before maintenance or cleaning. Do not pull on the cable.



WARNING

- + Do not leave the equipment unattended while the mains cable is plugged into the mains socket. During your absence, the mains cable must be removed from the mains socket to prevent improper use by third parties or children.
- + If the mains cable or plug is damaged or defective, contact your contract partner. Until repair, the equipment must not be used.

▶ ATTENTION

- + The equipment requires a mains connection of 220-230 V with 50 Hz mains voltage.
- + The equipment may only be connected directly to an earthed socket using the supplied mains cable. Extension cables must conform to VDE guidelines. Always completely unwind the mains cable.
- + The socket must be protected by a fuse with a minimum fuse rating of "16 A, slow blow".
- + Do not make any changes to the mains cable or the mains plug.
- + Keep the mains cable away from water, heat, oil and sharp edges. Do not route the mains cable underneath the equipment or under a carpet or rug, and do not place any objects on top of it.
- + If your purchased item is equipped with a TFT console, software updates must be carried out regularly. Follow the instructions on the console to perform the update(s).
- + The software systems on gym equipment with TFT consoles are set up only for the pre-installed apps. Do not install any additional apps.



NOTICE

- + The pre-installed apps on TFT consoles are produced and provided by external manufacturers. Fitshop does not take any responsibility for the availability, functionality or contents of these apps.

1.4 Set-Up Place

WARNING

- + Do not place the equipment in main corridors or escape routes.

CAUTION

- + Choose a location in which to place the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
- + The training room should be well ventilated during training and not be exposed to any draughts.
- + Choose the place in which to set up the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
- + The free area in the direction from which the exercise equipment is accessed must be at least 0.6 m larger than the exercise area.
- + The set-up and mounting surface of the equipment should be flat, loadable and solid.

ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
- + A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.
- + For Class S equipment, the exercise equipment may only be used in areas where access, supervision and control are specifically regulated by the owner.

2.1 General Instructions



DANGER

- + Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.



WARNING

- + Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.



CAUTION

- + Do not open the packaging when it is lying on its side.
- + Ensure to have sufficient room for movement in each direction during assembly.
- + The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of another technically skilled person.



ATTENTION

- + To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.



NOTICE

- + In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.
- + Ideally, assemble the equipment at its later set-up place.

2.2 Scope of Delivery

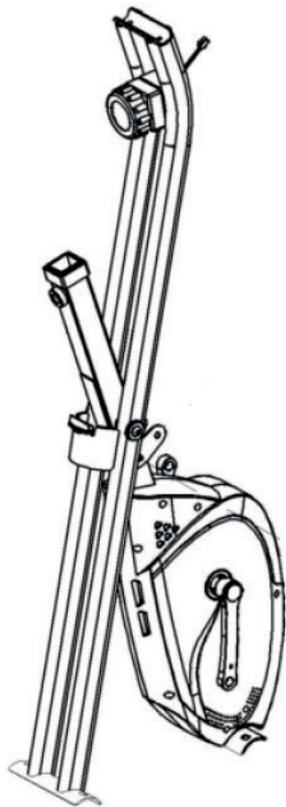
The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

⚠ CAUTION

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.

📄 NOTICE

Batteries are not included in the scope of delivery. The following batteries are required: 2x AAA



Rear and front frame (1 & 2)



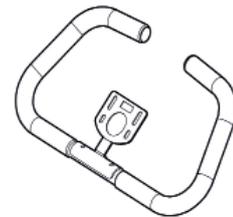
Console
(70)



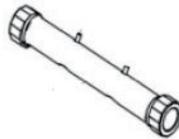
Pedals with pedal straps
(76L/64L & 76R/64R)



Seat post and seat cushion
(3 & 56)



Handlebar (4)



Rear stabilizer
(6)



Front stabilizer
(5)



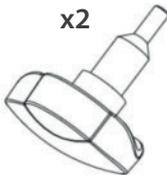
Hexagon bolts (27)
x2



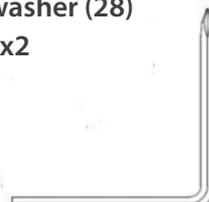
Spring washer (28)
x2



Curved washer (29)
x2



Adjustment knob (55)



5mm Allen wrench with
Philips screwdriver



13-19mm Wrench

2.3 Assembly

Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

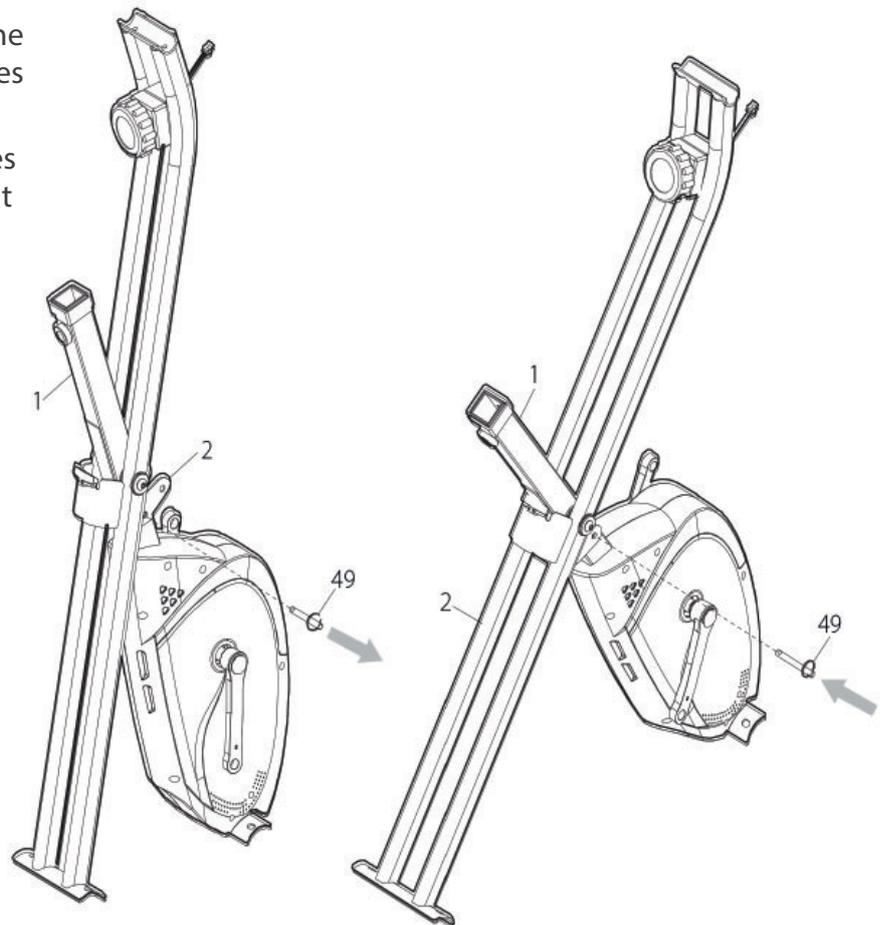
① NOTICE

- + First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.
- + If you have difficulty recognising the graphics, we recommend that you open and/or download the PDF instructions stored in the webshop on your end device (e.g. smartphone, tablet or PC). There you have the option of zooming in closer. Please note that the Adobe Acrobat Reader programme must be installed on your end device in order to open the file.
- + The assembly can also be found as a video under the following link: <https://www.sport-tiedje.co.uk/duke-fitness-x-bike-xb30-du-xb30#product-assembly>. To go directly to the assembly video, you can alternatively scan the QR code.



