# PROTEIN PLUS + MINERALS tasty protein bar with added calcium and magnesium



# **Key benefits long description:**

When you are active and sporty, you want to give your body the right food to reach your goals. After intense training and gym sessions your muscles need to repair in order to grow and they need the "building block" of protein for this to happen. PROTEIN PLUS + MINERALS bars are a great choice after exercise to deliver high premium quality protein plus Calcium and Magnesium to support energy metabolism and muscle function.

- High quality Protein
- Calcium and Magnesium to support muscle function and energy metabolism
- Free from collagen protein
- Delicious taste fluffy texture

#### **Key benefits short description:**

When you are active and sporty you want to give your body the right food to reach your goals. PROTEINPLUS + MINERALS are a great choice after exercise to deliver premium quality protein plus Calcium and Magnesium to support energy metabolism and muscle function.

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### 2 great tasting flavours of PowerBar PROTEIN PLUS + Minerals Bars:

- Hazelnut-Brittle
- Coconut

## Suggested usage:

- Consume 1 bar after sport
- As part of a varied and balanced diet and a healthy lifestyle.

## **Technical information:**

- 35g bar
- 30 bars per box
- 9 boxes per case

Flavour	SKU	EAN code bar	EAN code box	EAN code Case
Hazelnut-Brittle	21423742	4029679580077	4029679580701	4029679905153
Coconut	21424142	4029679526013	4029679526211	4029679905146

This information is presented for illustrative purposes only.

Any specifications and values on the actual product packaging will always take precedence over any factsheet guidelines.

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# **Ingredients Coconut**

Whole milk chocolate (23%) (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier (soya lecithin), flavouring), glucose syrup, milk protein (19%), invert sugar syrup, vegetable fat, humectant (glycerol), desiccated coconut (4,5%), sweet whey powder, oligofructose, coconut milk powder (1%), pea protein (1%), magnesium carbonate, calcium carbonate, flavouring, maltodextrin, emulsifier (soya lecithin). May contain traces of peanuts, nuts and gluten.

#### **Nutrition information**

Nutrition Information	per 100g	per bar
Energy kJ (kcal)	1831 (437)	643 (154)
Protein	20,0 g	7,0 g
Carbohydrate	47,0 g	16,5 g
of which sugars	29,0 g	10,2 g
Fat	19,3 g	6,8 g
of which saturates	13,0 g	4,6 g
Fibre	1,9 g	0,7 g
Sodium	<0,10 g	<0,04 g
Calcium	460 mg (58%RDA*)	161 mg (20%RDA*)
Magnesium	204 mg (54%RDA*)	71 mg (19%RDA*)

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<sup>\* %</sup> Recommended Daily Allowance



#### **Ingredients HazeInut-Brittle**

Whole milk chocolate (23%) (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier (soya lecithin), flavouring), milk protein (11%), marzipan (sugar, almonds, water, humectant (sorbitol), invert sugar syrup), glucose syrup, skimmed milk powder, cornflakes (corn semolina, sugar, barley malt, salt), hazelnut brittle (8%) (sugar, hazelnuts), invert sugar syrup, humectant (glycerol), vegetable fat, oligofructose, caramelised sugar, pea protein (0,6%), magnesium carbonate, calcium carbonate, flavouring, emulsifier (soya lecithin). May contain traces of peanuts and other nuts.

#### **Nutrition information**

Nutrition Information	per 100g	per bar
Energy kJ (kcal)	1776 (423)	623 (148)
Protein	16,5 g	5,8 g
Carbohydrate	54,2 g	19,0 g
of which sugars	36,5 g	12,8 g
Fat	16,5 g	
of which saturates	8,0 g	2,8 g
Fibre	1,3 g	0,5 g
Sodium	0,14 g	0,05 g
Calcium	480 mg (60%RDA*)	168 mg (21%RDA*)
Magnesium	204 mg (54%RDA*)	71 mg (19%RDA*)

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<sup>\* %</sup> Recommended Daily Allowance