Step 1: Unfolding the bike

1. Remove the transportation safety material.
2. Remove the safety pin (49) from the rear frame (2).
3. Place the unit by pulling the rear (2) and front (1) frames apart.
4. Adjust the upper pin holes on both frame parts so that they are in line. Snap the frame parts together by sliding the safety pin (49) through both holes.



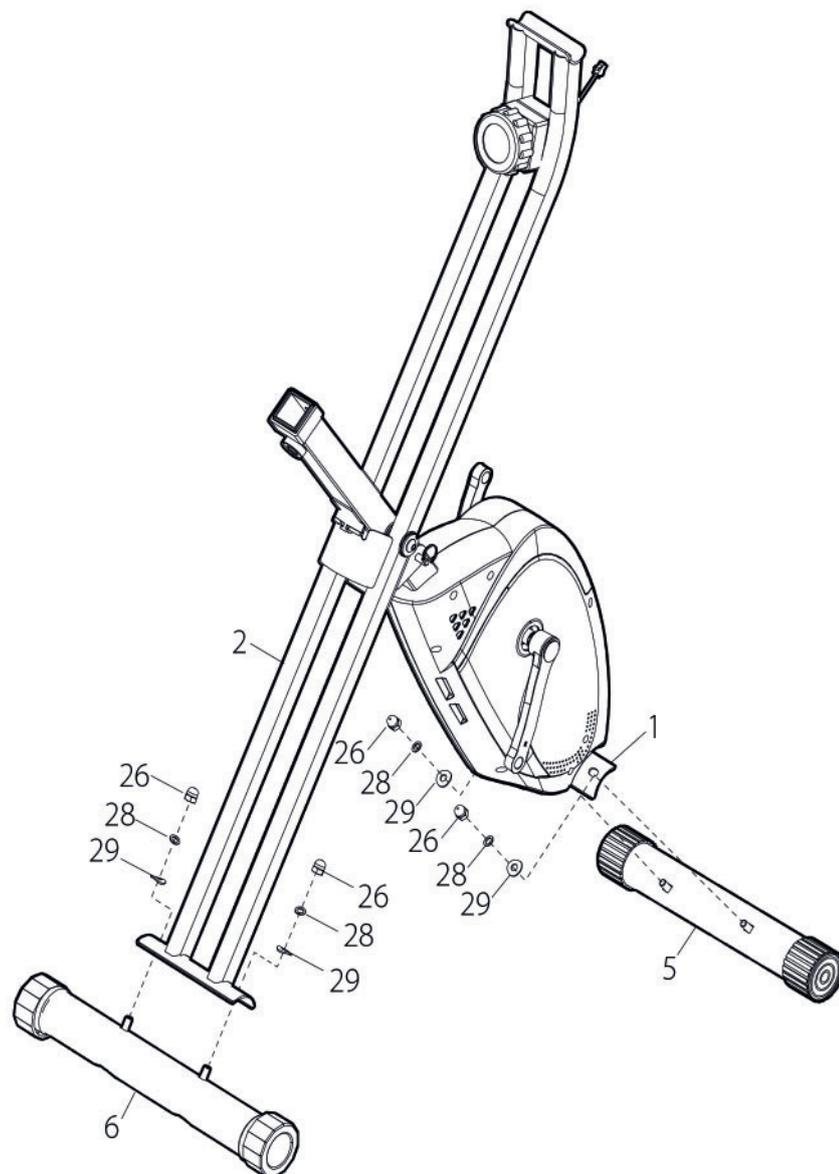
Step 2: Mounting the front and rear stabilizer

1. Remove the plastic cover cap from the rear frame (2).

NOTICE

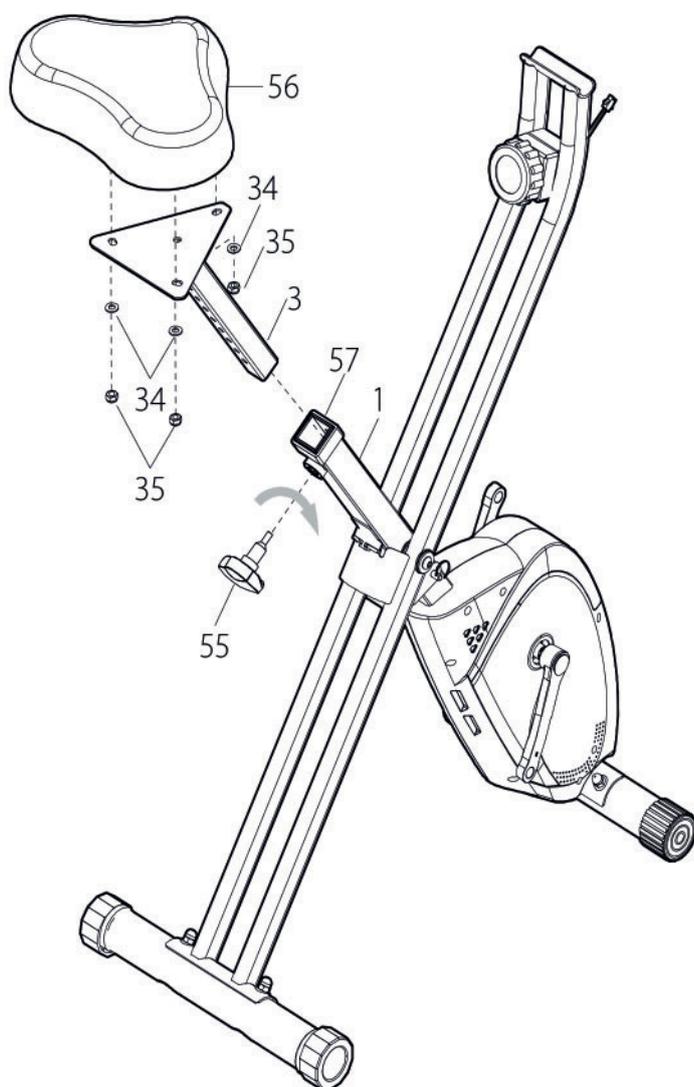
The plastic cover cap functions as a transport protection.

2. Remove the four cap nuts (26), the four spring washers (28) and the four curved washers (29) from the front stabilizer (5) and rear stabilizer (6).
3. Mount the front stabilizer (5) with the transport rollers to the front frame (1) with two cap nuts (26), two spring washers (28) and two curved washers (29). Tighten the cap nuts (26) with the 13-19mm wrench.
4. Mount the rear stabilizer (6) to the rear frame (2) with two cap nuts (26), two spring washers (28) and two curved washers (29). Tighten the cap nuts (26) with the 13-19mm wrench.



Step 3: Mounting the seat

1. Remove the three washers (34) and the three nuts (35) from the seat cushion (56).
2. Match the bolt holes on the underside of the seat cushion (56) with the holes on the top of the seat post (3). Attach the seat cushion (56) to the seat post (3) using three washers (34) and three nuts (35). Tighten the cap nuts with the 13-19mm wrench.
3. After connecting the seat cushion (56) to the seat post (3), insert the seat post (3) through the plastic bushing (57) and into the seat tube on the front frame (1).
4. Insert the adjustment knob (55) through the pre-drilled hole on the back of the front frame (1). Turn the adjustment knob (55) clockwise and make sure that the safety pin on the adjustment knob (55) can reach one of the holes on the seat post (3) before fully tightening.



Step 4: Mounting the pedals

NOTICE

The crank arms, pedals, pedal threads and pedal straps are marked "R" for right and "L" for left.

1. Remove the left nylon nut (52L) from the left pedal (64L) and the right nylon nut (52R) from the right pedal (64R). Attach the left pedal strap (76L) to the left pedal (64L) and the right pedal strap (76R) to the right pedal (64R).
2. Left pedal: Make sure the pedal is straight and mount the left pedal (64L) to the left crank arm (43L) through the pre-drilled hole. Turn the pedal thread of the left pedal (64L) counterclockwise by hand.
3. Lightly screw the nylon nut (52L) unscrewed from the left pedal (64L) onto the protruding pedal thread clockwise. Screw on the left pedal (64L) and tighten with the 13-19mm wrench.
4. When the left pedal (64L) is tightened, take the second 13-19mm wrench and tighten the left nylon nut (52L) by turning clockwise.

ATTENTION

Mount the left pedal (64L) counterclockwise only.

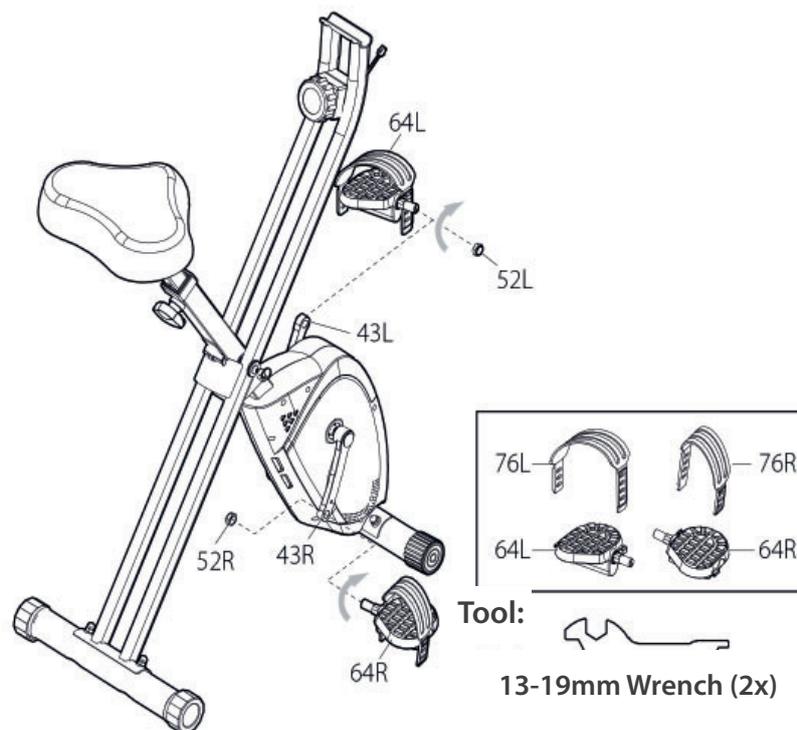
5. Right pedal: Repeat steps 2 to 4 to mount the right pedal (64R) on the right crank arm (43R). However, tighten the pedal thread clockwise and the nut counterclockwise.

ATTENTION

Mount the right pedal (64R) clockwise only.

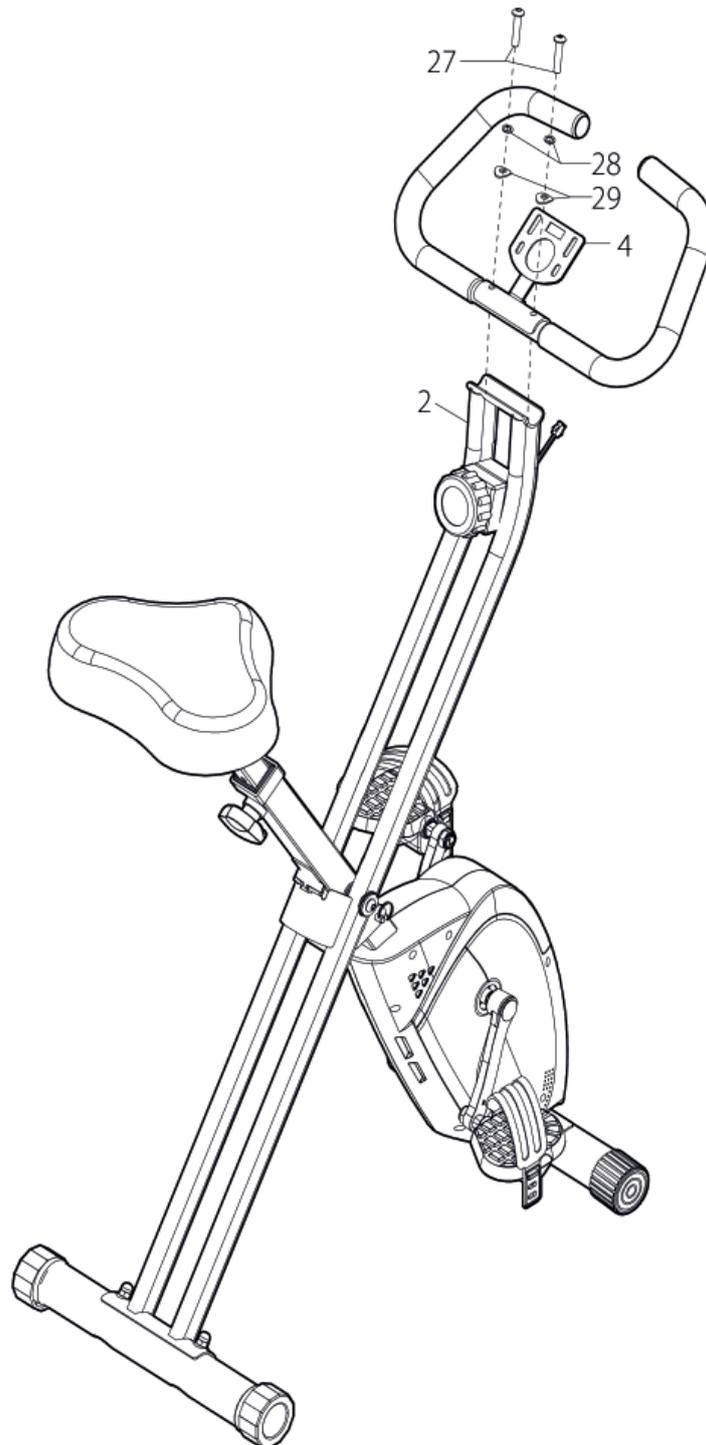
CAUTION

Make sure to screw in the pedals completely.



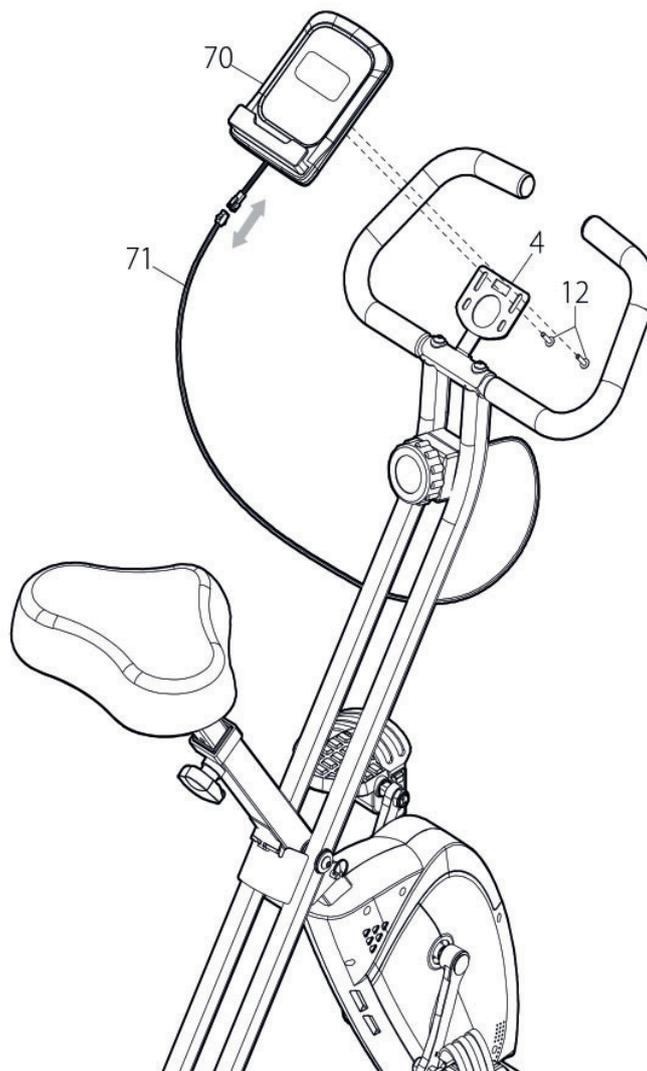
Step 5: Mounting the handlebar

Mount the handlebar (4) to the rear frame (2) using two hexagon bolts (27), two spring washers (28) and two curved washers (29). Tighten the screws with the 5mm Allen wrench.



Step 6: Mounting the console

1. Remove two screws (12) from the back of the console (70).
2. Connect the cable (71) with the cable (70).
3. Mount the console (70) to the handlebar (4) using the two screws (12) removed in the previous step. Tighten the screws with the supplied 5mm Allen wrench.



2.4 Adjustments

2.4.1 Adjusting the Seat Height

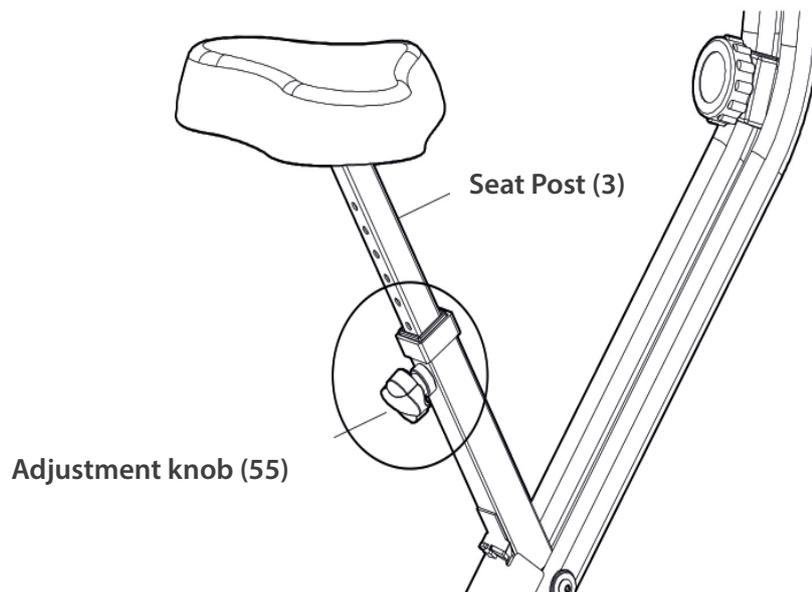
1. Turn the adjusting knob (55) counterclockwise until the seat post (3) can be pushed up and down.
2. Push the seat post (3) into a suitable position.



WARNING

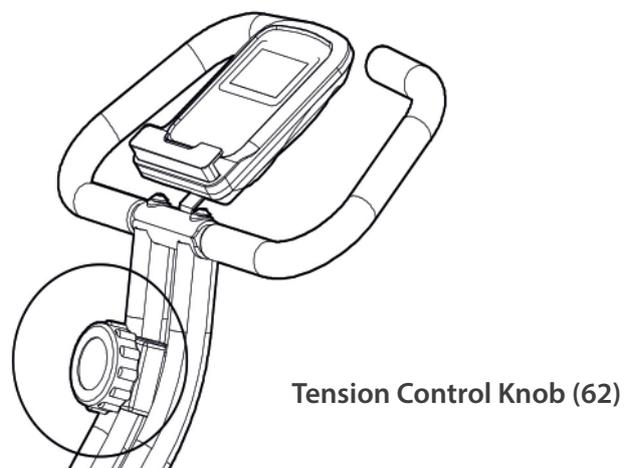
Do not exceed the MAX line on the right side of the seat post (3) with the plastic bushing when adjusting the seat height.

3. To reattach the seat post (3) in the selected position, turn the adjustment knob (55) clockwise.



2.4.2 Adjusting the Resistance

1. To increase the resistance, turn the knob (62) clockwise.
2. To reduce the resistance, turn the knob (62) counterclockwise.

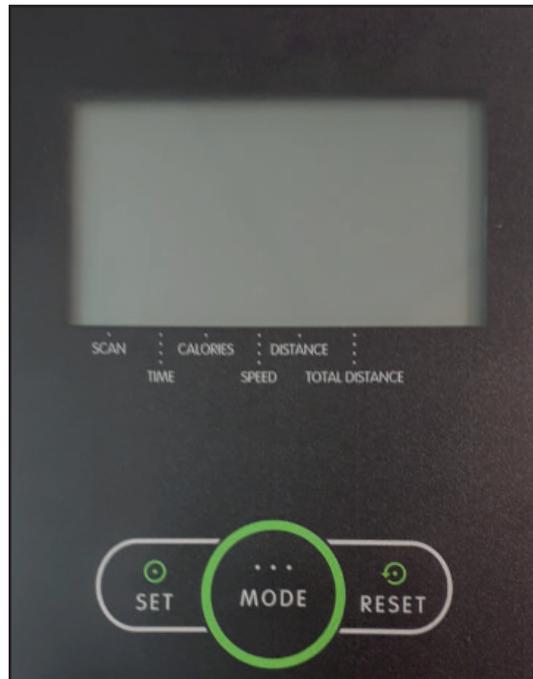


3 OPERATING INSTRUCTIONS

① NOTICE

- + Familiarise yourself with all the functions and setting options of the device before starting training. Have the proper use of this product explained to you by a specialist.
- + Always start your training with low intensity and increase evenly and gently. End your training with a cool-down phase. If you are unsure, please consult your physician.

3.1 Console Display



SCAN	Press the mode button until " " is displayed in the scan position. The monitor will then switch between the following functions: Time, odometer/kilometer counter, calories, speed and distance. Each function is displayed for 6 seconds.
TIME	Measures the total time from start to end of workout (display range: 0:00-99:59 MIN: SEC)
CALORIES	Measures the calorie consumption from start to end of training (display range: 0.0-999.9 KCAL)
SPEED	Displays the current speed (display range: 0.0-99.9 KM/H)
DISTANCE	Measures the distance from the start of training to the end of training (display range: 0.00-99.99 KM).
TOTAL DISTANCE	Displays the total distance travelled. This value refers to (display range: 0.00-999 KM)

3.2 Console Display

SET	Set the values of the corresponding parameters. Each press of the key increases the respective value.
MODE	Switching between the individual parameters.
RESET	Cancels the value entries and exits a programme.

3.3 Programmes

By default, the console is set so that all parameters are gradually displayed in 3-second intervals (Time -> Calories -> Speed -> Distance -> Total Distance). You can also set manually which parameter you want to be displayed. Simply press the Mode button. All values are incremented. Press the reset button to end the programme.

3.3.1 Quick Start Programme

To start the Quick-Start program, simply pedal. All values are incremented. To exit the program, press the reset button.

3.3.2 Target Programmes

There are several setting options for the target programmes:

Training depending on one target value:

Set the desired target value for time, calories or distance with the Set key. Step on the pedals and the programme starts. The set value is counted down, the other values are counted up. As soon as the set target value is reached, an acoustic signal sounds. Press the reset button to end the programme.

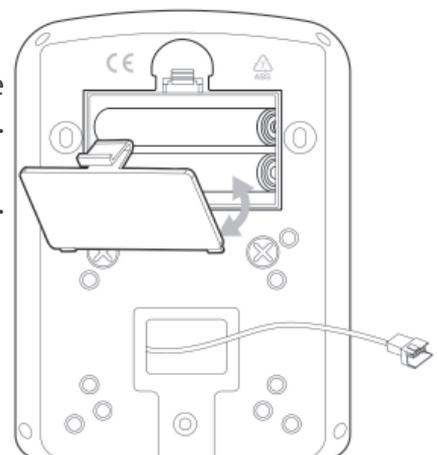
Training depending on several target values:

If you set multiple values for parameters, the corresponding values will be counted down during the workout. Potentially unspecified values are counted up. The programme stops as soon as one of the set values reaches 0 and an acoustic signal sounds.

3.4 Battery Compartment

The console is powered by two AAA 1.5V batteries. In case the console is not working properly, the batteries might be running low. Follow the instructions to exchange the batteries.

1. Open the battery compartment cover and remove the batteries.
2. Insert two new AAA 1.5V batteries and close the cover again.



4.1 General Instructions

WARNING

- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.

▶ ATTENTION

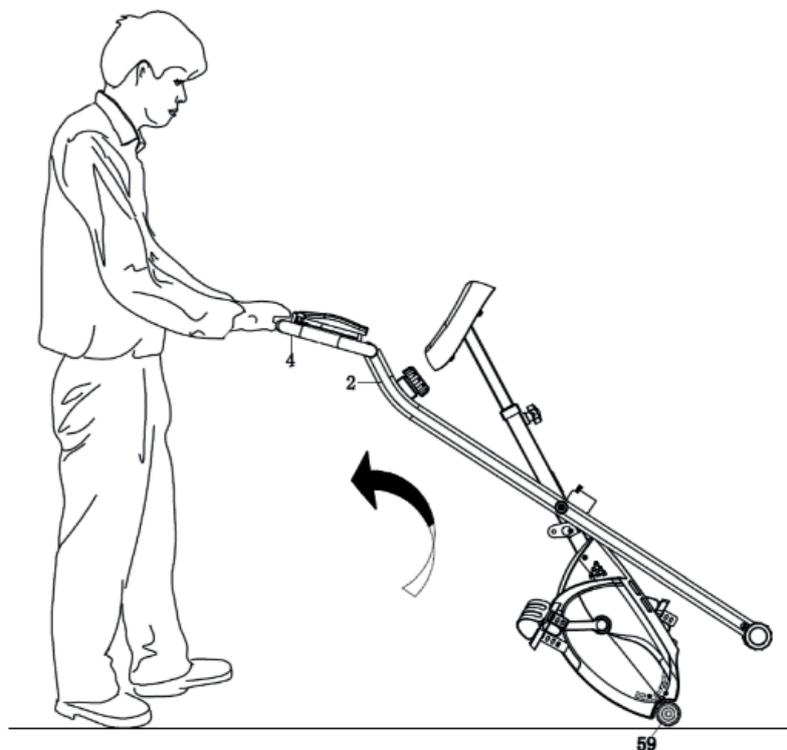
- + Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 5°C and 45°C.

4.2 Transportation Wheels

▶ ATTENTION

If you want to transport your equipment over particularly sensitive and soft floor coverings, such as parquet, planks or laminate, lay out the transport route with cardboard or similar to avoid possible floor damage.

1. Stand behind the equipment and lift it until the weight is transferred to the transportation wheels. After that, you easily can move the equipment to a new position. For long transport distances the equipment should be disassembled and safely packed.
2. Select the new location by following the instructions in the section 1.4 of this manual.



4.3 Folding Mechanism

NOTICE

The equipment is foldable and thus saves space when it is stored. It also makes it easier to transport.

4.3.1 Folding Up the Exercise Bike

WARNING

+ Try not to operate the equipment when it is folded up.

CAUTION

+ Do not lean on the equipment when it is folded and do not place anything on top of it that may make the equipment unstable or fall down.

ATTENTION

+ Make sure that nothing is standing next to or on top of the exercise bike that can be spilled or thrown or that makes it impossible to fold the exercise bike.

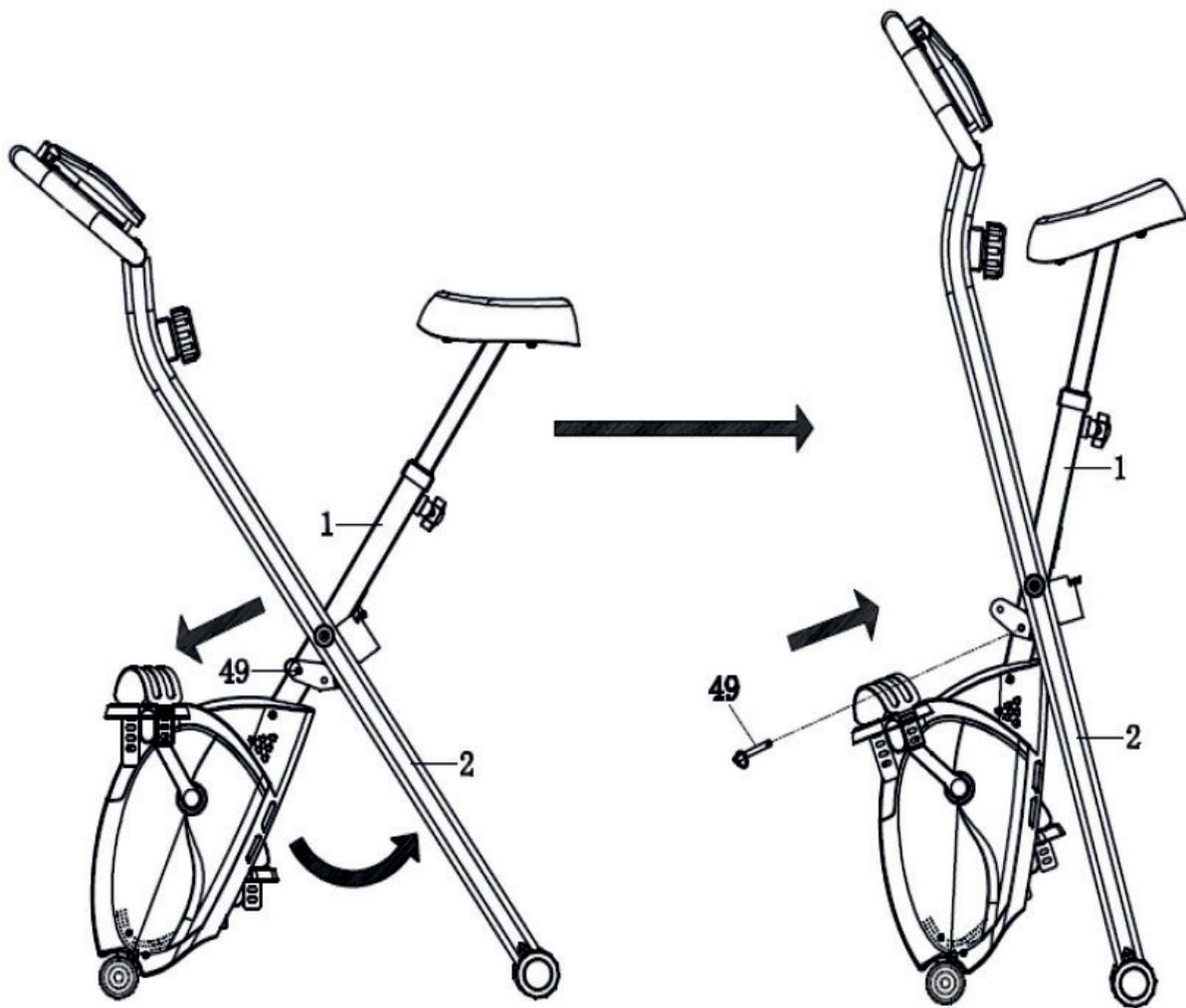
1. Remove the safety pin (49).
2. Fold the front and rear frames (1 & 2) together until the lower adjustment holes are aligned.
3. Insert the safety pin (49) into the lowest adjustment hole to lock the two frames (1 & 2).

4.3.2 Unfolding the Exercise Bike

ATTENTION

+ Make sure that nothing is standing next to or on top of the exercise bike that can be spilled or thrown or that makes it impossible to unfold the treadmill.

1. Remove the safety pin (49).
2. Fold the front and rear frames (1 & 2) apart.
3. Insert the safety pin (49) pin into the lowest adjustment hole to lock the two frames (1 & 2).



5.1 General Instructions



WARNING

+ Do not make any improper changes to the equipment.



CAUTION

+ Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

► ATTENTION

+ In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

5.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

Fault	Cause	Solution
Console does not start	Cable/Batteries	Check cable connections/ Check battery position replace if necessary
Squeaking & cracking Noises	Loose or too tight screw connection	Check or lubricate screw connection
Crackling in the Pedal range	Loose Pedals	Tighten the pedals
Device wobbles	Device does not stand straight	Align the feet
Handlebar/saddle wobbles	Loose screws	Tighten the screws

5.3 Maintenance and Inspection Calendar

To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

The following routine tasks must be performed at the specified intervals:

Part	Weekly	Monthly	Quarterly	Half-yearly	Yearly
Display console	C	I			
Brake	I				
Handlebar and saddle	C	I			
Screws and cable connections		I			
Check pedals for tightness		I			
Legend: C = clean; I = inspect					

6 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an electricals recycling centre. Further information can be obtained from your local authority's recycling service.



The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. For exercise bikes this could for example be a **floor mat**, which makes your fitness equipment stand more securely and also protects the floor from sweat or **silicone spray** to keep moving parts in good shape. For many exercise bikes it is possible to replace the **saddle** or **pedals**, as these are usually the same mounts used on bicycles.

If you have purchased a fitness machine with pulse training and want to train your heart rate, we strongly recommend that you use a compatible **chest strap**, as this ensures optimum transmission of the heart rate.

Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Alternatively, you can use the QR code provided. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!



floor mat



chest strap



chest strap contact gel



saddle



silicone spray

8.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 10 of this operating manual.

NOTICE

The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.



Enter the serial number in the appropriate field.

Serial number:

Brand / Category:

Model Name:

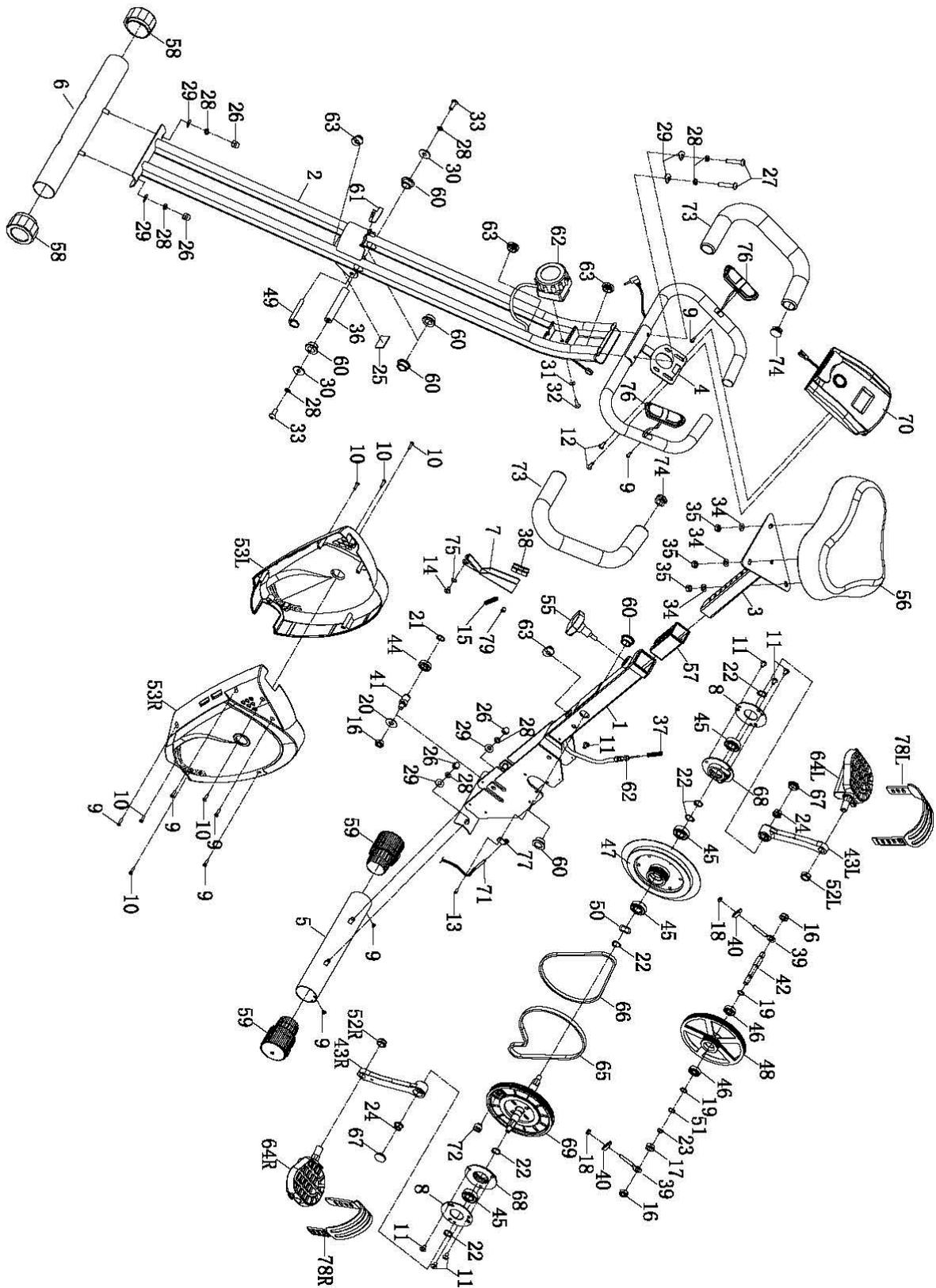
Article Number:

8.2 Parts List

No.	Name	Qty.	No.	Name	Qty.
1	Front Frame	1	32	Screw M5x20	1
2	Rear Frame	1	33	Hexagon Socket Bolt M6x10	2
3	Seat post	1	34	Flat Washer $\Phi 8 \times \Phi 16 \times 1.5$	3
4	Handlebar	1	35	Nylon Nut M8	3
5	Front Stabilizer	1	36	Axle $\Phi 16 \times 95$	1
6	Rear Stabilizer	1	37	Spring $\Phi 10 \times 53$	1
7	Magnet Bracket	1	38	Magnet 15x13x4	5
8	Bearing Bracket	1	39	bolt M6x50	2
9	Drilling Screw ST4.2x18	4	40	Tension Bracket 31x30x $\Phi 1.0$	2
10	Drilling Screw ST4.2x16	6	41	Idle Wheel $\Phi 17 \times 37.5$	1
11	Screw M6x10	6	42	Axle $\Phi 12.7 \times 95$	1
12	Screw M5x10	2	43	Right/Left Crank	2
13	Screw M4x10	1	44	Bearing 6902RS	2
14	Hexagon Bolt M5x25	1	45	Bearing 6003RS	4
15	Nut M5	1	46	Bearing 6000RS	2
16	Nut M10x1.0 8mm	3	47	Flywheel $\Phi 180 \times 34$ 2KG	1
17	Nut M10x1.0 5mm	1	48	Belt Wheel $\Phi 150 \times 12$	1
18	Nylon Nut M6	2	49	Safety Pin $\Phi 8 \times 70 \times A55$	1
19	Flat Washer 10x1.0t x $\Phi 14$	2	50	Wave Washer $\Phi 17 \times 0.3t \times \Phi 22$	1
20	Wave Washer 10x2.0t x $\Phi 14$	1	51	Wave Washer $\Phi 10 \times 0.3t \times \Phi 14$	1
21	C-ring $\Phi 15$	1	52	Right/Left Nylon Nut	2
22	C-ring $\Phi 17$	6	53	Right/Left Cover	2
23	C-ring $\Phi 10$	2	55	Adjustment Knob M16	1
24	France Nut M10x1.25	2	56	Seat Cushion	1
25	EVA 35x20x2	1	57	Seat post Plastic Bushing	1
26	Cap Nut M8	4	58	Rear Stabilizer End Cap	2
27	Hexagon Socket Bolt M8x40	2	59	Front Stabilizer End Cap	2
28	Spring Washer $\Phi 8$	8	60	Round Bushing	6
29	Curved Washer $\phi 8 \times 1.5t \times \phi 20$	6	61	Rubber Cushion	1
30	Flat Washer $\Phi 8 \times \Phi 25 \times 2.0t$	2	62	Tension Control Knob	1
31	Flat Washer $\phi 18 \times \phi 5 \times 1.5t$	1	63	Wire Plug	4

64	Right/Left Pedal	2	72	Sensor Magnet	1
65	Belt 237PJ4	1	73	Handrail Foam Grip	2
66	Belt 230PJ3	1	74	Handlebar End Cap	2
67	Crank Cover	2	75	Magnet Socket	1
68	Bearing Bracket	2	76	Right/Left Pedal Strap	2
69	Belt Wheel with Crank Axle	1	77	P type Bracket	1
70	Monitor	1			
71	Sensor With Wire	1			

8.3 Exploded Drawing



Products from Duke Fitness® are subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

Error Descriptions

Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

Your statutory rights are not affected.

Warrantee

The warrantee is the first/original buyer and/or any person who received a newly purchased product as a gift from the original buyer.

Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Repair Costs

According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warrantee personally and are not a part of repair. After the expiration of the warranty period, the responsibility for parts costs, repair costs, installation costs and delivery costs lies with the warranty holder.

The terms of use are defined as follows:

- + Home use: solely for private use in private households up to 3 hours per day
- + Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
- + Professional use: more than 6 hours per day (e. g. commercial gyms)

Warranty Service

Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

Warranty Conditions

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

Warranty claims are invalid in case of damage resulting from:

- + misuse or improper handling
- + environmental influences (moisture, heat, electrical surge, dust, etc.)
- + failure to follow the current safety measures for the equipment
- + failure to follow the operating instructions
- + use of force (e. g. hitting, kicking, falling)
- + interventions which were not carried out by one of our authorized service centres
- + unauthorised repair attempts

Proof of Purchase and Serial Number

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.

Service outside of the Warranty Period

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

Communication

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

DE	DK	UK
<p>TECHNIK</p> <p> +49 4621 4210-900</p> <p> +49 4621 4210-698</p> <p> technik@fitshop.de</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage.</p> <p>SERVICE</p> <p> 0800 20 20277 (kostenlos)</p> <p> 04621 4210 - 0</p> <p> info@fitshop.de</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage: https://stg.fit/statita</p>	<p>TEKNIK OG SERVICE</p> <p> 80 90 16 50</p> <p>+49 4621 4210-945</p> <p> info@fitshop.dk</p> <p> Åbningstider kan findes på hjemmesiden: https://stg.fit/statit7</p>	<p>CUSTOMER SUPPORT</p> <p> 00800 2020 2772</p> <p>+494621 4210 944</p> <p> info@fitshop.co.uk</p> <p> You can find the opening hours on our homepage: https://stg.fit/statitic</p>
	FR	BE
	<p>TECHNIQUE & SERVICE</p> <p> +33 (0) 189 530984</p> <p>+49 4621 42 10 933</p> <p> info@fitshop.fr</p> <p> Vous trouverez les heures d'ouverture sur notre site Internet: https://stg.fit/statit4</p>	<p>TECHNIQUE & SERVICE</p> <p> 02 732 46 77</p> <p>+49 4621 4210 933</p> <p> info@fitshop.be</p> <p> Vous trouverez les heures d'ouverture sur notre site Internet: https://stg.fit/statit8</p>
ES	NL	INT
<p>TECNOLOGÍA Y SERVICIOS</p> <p> 911 238 029</p> <p> info@fitshop.es</p> <p> Consulta nuestro horario de apertura en la página web: https://stg.fit/statit5</p>	<p>TECHNISCHE DIENST & SERVICE</p> <p> +31 172 619961</p> <p> service@fitshop.nl</p> <p> De openingstijden vindt u op onze homepage: https://stg.fit/statit3</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> +49 4621 4210-944</p> <p> service-int@fitshop.de</p> <p> You can find the opening hours on our homepage: https://stg.fit/statita</p>
PL	AT	CH
<p>DZIAŁ TECHNICZNY I SERWIS</p> <p> 22 307 43 21</p> <p>+49 4621 42 10-948</p> <p> info@fitshop.pl</p> <p> Godziny otwarcia można znaleźć na stronie głównej: https://stg.fit/statit6</p>	<p>TECHNIK & SERVICE</p> <p> 0800 20 20277 (Freecall)</p> <p>+49 4621 42 10-0</p> <p> info@fitshop.at</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage: https://stg.fit/statitb</p>	<p>TECHNIK & SERVICE</p> <p> 0800 202 027</p> <p>+49 4621 42 10-0</p> <p> info@fitshop.ch</p> <p> Öffnungszeiten entnehmen Sie unserer Homepage: https://stg.fit/statit9</p>

Please find a detailed overview including address and opening hours for all stores of the Fitshop Group in Germany and abroad on the following website:

www.fitshop.com/en/stores

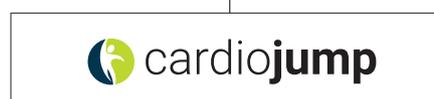
WE LIVE FITNESS

WEBSHOP AND SOCIAL MEDIA

Fitshop is Europe's largest specialist store for home fitness equipment with currently over 70 stores and one of the world's most renowned online mail order companies for fitness equipment. Private customers order via the 25 web shops in the respective national language or have their desired equipment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

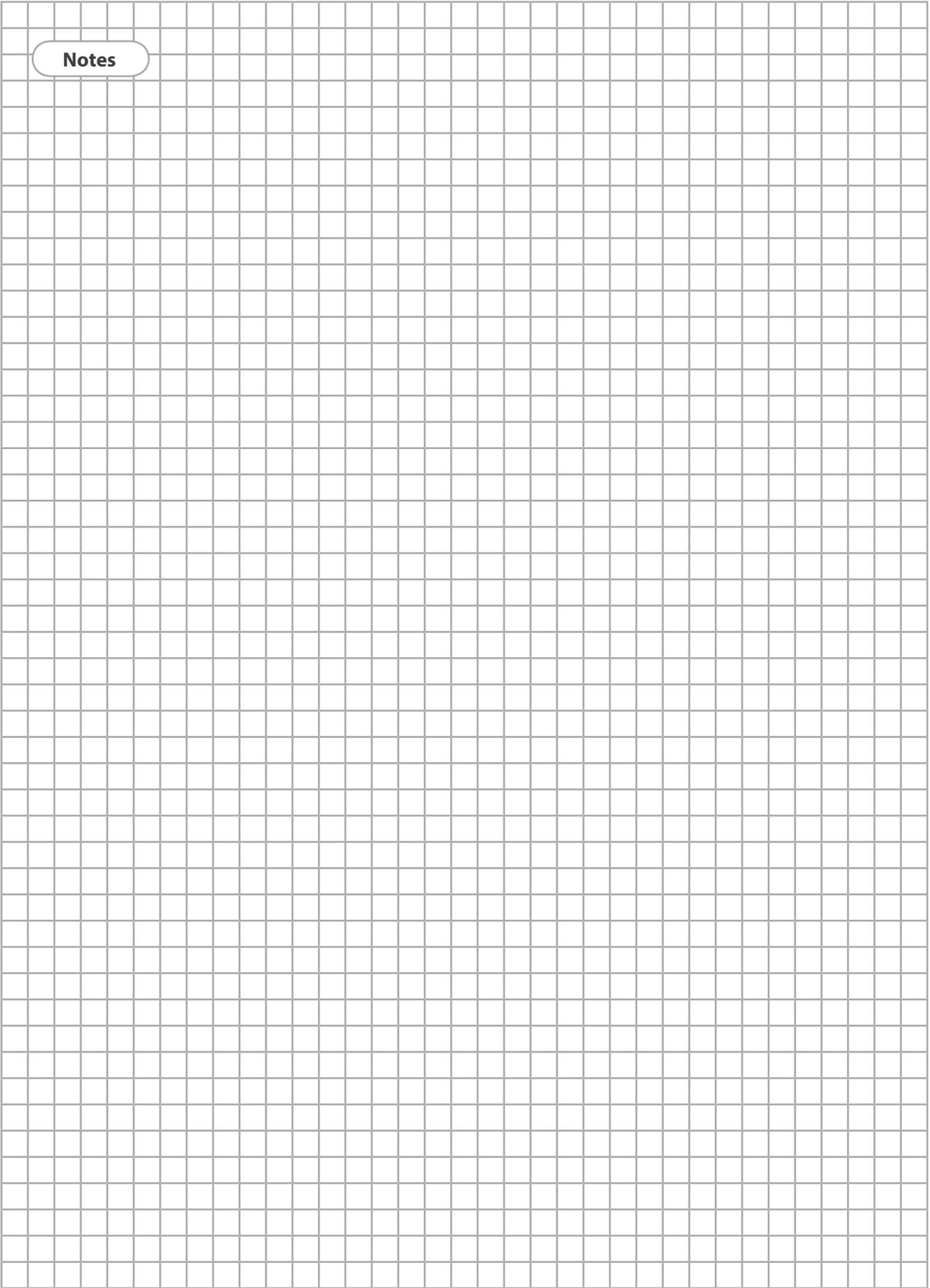
Fitshop offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

Visit us also on our social media platforms or our blog!



Notes

Notes



 **DUKEFITNESS**

EXCERSISE BIKE **XB30**